

January 2018

Monroe Central Jr/Sr High School

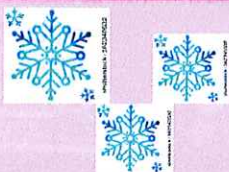
LUNCH



A PEANUT BUTTER SANDWICH OR CHEF SALAD WILL BE OFFERED DAILY INSTEAD OF THE MAIN ENTRÉE
Menu item(s) are subject to change if item(s) are unavailable



Monday



1

Tuesday



2

Wednesday

Salisbury Steak & Gravy 3
Cornbread / Green Beans
Buttered Carrots
Fruit & Milk

Thursday

Taco Salad / Salsa 4
Refried Beans
Steamed Corn
Fruit & Milk

Friday

School Pizza 5
Fresh Veggies
Romaine Side Salad
Fruit & Milk

Mc Rib on WG Bun 8
Potato Wedges
Baked Beans
Fruit & Milk

Nachos / Salsa 9
Fresh Orange/Red Peppers
Refried Beans
Fruit & Milk

Lasagna / Garlic Bread 10
Steamed Broccoli
Cole Slaw
Fruit & Milk

Spicy Chicken Patty on WG Bun / Baked Chips 11
Cherry Tomatoes
Fruit & Milk

Pizza 12
Steamed Corn
Fresh Jicama Sticks
Fruit & Milk

No School 15
MLK Day

General Tso's Chicken 16
Fried Rice
Steamed Broccoli
Fruit & Milk

Chicken & Noodles 17
Mashed Potatoes
Seasoned Carrots
Fruit & Milk

Spaghetti 18
Garlic Bread / Romaine Salad
Fresh Veggies
Fruit & Milk

Stuffed Crust Pizza 19
Steamed Corn
Fresh Veggies
Fruit & Milk

Turkey on WG Bun 22
Tomatoes Slices
Baked Beans
Fruit & Milk

Chicken Fajitas 23
Peppers & Onions
Fiesta Corn & Black Beans
Fruit & Milk

Country Steak 24
Au Gratin Potatoes
Green Beans / Hot Roll
Fruit & Milk

Grilled Cheese 25
Tomato Soup
Romaine Salad
Fruit and Milk

Pizza 26
Steamed Corn
Broccoli Florets & Dip
Fruit & Milk

Chicken Tenders 29
Broccoli & Cheese
Sweet Potato Fries
Fruit & Milk

Cheeseburger/WG Bun 30
French Fries
Dill Pickles / Fresh Veggies
Fruit & Milk

Salisbury Steak & Gravy 31
Cornbread / Green Beans
Buttered Carrots
Fruit & Milk

