



Cupertino Union School District  
Student Nutrition Services

April 2018 Lunch Menu



Salad Greens

Harvest of the Month

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
<b>2</b> Chicken Corn Dog (30) or Cheese Calzone (V) (42) Baby Carrots Assorted Fruit Easter Egg Cookie	<b>3</b> Chicken Nuggets (39) or <b>NEW!</b> Veggie Nuggets (V) (43) with Spudsters Potatoes Celery Sticks Assorted Fruit	<b>4</b> Cheese Pizza Longboard (V) (29) <b>Salad Greens</b> Assorted Fruit	<b>5</b> Chicken Drumstick (33) or Veggie Nuggets (V) (48) with Onion Rings <b>NEW!</b> Cucumber Coins <b>NEW!</b> Assorted Fruit Mini Rice Krispie Treats	<b>6</b> Cheese Ravioli (V) (36) Cold Bean Salad RIPS 100% Juice Assorted Fruit	Calories 567 Total Fat 30% Protein 26 g Calcium 521 mg Iron 2.6 mg Vitamin C 25 mg Vitamin A 2366 IU
<b>9</b> Mini Cheeseburgers (36) or Bean & Cheese Burrito (V) (41) <b>NEW!</b> Baby Carrots Assorted Fruit Chocolate Chip Cookie	<b>10</b> Chicken Patty on a Bun (44) or Veggie Patty on a Bun (V) (45) Corn Assorted Fruit Fun & Fitness Cookie	<b>11</b> French Bread Cheese Pizza (V) (36) <b>Salad Greens</b> Assorted Fruit	<b>12</b> Mini Corn Dogs (53) or Veggie Nuggets (V) (43) with Sidewinder Potatoes <b>NEW!</b> Cucumber Coins Assorted Fruit Kids Snack Mix	<b>13</b> Macaroni & Cheese (V) (43) <b>NEW!</b> Edamame Frozen Fruit Cup 100% Juice Assorted Fruit	Calories 634 Total Fat 30% Protein 27 g Calcium 496 mg Iron 4.0 mg Vitamin C 34 mg Vitamin A 2058 IU



No School  
Spring Break  
April 16th-April 20th



<b>23</b> Beef Soft Taco (30) or Grilled Cheese Sandwich (V) (31) Baby Carrots Assorted Fruit Brownie Bites <b>NEW!</b>	<b>24</b> Chicken Tenders (30) or Veggie Nuggets (V) (37) with Mashed Potatoes Celery Sticks Assorted Fruit	<b>25</b> Cheese Pizza <b>NEW!</b> in a Box (V) (33) <b>Salad Greens</b> Assorted Fruit	<b>26</b> Pasta with Spaghetti Sauce (V) (45) Cucumber Coins Assorted Fruit Mini Rice Krispie Treats	<b>27</b> Cheese Breadsticks (V) (32) <b>NEW!</b> Marinara Cups Bean salad RIPS 100% Juice Assorted Fruit	Calories 540 Total Fat 27% Protein 27 g Calcium 509 mg Iron 3.3 mg Vitamin C 16 mg Vitamin A 2026 IU
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<b>30</b> Bean & Cheese Nacho Bites (V) (32) Corn Assorted Fruit Chocolate Chip Cookie	Milk offered daily with lunch  V=Vegetarian	  Prepay for meals online at: <a href="https://family.titank12.com">https://family.titank12.com</a>  Numbers in ( ) indicate the total amount of carbohydrates in the entree item	<b>Lunch Prices</b> Full Price \$3.25 Reduced Price \$0.40 Milk Only \$0.75	Menu Subject to change without notice  This institution is an equal opportunity provider	Calories 521 Total Fat 30% Protein 18 g Calcium 354 mg Iron 2.5 mg Vitamin C 18 mg Vitamin A 904 IU
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