

# PALOS VERDES PENINSULA UNIFIED SCHOOL DISTRICT - FOOD SERVICES

## PVHS BREAKFAST

*Students may select 3 items. One of the 3 items must be fruit or fruit juice.*

	Fruit	100% Fruit Juice	Milk	Hot Entrée	Cold Entree
<b>MONDAY</b>					
	Seasonal Fruit	Orange Juice Apple Juice	Nonfat Chocolate Nonfat Plain Nonfat 1%	Egg Patty & Turkey Sausage Bagel Sandwich	WW Bagel Cold Cereal Muffin
<b>TUESDAY</b>					
	Seasonal Fruit	Orange Juice Apple Juice	Nonfat Chocolate Nonfat Plain Nonfat 1%	Yogurt Parfait	WW Bagel Cold Cereal Muffin
<b>WEDNESDAY</b>					
	Seasonal Fruit	Orange Juice Apple Juice	Nonfat Chocolate Nonfat Plain Nonfat 1%	Breakfast Skillet Bowl with Whole Grain English Muffin	WW Bagel Cold Cereal Muffin
<b>THURSDAY</b>					
	Seasonal Fruit	Orange Juice Apple Juice	Nonfat Chocolate Nonfat Plain Nonfat 1%	Breakfast Smoothie	WW Bagel Cold Cereal Muffin
<b>FRIDAY</b>					
	Seasonal Fruit	Orange Juice Apple Juice	Nonfat Chocolate Nonfat Plain Nonfat 1%	Breakfast Burrito	WW Bagel Cold Cereal Muffin