







Breakfast Prices
 Full Price \$2.25
 Reduced Price \$0.30
 Milk Only \$0.75

**Cupertino Union School District
 Student Nutrition Services**

January 2018 Breakfast Menu

**Breakfast is served each day during
 recess at
 DeVargas, Eisenhower, and
 Nimitz Elementary Schools**

Monday	Tuesday	Wednesday	Thursday	Friday	Average Nutrients
No School Winter Break 	2 Pancake on a Stick* (18) or Cereal Graham Cracker Juice and Fresh Fruit Milk	3 French Toast Sticks (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk	4 Bagel (60) w/Cream Cheese or Cereal Graham Cracker Juice and Fresh Fruit Milk	5 Mini Chocolate Chip Muffin (20) or Cereal Graham Cracker Juice and Fresh Fruit Milk	Calories 369 Total Fat 16% Protein 13 g Calcium 332 mg Iron 2.6 mg Vitamin C 38 mg Vitamin A 689 IU
8 Cinnamon Roll (43) or Cereal Graham Cracker Juice and Fresh Fruit Milk	9 Egg , Cheese & Bacon Toast (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk	10 Mini Blueberry Pancakes (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk	11 Pepperoni Pizza Strip (27) or Cereal Graham Cracker Juice and Fresh Fruit Milk	12 Banana Bread Slice (47) or Cereal Graham Cracker Juice and Fresh Fruit Milk	Calories 379 Total Fat 17% Protein 13 g Calcium 388 mg Iron 2.5 mg Vitamin C 35 mg Vitamin A 605 IU
15 No School Martin Luther King Jr. Day 	16 Pancake on a Stick*(18) or Cereal Graham Cracker Juice and Fresh Fruit Milk	17 French Toast Sticks (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk	18 Bagel (60)w/Cream Cheese or Cereal Graham Cracker Juice and Fresh Fruit Milk	19 Mini Chocolate Chip Muffin (20) or Cereal Graham Cracker Juice and Fresh Fruit Milk	Calories 369 Total Fat 16% Protein 13 g Calcium 332 mg Iron 2.6 mg Vitamin C 38 mg Vitamin A 689 IU
22 Cinnamon Roll (43) or Cereal Graham Cracker Juice and Fresh Fruit Milk	23 Egg , Cheese & Bacon Toast (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk	24 Mini Blueberry Pancakes (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk	25 Pepperoni Pizza Strip (27) or Cereal Graham Cracker Juice and Fresh Fruit Milk	26 No School Staff Learning Day 	Calories 371 Total Fat 17% Protein 14 g Calcium 405 mg Iron 2.4 mg Vitamin C 35 mg Vitamin A 605 IU
29 Coffee Cake (53) or Cereal Graham Cracker Juice and Fresh Fruit Milk	30 Pancake on a Stick* (18) or Cereal Graham Cracker Juice and Fresh Fruit Milk	31 French Toast Sticks (38) or Cereal Graham Cracker Juice and Fresh Fruit Milk	Prepay for meals online at: https://family.titank12.com 	Menu Subject to change without notice This institution is an equal opportunity provider *=Turkey	Calories 386 Total Fat 21% Protein 12 g Calcium 338 mg Iron 2.3 mg Vitamin C 33 mg Vitamin A 594 IU

Numbers in () indicate the total amount of carbohydrates in the entree item