
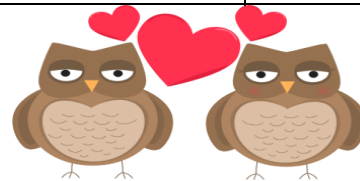



**Cupertino Union School District
Student Nutrition Services**
February 2018 Lunch Menu



Harvest of the Month

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
			1 Teriyaki Chicken or Chana Masala (V) Brown Rice Cucumber Coins Assorted Fruit	2 Cheese Breadsticks (V) Marinara Cups Edamame Assorted Fruit Mini Rice Krispie Treats	Calories 646 Total Fat 21% Protein 30 g Calcium 256 mg Iron 3.3 mg Vitamin C 8 mg Vitamin A 2514 IU
5 Turkey Taco Pocket or Bean & Cheese Pocket (V) Baby Carrots Assorted Fruit	6 Chicken Patty on a Bun or Veggie Patty on a Bun (V) Corn Assorted Fruit Despicable Me Crackers	7 French Bread Cheese Pizza (V) Cauliflower Assorted Fruit	8 Cheeseburger Meatloaf or Veggie Nuggets (V) with Mashed Potatoes Salad Greens Assorted Fruit	9 Macaroni & Cheese (V) Cold Bean Salad Assorted Fruit Chocolate Chip Cookie	Calories 580 Total Fat 30% Protein 27 g Calcium 464 mg Iron 3.3 mg Vitamin C 25 mg Vitamin A 2425 IU
12 Chicken Corn Dog or Cheese Calzone (V) Baby Carrots Assorted Fruit	13 Cheese Pizza Round (V) Edamame Assorted Fruit	14 VALENTINE'S DAY Heart Chicken Nuggets or Veggie Nuggets (V) with Tater Tots Cauliflower Assorted Fruit Heart Cookie	15 Teriyaki Chicken or Chana Masala (V) Brown Rice Cucumber Coins Assorted Fruit	16 Bean & Cheese Nacho Bites (V) Broccoli Florets Assorted Fruit Mini Rice Krispie Treats	Calories 527 Total Fat 28% Protein 22 g Calcium 367 mg Iron 2.6 mg Vitamin C 27 mg Vitamin A 2811 IU
 <p align="center">No School Mid Year Break February 19th through February 23th</p> 					
26 Mini Cheeseburgers or Bean & Cheese Pocket (V) Baby Carrots Assorted Fruit	27 Chicken Tenders or Veggie Nuggets (V) with Mashed Potatoes Cucumber Coins Assorted Fruit	28 Cheese Pizza Wedge (V) Cauliflower Assorted Fruit	<p align="center">Lunch Prices Full Price \$3.25 Reduced Price \$0.40 Milk Only \$0.75</p>	<p align="center">Prepay for meals online at: https://family.titank12.com</p> 	Calories 490 Total Fat 31% Protein 26 g Calcium 454 mg Iron 2.8 mg Vitamin C 24 mg Vitamin A 2287 IU

Milk offered daily with lunch

V=Vegetarian

2017-2018 New Student (TK-8th) Priority Registration - January 22 - February 14, 2018
2017-2018 Open Enrollment Information - January 31 - February 14, 2018
Please visit www.cusdk8.org for information Student Assignment Office: 408-252-3000 ext. 61110

Menu Subject to change without notice

This institution is an equal opportunity provider