

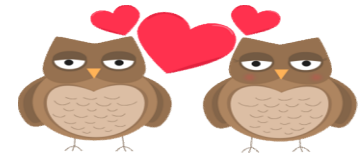


**Cupertino Union School District
Student Nutrition Services**

February 2019 Breakfast Menu

**Breakfast is served each day during recess at
DeVargas, Eisenhower, Nimitz and
Stockmier Elementary Schools**

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
 <p>Prepay for meals and check your student's balance online at: https://family.titank12.com</p>					
<p>Breakfast Prices Full Price \$2.25 Reduced Price \$0.30 Milk Only \$0.75</p>			<p>Menu Subject to change without notice This institution is an equal opportunity provider</p>		<p>1</p> <p>Cinnamon Roll (43) or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>
<p>4</p> <p>Blueberry Cinnamon Breadstick (24) or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>5</p> <p>Yogurt (15) w/Crackers or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>6</p> <p>Bagel (60) w/Cream Cheese or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>7</p> <p>Mini Maple Pancakes (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>8</p> <p>Coffee Cake (53) or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>Calories 396 Total Fat 20% Protein 12 g Calcium 464 mg Iron 2.5 mg Vitamin C 31 mg Vitamin A 541 IU</p>
<p>11</p> <p>Banana Bread Slice (47) or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>12</p> <p>French Toast Bites (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>13</p> <p>Grape Breakfast Bar (36) or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>14</p> <p>Pancake on a Stick*(18) or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>15</p> <p>Cinnamon Roll (43) or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>Calories 395 Total Fat 23% Protein 12 g Calcium 354 mg Iron 2.5 mg Vitamin C 31 mg Vitamin A 623 IU</p>
<div style="display: flex; justify-content: space-between; align-items: center;"> <div data-bbox="115 1089 525 1240">  </div> <div data-bbox="764 1097 1327 1227"> <p>No School Mid Year Break February 18th through February 22rd</p> </div> <div data-bbox="1560 1079 1917 1232">  </div> </div>					
<p>25</p> <p>Blueberry Cinnamon Breadstick (24) or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>26</p> <p>Yogurt (15) w/Crackers or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>27</p> <p>Bagel (60) w/Cream Cheese or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>28</p> <p>Mini Maple Pancakes (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk</p>	<p>Numbers in () indicate the total amount of carbohydrates in the entire item</p> <p>*=Turkey</p>	<p>Calories 350 Total Fat 15% Protein 12 g Calcium 553 mg Iron 2.3 mg Vitamin C 33 mg Vitamin A 789 IU</p>