




**Cupertino Union School District
Student Nutrition Services
May 2018 Breakfast Menu**

**Breakfast is served each day during recess at
DeVargas, Eisenhower, and
Nimitz Elementary Schools**

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
Breakfast Prices Full Price \$2.25 Reduced Price \$0.30 Milk Only \$0.75	1 Scrambled Eggs & English Muffin (26) or Cereal Graham Cracker Juice and Fresh Fruit Milk	2 French Toast Sticks (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk	3 Bagel (60) w/Cream Cheese or Cereal Graham Cracker Juice and Fresh Fruit Milk	4 Apple Cinnamon Bear Paw (41) or Cereal Graham Cracker Juice and Fresh Fruit Milk	Calories 415 Total Fat 16% Protein 15 g Calcium 376 mg Iron 2.8 mg Vitamin C 39 mg Vitamin A 747 IU
7 Cinnamon Roll (43) or Cereal Graham Cracker Juice and Fresh Fruit Milk	8 Breakfast Pizza Bagels (23) or Cereal Graham Cracker Juice and Fresh Fruit Milk	9 Mini Blueberry Pancakes (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk	10 Turkey & Cheese Breadstick (20) or Cereal Graham Cracker Juice and Fresh Fruit Milk	11 Banana Bread Slice (47) or Cereal Graham Cracker Juice and Fresh Fruit Milk	Calories 376 Total Fat 17% Protein 13 g Calcium 390 mg Iron 2.2 mg Vitamin C 37 mg Vitamin A 625 IU
14 Pancake on a Stick* (18) or Cereal Graham Cracker Juice and Fresh Fruit Milk	15 Scrambled Eggs & English Muffin (26) or Cereal Graham Cracker Juice and Fresh Fruit Milk	16 French Toast Sticks (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk	17 Bagel (60) w/Cream Cheese or Cereal Graham Cracker Juice and Fresh Fruit Milk	18 No School Staff Learning Day 	Calories 383 Total Fat 18% Protein 15 g Calcium 358 mg Iron 2.7 mg Vitamin C 36 mg Vitamin A 709 IU
21 Cinnamon Roll (43) or Cereal Graham Cracker Juice and Fresh Fruit Milk	22 Breakfast Pizza Bagels (23) or Cereal Graham Cracker Juice and Fresh Fruit Milk	23 Mini Blueberry Pancakes (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk	24 Turkey & Cheese Breadstick (20) or Cereal Graham Cracker Juice and Fresh Fruit Milk	25 Banana Bread Slice (47) or Cereal Graham Cracker Juice and Fresh Fruit Milk	Calories 376 Total Fat 17% Protein 13 g Calcium 390 mg Iron 2.2 mg Vitamin C 37 mg Vitamin A 625 IU
28 No School Memorial Day 	29 Scrambled Eggs & English Muffin (26) or Cereal Graham Cracker Juice and Fresh Fruit Milk	30 French Toast Sticks (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk	31 Bagel (60) w/Cream Cheese or Cereal Graham Cracker Juice and Fresh Fruit Milk	 Prepay for meals online at: https://family.titank12.com	Calories 406 Total Fat 16% Protein 15 g Calcium 372 mg Iron 2.8 mg Vitamin C 38 mg Vitamin A 765 IU

Menu Subject to change without notice
This institution is an equal opportunity provider

Numbers in () indicate the total amount of carbohydrates in the entree item

*=Turkey