



# San Jacinto Unified School District San Jacinto HS Summer Meals 2017

## Monday

### Breakfast

Waffle & Turkey Sausage Links,  
Chocolate Muffin,  
Cinnamon Toast Crunch Cereal Cup

Peach, Raisins, Orange Juice

Non-fat or 1% fat White Milk

### Lunch

Double Cheeseburger,  
Bean & Cheese Burrito,  
Turkey Ham/Cheese Sub Sandwich,  
PB & J Twin Sandwiches,  
Strawberry & Granola Parfait

Peach Cup, Grapes, Raisins,  
Wildberry Juice

Celery Sticks or Carrot Sticks

Chocolate Non-fat or 1% fat White Milk

## Tuesday

### Breakfast

Pancake Wraps & Tots,  
Honey Bun,  
Cinnamon Toast Crunch Cereal Cup

Grapes, Raisins, Orange Juice

Non-fat or 1% fat White Milk

### Lunch

Chicken Sticks & Roll,  
Breadsticks & Marinara Sauce,  
Chef Salad & Roll,  
PB&J Twin Sandwiches,  
Peach & Granola Parfait

Strawberry Cup, Raisins, Nectarine,  
Wildberry Juice

Bean Cup or Carrot Sticks

Non-fat or 1% fat White Milk

## Wednesday

### Breakfast

Turkey Ham & Cheese  
Croissant Sandwich,  
Chocolate Muffin,  
Cinnamon Toast Crunch Cereal Cup

Nectarine, Raisins, Orange Juice

Non-fat or 1% fat White Milk

### Lunch

Mini Corn Dogs & Fries,  
Spicy Chicken Sandwich,  
Club Sandwich,  
PB & J Twin Sandwiches,  
Strawberry & Granola Parfait

Peach Cup, Raisins, Banana,  
Wildberry Juice

Fresh Salad or Carrot Sticks

Non-fat or 1% fat White Milk

## Thursday

### Breakfast

French Toast & Turkey Sausage Links,  
Honey Bun,  
Cinnamon Toast Crunch Cereal Cup

Banana, Raisins, Orange Juice

Non-fat or 1% fat White Milk

### Lunch

Spicy Orange Chicken & Rice,  
Chili Cheese Dog,  
Garden Salad & Roll,  
PB & J Twin Sandwiches,  
Peach & Granola Parfait

Strawberry Cup, Peach, Raisins,  
Wildberry Juice

Fresh Salad, Wedge Fries, Carrot Sticks

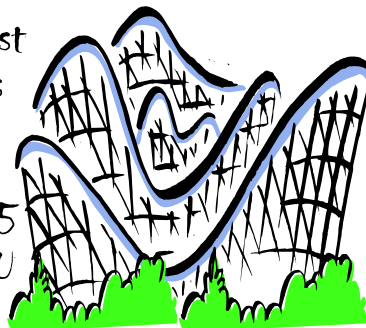
Non-fat or 1% fat White Milk

## NUMBERS GAME.

30 SPF sunscreen provides about the same protection from sunburn and skin damage as higher numbers. What's important is to get good skin coverage, reapply at least every 2 hours (more frequently when swimming or exercising), and choose sunscreen that provides "broad-spectrum" or "UVA/UVB" protection.



The world's tallest roller coaster is over 450 feet high and hits speeds up to 125 mph! Would YOU ride it!?!?



EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
**WELLNESS IS A WAY OF LIFE!**

This institution is an equal opportunity provider.

Menu is subject to change

## San Jacinto Unified School District Summer Feeding Program 2017

We are open  
Monday thru Thursday  
at the following locations:  
*San Jacinto H.S.*  
*North Mountain Middle*  
*San Jacinto Elementary*  
*Hyatt Elementary*  
*Record Elementary*  
Service times and menus vary at each location.

**All Kids  
Eat Free!**

No paperwork necessary  
must be 18 or under



Please call (951) 654-9371 or visit our website at [www.sanjacinto.k12.ca.us](http://www.sanjacinto.k12.ca.us) for service times