



HEAD START




JANUARY



BREAKFAST MENU

HEAD START

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4
	7	8	9	10
OATMEAL STRAWBERRIES 1% MILK	WG BREAKFAST BURRITO PEARS 1% MILK	EGGS WG BISCUIT PEACHES 1% MILK	KIX CEREAL MANDARIN ORANGES 1% MILK	
	14	15	16	17
EGGS WG BISCUIT MANDARIN ORANGES 1% MILK	CHEERIOS PEACHES 1% MILK	WG PANCAKES PEARS 1% MILK	OATMEAL STRAWBERRIES 1% MILK	
	21	22	23	24
	WG BREAKFAST BURRITO PEARS 1% MILK	EGG PATTY WG ENGLISH MUFFIN MANDARIN ORANGES 1% MILK	WG PANCAKES PEACHES 1% MILK	
	28	29	30	31
RICE CHEX MIXED FRUIT 1% MILK	OATMEAL STRAWBERRIES 1% MILK	KIX CEREAL MANDARIN ORANGES 1% MILK	EGGS WG BISCUIT PEACHES 1% MILK	

ALL GRAIN PRODUCTS SERVED ARE WHOLE GRAIN RICH.

CONTACT US:
Child Nutrition Services
541-937-2105 X 207



MENU SUBJECT TO CHANGE

