

# BUSD OCTOBER 2018 ELEMENTARY LUNCH MENU



\* = No Meat Item Lunch Price \$3.00 Reduced Price \$0.40 Milk \$0.50 (if purchased separately) Lunch includes choice of entrée, salad bar and milk. The bolded entrée is the main entrée of the day. Secondary entrées listed are available in limited quantities. Menu subject to change without notice. Advance Payment Make checks payable to: BUSD SNS. Indicate student's name and teacher on check. For online prepayment, log on to: [www.myschoolbucks.com](http://www.myschoolbucks.com) Our menus meet USDA requirements for calories, fat, saturated fat, whole grain-rich foods, and fruit/vegetable offerings. All grains are whole grain-rich. We do not serve or sell foods containing trans fat. To find out if your family may be eligible for CalFresh Food Stamps/SNAP) and other food programs, contact Second Harvest Food Bank: 1-800-984-3663

Monday		Tuesday		Wednesday		Thursday		Friday	
1	<b>PULL-APART CHEESE BREAD*</b> Personal Pepperoni Pizza  Apple Slices	2	<b>CHICKEN NUGGETS W/ BISCUIT &amp; HONEY</b> Cheese Pizza Stick*  Frozen Juice Cup	3	<b>BBQ BEEF SANDWICH</b> Toasted Cheese Sandwich* Yogurt/Sunflower Seeds/Crackers* Apple Crisps	4	<b>BEEF TERIYAKI &amp; RICE W/ CARROTS</b> Bean & Cheese Burrito*  Craisins	5	<b>SPAGHETTI W/ MARINARA SAUCE &amp; STRING CHEESE*</b> Personal Pepperoni Pizza  Applesauce Cup
8	<b>FRENCH BREAD CHEESE PIZZA*</b> Personal Pepperoni Pizza  Apple Slices	9	<b>BREADED CHICKEN DRUMSTICK W/ SWEET POTATO FRIES</b> Cheese Pizza Stick*  Frozen Juice Cup	10	<b>BREADED CHICKEN SANDWICH</b> Toasted Cheese Sandwich*  Apple Crisps	11	<b>BEEF SHEPHERD'S PIE W/ CORNBREAD MUFFIN</b> Bean & Cheese Burrito*  Raisins	12	<b>BEEFY MAC OR VEGETARIAN MAC &amp; STRING CHEESE*</b> <b>W/ GREEN BEANS</b> Personal Cheese Pizza* Applesauce Cup
15	<b>CINNAMON PANCAKES W/ STRING CHEESE*</b> Chicken Corn Dog  Apple Slices	16	<b>CHICKEN NUGGETS W/ OVEN FRIES</b> Cheese Pizza Stick*  Frozen Juice Cup	17	<b>CHICKEN TAQUITOS</b> Chinese Chicken Salad w/ Crispy Noodles Toasted Cheese Sandwich* Apple Crisps	18	<b>CURRY CHICKEN &amp; RICE W/ PEAS &amp; CARROTS</b> Bean & Cheese Burrito*  Craisins	19	<b>MAC N CHEESE* W/ WHEAT ROLL</b> Pull-Apart Cheese Bread*  Applesauce Cup
22	<b>PEPPERONI PIZZA SLICE</b> Cheese Pizza Slice*  Apple Slices	23	<b>CHICKEN &amp; WAFFLE W/ SYRUP</b> Cheese Pizza Stick*  Frozen Juice Cup	24	<b>100% BEEF HOT DOG</b> Toasted Cheese Sandwich*  Apple Crisps	25	<b>CHICKEN EGG ROLL W/ EDAMAME RICE</b> Veggie Egg Roll* w/ Edamame Rice Sweet n Sour Sauce	26	<b>CHICKEN OR VEGETARIAN* ROTINI ALFREDO &amp; STRING CHEESE*</b> Personal Cheese Pizza* Applesauce Cup
29	<b>PULL-APART CHEESE BREAD*</b> Personal Pepperoni Pizza  Apple Slices	30	<b>CHICKEN NUGGETS W/ BISCUIT &amp; HONEY</b> Cheese Pizza Stick*  Frozen Juice Cup	31	<b>MINI CHEESEBURGERS</b> Teriyaki Veggie Burger* Yogurt/Sunflower Seeds/Crackers*  Apple Crisps				

**SALAD BAR OFFERINGS (daily choices vary):** Romaine, Coleslaw, Asian Cabbage Salad, Celery Sticks, Jicama, Cucumber Slices, Cherry Tomatoes, Beans, Potato Salad, Canned Corn, Apples, Orange Wedges, Bananas, Seasonal Fresh Fruit, Canned Fruit (in Juice or Light Syrup), Raisins and Frozen 100% Juice Cup.

**NATIONAL SCHOOL LUNCH PROGRAM REQUIREMENT: EMERGENCY MEAL POLICY:** Students who lose or forget their money will be allowed one charged meal. Payment is expected the next day. Only the salad bar and milk will be offered until payment is received.

**FOOD ALLERGIES:** A recognized medical authority must complete the form, Medical Statement to Request Special Meals and/or Accommodations, which are available from the School office, cafeteria, or Student Nutrition Services webpage. A description of the food allergy or intolerance is needed, along with suggested substitutions.

**ON-CALL CAFETERIA WORK:** Please contact Personnel at 923-1850 for more details.

*This institution is an equal opportunity provider*