



January 2018

Middle School Breakfast & Lunch Menu

Breakfast Combo (Choice of one entrée)

Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Strip (27)	Pizza Strip(27)	Pizza Strip(27)	Pizza Strip(27)	Pizza Strip(27)
Assorted Muffins	Bagel with Cream Cheese	Assorted Muffins	Bagel with Cream Cheese	Assorted Muffins
Cinnamon Roll (43)	Cinnamon Roll (43)	Cinnamon Roll (43)	Cinnamon Roll (43)	Cinnamon Roll (43)
Pancake on a Stick (18)	Coffee Cake (53)	Pancake on a Stick (18)	Coffee Cake (53)	Pancake on a Stick (18)
Yogurt Parfait (34)	Hot Oatmeal (32)	Yogurt Parfait (34)	Hot Oatmeal (32)	Yogurt Parfait (34)
Cereal & Graham Crackers	Cereal & Graham Crackers	Cereal & Graham Crackers	Cereal & Graham Crackers	Cereal & Graham Crackers

100% Juice, Fruit and Milk offered with each Breakfast

Lunch Combo (Choice of one entrée)

Week 1: January 8-12 & January 22-25		Week 2: January 2-5 & January 16-19 & January 29-February 2			
Monday	Tuesday	Wednesday	Thursday	Friday	
Week 1	Chicken Soup w/Roll (31)	Teriyaki Chicken (64) w/Rice	Mini Corn Dogs w/Potatoes (44)	Cheese Breadsticks (V) (50)	Spicy Chicken Tenders w/Potatoes (26)
	Veggie Nuggets w/Potatoes (V) (34)	Grilled Cheese (V) (31)	Macaroni & Cheese (V) (43)	Cheese Calzone (V) (42)	Cheese Quesadilla (V) (25)
	Spicy Chicken Patty on a Bun (46)	Chicken Patty on a Bun (44)	Spicy Chicken Patty on a Bun (46)	Chicken Patty on a Bun (44)	Spicy Chicken Patty on a Bun (46)
	Mini Cheeseburgers (36)	Hamburger (31) or Cheeseburger on a Bun (32)	Mini Cheeseburgers (36)	Hamburger (31) or Cheeseburger on a Bun (32)	Mini Cheeseburgers (36)
	Assorted Taco Pockets	Veggie Patty on a Bun (V) Assorted Burritos	Assorted Taco Pockets	Veggie Patty on a Bun (V) Assorted Burritos	Assorted Taco Pockets
	Assorted Sandwiches	Hummus & Veggie Tray(V) (52)	Assorted Sandwiches	Hummus & Veggie Tray (V) (52)	Assorted Sandwiches
Pizza Slice (V)	Pizza Slice (V)	Pizza Slice (V)	Pizza Slice (V)	Pizza Slice (V)	
Week 2	Corn Dog (30)	Chicken Drumstick w/Potato Wedges (26)	Cheeseburger Meatloaf w/Mashed Potatoes (25)	Spicy Chicken Siracha Wings w/Potatoes (36)	Cheese Breadsticks (V) (50)
	Cheese Ravioli (V) (43)	Grilled Cheese (V) (31)	Macaroni & Cheese (V) (43)	Cheese Calzone (V) (42)	Cheese Quesadilla (V) (25)
	Spicy Chicken Patty on a Bun (46)	Chicken Patty on a Bun (44)	Spicy Chicken Patty on a Bun (46)	Chicken Patty on a Bun (44)	Spicy Chicken Patty on a Bun (46)
	Mini Cheeseburgers (36)	Hamburger (31) or Cheeseburger on a Bun(32)	Mini Cheeseburgers (36)	Hamburger (31) or Cheeseburger on a Bun (32)	Mini Cheeseburgers (36)
	Assorted Taco Pockets	Veggie Patty on a Bun (V) Assorted Burritos	Assorted Taco Pockets	Veggie Patty on a Bun (V) Assorted Burritos	Assorted Taco Pockets
	Assorted Sandwiches	Hummus & Veggie Tray (V) (52)	Assorted Sandwiches	Hummus & Veggie Tray (V)(52)	Assorted Sandwiches
Pizza Slice (V)	Pizza Slice (V)	Pizza Slice (V)	Pizza Slice (V)	Pizza Slice (V)	

A variety of Fruit, Vegetables and Milk offered with each Lunch



V=Vegetarian

Menu Subject to change without notice

This institution is an equal opportunity provider

	Full Price	Reduced
Breakfast	\$2.25	\$0.30
Lunch	\$3.25	\$0.40
Milk or Juice	\$0.75	\$0.75
Adult Breakfast	\$2.75	
Adult Lunch	\$3.50	

Prepay for meals online at:
family.titank12.com

Numbers in () indicate the total amount of carbohydrates in the entree item