



# San Jacinto Unified School District

San Jacinto Leadership Academy October 2017



Join students, teachers, parents, and other folks all over America in celebrating drug-free lifestyles this year! Wear a red ribbon to show your commitment!

*Strawberry Milk will be served at Lunch 10/23 to 10/31*

**OCTOBER 23-31, 2017**

## Monday 10/2, 10/16 & 10/30

### Breakfast

Chorizo, Egg Burrito & Tots,  
Chocolate Muffin,  
Honey Bun,  
Cinnamon Toast Crunch Cereal Cup,  
Pancake on a Stick  
Pear, Raisins, Orange Juice

### Lunch

Baked Chicken &  
Garlic Breadstick,  
Pizza Hot Pocket  
Peach Cup, Sliced Apples & Grapes,  
Wildberry Juice  
Sidewinder Potatoes or Carrot Sticks

## Tuesday 10/3, 10/17 & 10/31

### Breakfast

Mini Pancake Wraps & Tots,  
Chocolate Muffin,  
Honey Bun,  
Cinnamon Toast Crunch Cereal Cup,  
Peach & Granola Parfait  
Peach Cup, Sliced Apples & Grapes,  
Orange Juice, or Carrot Sticks

### Lunch

Red Chili Chicken  
Tamale & Beans,  
Hot Dog  
Nectarine, Banana, Wildberry Juice  
Ranchero Beans or Fresh Salad

## Wednesday 10/4 & 10/18

### Breakfast

Blueberry Pancake on a Stick,  
Pork Sausage Breakfast Pizza,  
Chocolate Muffin,  
Honey Bun,  
Cinnamon Toast Crunch Cereal Cup  
Nectarine, Banana, Orange Juice

### Lunch

Chicken Blaze Flatbread,  
Spicy Chicken Sandwich  
Sliced Oranges, Plum, Wildberry Juice  
Broccoli Florets & Ranch Packet or  
Carrot Sticks

## Thursday 10/5 & 10/19

### Breakfast

Egg, Turkey Sausage Patty &  
Cheese Bagel,  
Cinnamon Roll Muffin,  
Chocolate Muffin,  
Honey Bun,  
Cinnamon Toast Crunch Cereal Cup  
Sliced Oranges, Plum, Orange Juice, or  
Carrot Sticks

### Lunch

Mini Corn Dogs & Fries,  
Garden Salad & Roll  
Strawberries, Applesauce Cup,  
Wildberry Juice  
Salad or Celery Sticks & Ranch Packet

## Friday 10/20

### Breakfast

Chorizo Burrito,  
Chocolate Muffin,  
Honey Bun,  
Glazed Apple Fruit Pie,  
Cinnamon Toast Crunch Cereal Cup  
Strawberries, Applesauce Cup  
Orange Juice

### Lunch

Nacho Burger,  
Wedge Cheese Pizza  
Pear, Fruit Punch Raisels,  
Wildberry Juice  
Sliced Cucumbers & Ranch Packet, or  
Carrot Sticks

## Breakfast

FREE for all students

## Lunch

Paid \$3.00 Reduced \$0.40

*All Meals are served with 1% Low Fat White Milk or Non Fat White Milk*

*Chocolate Milk will be served at Lunch 10/5 & 10/9*

## Monday 10/9 & 10/23

### Breakfast

Turkey Ham & Cheese Croissant Sandwich,  
Mini Cinnamon Bagels,  
Chocolate Muffin,  
Honey Bun,  
Cinnamon Toast Crunch Cereal Cup  
Pear, Raisins, Orange Juice

### Lunch

BBQ Bacon Cheeseburger,  
Bean & Cheese Burrito  
Peach Cup, Sliced Apples & Grapes,  
Wildberry Juice  
Sidewinder Potatoes or Carrot Sticks

## Tuesday 10/10 & 10/24

### Breakfast

Egg, Turkey Sausage, Cheese Waffle Sandwich,  
Egg, Cheese, Turkey Ham Scramble & Breadstick,  
Chocolate Muffin,  
Honey Bun,  
Cinnamon Toast Crunch Cereal Cup  
Peach Cup, Sliced Apples & Grapes,  
Orange Juice, or Carrot Sticks

### Lunch

Smothered Chicken Burrito  
Double Cheeseburger  
Nectarine, Banana, Wildberry Juice  
Ranchero Beans or Fresh Salad

## Wednesday 10/11 & 10/25

### Breakfast

Egg, Cheese, Canadian Turkey Ham English Muffin Sandwich,  
Pork Sausage Breakfast Pizza,  
Chocolate Muffin,  
Honey Bun,  
Cinnamon Toast Crunch Cereal Cup  
Nectarine, Banana, Orange Juice

### Lunch

Spicy Chicken Tenders & Biscuit,  
Mandarin Orange Chicken & Noodles  
Sliced Oranges, Plum, Wildberry Juice  
Broccoli Florets & Ranch Packet or  
Carrot Sticks

## Thursday 10/12 & 10/26

### Breakfast

Eggs, Turkey Sausage Links & French Toast,  
Chocolate Muffin,  
Honey Bun,  
Cinnamon Toast Crunch Cereal Cup,  
Peach & Granola Parfait  
Sliced Oranges, Plum, Orange Juice, or  
Carrot Sticks

### Lunch

Macho Nachos,  
Chicken Nuggets & Garlic Breadstick  
Strawberries, Applesauce Cup,  
Wildberry Juice  
Salad or Celery Sticks & Ranch Packet

## Friday 10/13 & 10/27

### Breakfast

Egg, Cheese, Turkey Sausage Burrito,  
Chocolate Muffin,  
Honey Bun,  
Cinnamon Toast Crunch Cereal Cup,  
Pancake on a Stick  
Strawberries, Applesauce Cup  
Orange Juice

### Lunch

Chicken Blaze Flatbread,  
Strawberry & Granola Parfait  
Pear, Fruit Punch Raisels,  
Wildberry Juice  
Sliced Cucumbers & Ranch Packet or  
Carrot Sticks

This institution is an equal opportunity provider.

**Non-Student Day, October 6th**

Menu is subject to change