

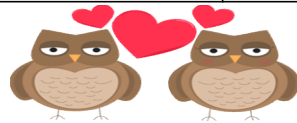


**Cupertino Union School District
Student Nutrition Service
February 2019 Lunch Menu**



Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients	
 <p>Prepay for meals and check your student's balance online at: https://family.titank12.com</p>			<div style="border: 1px solid black; padding: 5px; text-align: center;"> Lunch Prices Full Price \$3.25 Reduced Price \$0.40 Milk Only \$0.75 </div>		1 Cheese Breadsticks (V) (50) Marinara Dipping Cup Bean Salad Assorted Fresh Fruit	Calories 642 Total Fat 23% Protein 36 g Calcium 270 mg Iron 4.2 mg Vitamin C 5 mg Vitamin A 915 IU
4 NEW Cheese Quesedilla (V) (31) Baby Carrots Assorted Fresh Fruit Chocolate Chip Cookie	5 Chicken Nuggets (34) or Veggie Nuggets (V) (38) Emoticon Potatoes Fresh Vegetable Cup Assorted Fresh Fruit	6 Cheese Pizza Wedge (V) (34) Broccoli Assorted Fresh Fruit	7 Chicken & Waffle (48) or Veggie Nuggets & Waffle (63) Baby Carrots Assorted Fresh Fruit Snack Mix	8 NEW Macaroni & Cheese (V) (46) Edamame Assorted Fresh Fruit	Calories 581 Total Fat 35% Protein 26 g Calcium 473 mg Iron 3.7 mg Vitamin C 15 mg Vitamin A 3048 IU	
11 Mini Corn Dogs w/Tater Tots (44) or Yogurt & Muffin Basket (V) (58) Baby Carrots Assorted Fresh Fruit Goldfish Crackers	12 Heart Shaped Chicken Nuggets (28) or Veggie Nuggets (V) (34) with Tater Tots Fresh Vegetable Cup Assorted Fresh Fruit	13 Cheese Pizza French Bread (V) (36) Green Salad Assorted Fresh Fruit	14 Valentine's Day NEW Chili in a Corn Bread Bowl (V) (45) Baby Carrots Assorted Fresh Fruit Valentine's Heart Cookie	15 NEW Cheese Pillow Pull Apart (V) (29) Marinara Dipping Cup Bean Salad Assorted Fresh Fruit	Calories 536 Total Fat 32% Protein 23 g Calcium 445 mg Iron 2.6 mg Vitamin C 16 mg Vitamin A 3722 IU	
<div style="display: flex; justify-content: space-between; align-items: center;">  <div style="text-align: center;"> <p>No School Mid Year Break February 18th through February 22nd</p> </div>  </div>						
25 Mini Cheeseburgers (36) or Bean & Cheese Pocket (V) (43) Baby Carrots Assorted Fresh Fruit	26 Chicken Patty on a Bun (44) or Veggie Patty on a Bun (V) (45) Fresh Vegetable Cup Assorted Fresh Fruit Snack Mix	27 Cheese Pizza Round (V) (34) Broccoli Florets Assorted Fresh Fruit	28 NEW Chicken & Mashed Potato Bowl (38) or Veggie Nuggets & Mashed Potato Bowl (V) (45) Baby Carrots Assorted Fresh Fruit Chocolate Chip Cookie	Milk offered daily with lunch V=Vegetarian	Calories 573 Total Fat 31% Protein 27 g Calcium 420 mg Iron 4.0 mg Vitamin C 26 mg Vitamin A 3529 IU	

**HELP
WANTED**

Come join our team of remarkable School Nutrition professionals.
 We are looking for on-call cafeteria assistants.
 No nights, no weekends, flexible hours!
 Call for more information: 408-252-3000 extension 61302

Numbers in () indicate the total amount of carbohydrates in the entree item

Menu Subject to change without notice
 This institution is an equal opportunity provider