





Cupertino Union School District  
Student Nutrition Services

May 2018 Lunch Menu



Cucumber Coins

Harvest of the Month

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
	1 Chicken Nuggets (39) or Veggie Nuggets (V) (43) with Spudsters Potatoes Baby Carrots Assorted Fruit	2 Cheese Pizza Longboard (V) (29) <b>Cucumber Coins</b> Assorted Fruit	3 Chicken Drumstick (33) or Veggie Nuggets (V) (48) with Onion Rings Broccoli Assorted Fruit Kids Snack Mix	4 Cheese Ravioli (V) (36) Cold Bean Salad RIPS 100% Juice Assorted Fruit	Calories 597 Total Fat 31% Protein 28 g Calcium 555 mg Iron 3.2 mg Vitamin C 25 mg Vitamin A 1977 IU
7 <b>NEW!</b> Cheesy Cheese Wheels (V) (21) Baby Carrots Assorted Fruit Brownie Bites	8 Chicken Patty on a Bun (44) or Veggie Patty on a Bun (V) (45) Corn Assorted Fruit	9 French Bread Cheese Pizza (V) (36) <b>Cucumber Coins</b> Assorted Fruit	10 Mini Corn Dogs (53) or Veggie Nuggets (V) (43) with Sidewinder Potatoes Salad Greens Assorted Fruit Mini Rice Krispie Treats	11 Macaroni & Cheese (V) (43) Edamame Frozen Fruit Cup 100% Juice Assorted Fruit	Calories 571 Total Fat 30% Protein 25 g Calcium 550 mg Iron 3.9 mg Vitamin C 40 mg Vitamin A 2649 IU
14 Bean & Cheese Nacho Bites (V) (32) Baby Carrots Assorted Fruit Chocolate Chip Cookie	15 Chicken Tenders (30) or Veggie Nuggets (V) (37) with Mashed Potatoes Celery Sticks Assorted Fruit	16 Cheese Pizza in a Box (V) (29) <b>Cucumber Coins</b> Assorted Fruit	17 Pasta with Spaghetti Sauce (V) (45) Broccoli Assorted Fruit Kids Snack Mix	18 <b>No School Staff Learning Day</b> 	Calories 509 Total Fat 26% Protein 24 g Calcium 472 mg Iron 2.6 mg Vitamin C 25 mg Vitamin A 2465 IU
21 Chicken Corn Dog (30) or Bean & Cheese Burrito (V) (41) Baby Carrots Assorted Fruit Brownie Bites	22 Chicken Nuggets (39) or Veggie Nuggets (V) (43) with Spudsters Potatoes Celery Sticks Assorted Fruit	23 Cheese Pizza Longboard (V) (29) <b>Cucumber Coins</b> Assorted Fruit	24 Chicken Drumstick (33) or Veggie Nuggets (V) (43) with Onion Rings Salad Greens Assorted Fruit Mini Rice Krispie Treats	25 Cheese Breadsticks (V) (32) Marinara Cups Bean salad RIPS 100% Juice Assorted Fruit	Calories 558 Total Fat 31% Protein 25 g Calcium 476 mg Iron 3.6 mg Vitamin C 23 mg Vitamin A 2350 IU
28 <b>No School Memorial Day</b> 	29 Chicken Patty on a Bun (44) or Veggie Patty on a Bun (V) (45) Baby Carrots Assorted Fruit	30 French Bread Cheese Pizza (V) (36) <b>Cucumber Coins</b> Assorted Fruit	31 Mini Corn Dogs (53) or Veggie Nuggets (V) (43) with Sidewinder Potatoes Broccoli Assorted Fruit Kids Snack Mix		Calories 590 Total Fat 31% Protein 26 g Calcium 468 mg Iron 3.9 mg Vitamin C 32 mg Vitamin A 1845 IU

Milk offered daily with lunch

V=Vegetarian

Numbers in ( ) indicate the total amount of carbohydrates in the entree item



Prepay for meals online at:  
<https://family.titank12.com>

Lunch Prices

Full Price \$3.25  
Reduced Price \$0.40  
Milk Only \$0.75

Menu Subject to change without notice

This institution is an equal opportunity provider