

# Escondido Union School District

## MIDDLE SCHOOL BREAKFAST August 16 - August 31

Monday	Tuesday	Wednesday	Thursday	Friday
		Wed - 8/16/2017	Thu - 8/17/2017	Fri - 8/18/2017
		Cinnamon Toast Crun Frosted Mini Spooner Egg & Chorizo Burrito Mexican Sweetbread Oatmeal Choc. Chip B Peanut Butter Bar Cinnamon Roll Breakfast Burrito, bac Sau,Egg,Cheese,Bisc Bagels & Cream Chee ..... ..... Peaches, canned Sliced Apples Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Soy Milk ..... Maple Syrup Tapatio Sauce	Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Mexican Sweetbread Oatmeal Choc. Chip B Coffee Cake WG Mini Maple Pancakes Breakfast Burrito, bac Sau,Egg,Cheese,Bisc Bagels & Cream Chee ..... ..... Pears, Can,Light Syru Plums Red Apples Sliced Apples Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Soy Milk ..... Maple Syrup Tapatio Sauce	Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Breakfast "Jax" Sand Mexican Sweetbread Oatmeal Choc. Chip B Peanut Butter Bar Cinnamon Roll Egg & Chorizo Burrito Bagels & Cream Chee ..... ..... Peaches, canned Banana Sliced Apples Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Soy Milk ..... Maple Syrup Tapatio Sauce
Mon - 8/21/2017	Tue - 8/22/2017	Wed - 8/23/2017	Thu - 8/24/2017	Fri - 8/25/2017
Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Sau,Egg,Cheese,Bisc Mexican Sweetbread Oatmeal Choc. Chip B Cinnamon Roll Egg & Chorizo Burrito Pizza Bagel Bagels & Cream Chee ..... Pineapple, Can,Lt Syr Orange Smiles Red Apples Orange Juice Juice/Appleberry Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Soy Milk ..... Maple Syrup Tapatio Sauce	Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Mexican Sweetbread Oatmeal Choc. Chip B Maple Mini Waffles Breakfast Burrito - Ha Eggs Src w/Ssg/Muffi Coffee Cake WG Bagels & Cream Chee ..... Apricots Nectarine Red Apples Orange Smiles Orange Juice Juice/Appleberry Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Soy Milk ..... Maple Syrup Tapatio Sauce	Cinnamon Toast Crun Frosted Mini Spooner Egg & Chorizo Burrito Mexican Sweetbread Oatmeal Choc. Chip B Peanut Butter Bar Cinnamon Roll Breakfast Burrito, bac Sau,Egg,Cheese,Bisc Bagels & Cream Chee ..... ..... Peaches, canned Grapes Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Soy Milk ..... Maple Syrup Tapatio Sauce	Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Mexican Sweetbread Oatmeal Choc. Chip B Coffee Cake WG Mini Maple Pancakes Breakfast Burrito - Ha Sau,Egg,Cheese,Bisc Bagels & Cream Chee ..... ..... Pears, Can,Light Syru Plums Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Soy Milk ..... Maple Syrup Tapatio Sauce	Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Breakfast "Jax" Sand Mexican Sweetbread Oatmeal Choc. Chip B Peanut Butter Bar Cinnamon Roll Egg & Chorizo Burrito Bagels & Cream Chee ..... ..... Peaches, canned Banana Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Soy Milk ..... Maple Syrup Tapatio Sauce

\*N/A\* - denotes a nutrient that is either missing or incomplete for an individual ingredient.

\* - denotes combined nutrient totals with either missing or incomplete nutrient data.

**NOTICE:** The data contained within this report and the NUTRIKIDS® Menu Planning and Nutritional Analysis software should not be used for and does not provide menu planning for a child with a medical condition or food allergy. Ingredients and menu items are subject to change or substitution without notice. Please consult a medical professional for assistance in planning for or treating medical conditions.

# Escondido Union School District

## MIDDLE SCHOOL BREAKFAST August 16 - August 31

Monday	Tuesday	Wednesday	Thursday	Friday
Mon - 8/28/2017  Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Sau,Egg,Cheese,Bisc Mexican Sweetbread Oatmeal Choc. Chip B Cinnamon Roll Egg & Chorizo Burrito Pizza Bagel Bagels & Cream Chee ..... Pineapple, Can,Lt Syr Orange Smiles Red Apples Orange Juice Juice/Appleberry Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Soy Milk ..... Maple Syrup Tapatio Sauce	Tue - 8/29/2017  Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Mexican Sweetbread Oatmeal Choc. Chip B Maple Mini Waffles Breakfast Burrito - Ha Eggs Src w/Ssg/Muffi Coffee Cake WG Bagels & Cream Chee ..... Apricots Nectarine Red Apples Orange Smiles Orange Juice Juice/Appleberry Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Soy Milk ..... Maple Syrup Tapatio Sauce	Wed - 8/30/2017  Cinnamon Toast Crun Frosted Mini Spooner Egg & Chorizo Burrito Mexican Sweetbread Oatmeal Choc. Chip B Peanut Butter Bar Cinnamon Roll Breakfast Burrito, bac Sau,Egg,Cheese,Bisc Bagels & Cream Chee ..... Peaches, canned Grapes Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Soy Milk ..... Maple Syrup Tapatio Sauce	Thu - 8/31/2017  Cinnamon Toast Crun Frosted Mini Spooner French Tst./ Sausage Mexican Sweetbread Oatmeal Choc. Chip B Coffee Cake WG Mini Maple Pancakes Breakfast Burrito - Ha Sau,Egg,Cheese,Bisc Bagels & Cream Chee ..... Pears, Can,Light Syru Plums Red Apples Orange Smiles Orange Juice Juice/Appleberry ..... Milk,1%,Pouch 8oz. H Milk, Chocolate, FF Milk, FF Milk, Lactaid Soy Milk ..... Maple Syrup Tapatio Sauce	

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