BREAKFAST MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
BREAKFAST PIZZA OR ASSORTED CEREAL OR BREAKFAST BREADS	BREAKFAST SANDWICH OR ASSORTED CEREAL OR BREAKFAST BREADS	FRENCH TOAST STICKS OR ASSORETED CEREAL OR BREAKFAST BREADS	FRUIT YOGURT PARFAIT OR ASSORTED CEREAL OR BREAKFAST BREADS	PANCAKE SAUSAGE ON A STICK OR ASSORTED CEREAL OR BREAKFAST BREADS

All Breakfasts served with choice of Milk, Juice and assorted Fresh Fruits!

LUNCH MENU

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1
				NO SCHOOL
4	5	6	7	8
PIZZA BBQ CHICKEN RANCH WRAP POPCORN CHICKEN W/MASH/ GRAVY/CORN BOWL PASTA & MEATBALLS IN TOMATO SAUCE W/ GARLIC BREAD	PIZZA MEATBALL PARM WRAP BREADED CHICK LEG W/ MASH POTATOES & GARLIC BREAD HOMEMADE CHILI W/ CORNBREAD	PIZZA CHICKEN CAESER WRAP CRISPY CHICKEN SANDWICH THE WESTERN TRI-TIP BURGER WITH CHEESE, ONION RINGS & BAR-B-QUE SAUCE	PIZZA PHILLY CHEESE STEAK WRAP 7 PIECE CHICK NUGGET W/ GARLIC BREAD PASTA ALFREDO W/ CHICKEN & GARLIC BREAD	PIZZA BEEF,BEAN,CHEESE WRAP BREADED CHICKEN LEG W/ MAC N CHEESE & GARLIC BREAD FISH SANDWICH & JOJO
11	12	13	14	15
PIZZA BBQ CHICKEN RANCH WRAP POPCORN CHICKEN W/MASH/ GRAVY/CORN BOWL PASTA & MEATBALLS IN TOMATO SAUCE W/ GARLIC BREAD	PIZZA MEATBALL PARM WRAP BREADED CHICK LEG W/ MASH POTATOES & GARLIC BREAD HOMEMADE CHILI W/ CORNBREAD	**1/2 DAY**	PIZZA PHILLY CHEESE STEAK WRAP 7 PIECE CHICK NUGGET W/ GARLIC BREAD PASTA ALFREDO W/ CHICKEN & GARLIC BREAD	PIZZA BEEF,BEAN,CHEESE WRAP BREADED CHICKEN LEG W/ MAC N CHEESE & GARLIC BREAD FISH SANDWICH & JOJO
18	19	20	21	22
NO SCHOOL	PIZZA MEATBALL PARM WRAP BREADED CHICK LEG W/ MASH POTATOES & GARLIC BREAD HOMEMADE CHILI W/ CORNBREAD	PIZZA CHICKEN CAESER WRAP CRISPY CHICKEN SANDWICH THE WESTERN TRI-TIP BURGER WITH CHEESE, ONION RINGS & BAR-B-QUE SAUCE	PIZZA PHILLY CHEESE STEAK WRAP 7 PIECE CHICK NUGGET W/ GARLIC BREAD PASTA ALFREDO W/ CHICKEN & GARLIC BREAD	PIZZA BEEF,BEAN,CHEESE WRAP BREADED CHICKEN LEG W/ MAC N CHEESE & GARLIC BREAD FISH SANDWICH & JOJO
25	26	27	28	
PIZZA BBQ CHICKEN RANCH WRAP POPCORN CHICKEN W/MASH/ GRAVY/CORN BOWL PASTA & MEATBALLS IN TOMATO SAUCE W/ GARLIC BREAD	PIZZA MEATBALL PARM WRAP BREADED CHICK LEG W/ MASH POTATOES & GARLIC BREAD HOMEMADE CHILI W/ CORNBREAD	PIZZA CHICKEN CAESER WRAP CRISPY CHICKEN SANDWICH THE WESTERN TRI-TIP BURGER WITH CHEESE, ONION RINGS & BAR-B-QUE SAUCE	PIZZA PHILLY CHEESE STEAK WRAP 7 PIECE CHICK NUGGET W/ GARLIC BREAD PASTA ALFREDO W/ CHICKEN & GARLIC BREAD	

LOWELL SCHOOL DISTRICT FOOD SERVICE DEPARTMENT PARTICIPATES IN THE COMMUNITY ELIGIBILITY PROGRAM. THROUGH THIS PROGRAM, LOWELL SCHOOL DISTRICT PROVIDES A BREAKFAST AND LUNCH AT NO CHARGE TO ALL ENROLLED STUDENTS. AFTERSCHOOL SNACK/SUPPER IS AVAILABLE TO ALL CHILDRENAT LOWELL SCHOOL AFTER SCHOOL, EACH DAY.

USDA AND LOWELL SCHOOL DISTRICT ARE EQUAL OPPORTUNITY PROVIDERS AND EMPLOYERS.

FEBRUARY

LOWELL SCHOOL DISTRICT
JR/SR HighSchool Menu

Going Green MENUS!

Visit our website to sign up to have your menus emailed automatically.

MILK VARITEY AVAILABLE DAILY!

1% MILK
FAT FREE FLAVORED

ALL GRAIN PRODUCTS SERVED ARE WHOLE GRAIN RICH.

UNCRUSTABLE SANDWICH AVAILABLE DAILY

CONTACT US:

Child Nutrition Services
541-937-2105 X 207

MENU SUBJECT TO CHANGE

SUNBUTTER SANDWICHES AVAILABLE UPON REQUEST

ALL MEALS COME WITH A TRIP THROUGH OUR SALAD BAR FILLED WITH LOCAL FRESH FRUITS AND VEGGIES!