



October 2017

Middle School Breakfast & Lunch Menu

Breakfast Combo (Choice of one entrée)				
Monday	Tuesday	Wednesday	Thursday	Friday
Pizza Strip	Pizza Strip	Pizza Strip	Pizza Strip	Pizza Strip
Assorted Muffins	Bagel with Cream Cheese	Assorted Muffins	Bagel with Cream Cheese	Assorted Muffins
Cinnamon Roll	Cinnamon Roll	Cinnamon Roll	Cinnamon Roll	Cinnamon Roll
Pancake on a Stick	Coffee Cake	Pancake on a Stick	Coffee Cake	Pancake on a Stick
Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait	Yogurt Parfait
Cereal & Graham Crackers	Cereal & Graham Crackers	Cereal & Graham Crackers	Cereal & Graham Crackers	Cereal & Graham Crackers
100% Juice, Fruit and Milk offered with each Breakfast				

Lunch Combo (Choice of one entrée)					
Week 1: October 9-13 & October 23-27			Week 2: October 2-6 & October 16-20		
	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1	Popcorn Chicken w/Potatoes	General Tso Chicken w/Rice	Mini Corn Dogs w/Potatoes	Cheese Breadsticks (V)	Spicy Chicken Tenders w/Potatoes
	Veggie Nuggets w/Potatoes (V)	Grilled Cheese (V)	Macaroni & Cheese (V)	Cheese Calzone (V)	Cheese Quesadilla (V)
	Spicy Chicken Patty on a Bun	Chicken Patty on a Bun	Spicy Chicken Patty on a Bun	Chicken Patty on a Bun	Spicy Chicken Patty on a Bun
	Mini Cheeseburgers	Hamburger or Cheeseburger on a Bun	Mini Cheeseburgers	Hamburger or Cheeseburger on a Bun	Mini Cheeseburgers
	Assorted Taco Pockets	Veggie Patty on a Bun (V) Assorted Burritos	Assorted Taco Pockets	Veggie Patty on a Bun (V) Assorted Burritos	Assorted Taco Pockets
	Assorted Sandwiches	Hummus & Veggie Tray (V)	Assorted Sandwiches	Hummus & Veggie Tray (V)	Assorted Sandwiches
	Pizza Slice (V)	Pizza Slice (V)	Pizza Slice (V)	Pizza Slice (V)	Pizza Slice (V)
Week 2	Spicy Chicken Siracha Wings w/Potatoes	Chicken Drumstick w/Onion Rings	Chicken Egg Roll w/Rice	Tangerine Chicken w/Chow Mein	Cheese Breadsticks (V)
	Cheese Ravioli (V)	Grilled Cheese (V)	Macaroni & Cheese (V)	Cheese Calzone (V)	Cheese Quesadilla (V)
	Spicy Chicken Patty on a Bun	Chicken Patty on a Bun	Spicy Chicken Patty on a Bun	Chicken Patty on a Bun	Spicy Chicken Patty on a Bun
	Mini Cheeseburgers	Hamburger on a Bun	Mini Cheeseburgers	Hamburger on a Bun	Mini Cheeseburgers
	Assorted Taco Pockets	Veggie Patty on a Bun (V) Assorted Burritos	Assorted Taco Pockets	Veggie Patty on a Bun (V) Assorted Burritos	Assorted Taco Pockets
	Assorted Sandwiches	Hummus & Veggie Tray (V)	Assorted Sandwiches	Hummus & Veggie Tray (V)	Assorted Sandwiches
	Pizza Slice (V)	Pizza Slice (V)	Pizza Slice (V)	Pizza Slice (V)	Pizza Slice (V)
A variety of Fruit, Vegetables and Milk offered with each Lunch					

V=Vegetarian



Prepay for meals online at:
family.titank12.com

Menu Subject to change without notice

This institution is an equal opportunity provider

	Full Price	Reduced
Breakfast	\$2.25	\$0.30
Lunch	\$3.25	\$0.40
Milk or Juice	\$0.75	\$0.75
Adult Breakfast	\$3.00	
Adult Lunch	\$4.00	