

Tulare City  
School District

# Preschool Lunch Menu

## January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
No School– Winter Break December 21st, 2018– January 11th, 2019				
<b>14</b> Turkey Ham & Cheese Sub Sandwich Baby Carrots Apple Slices Ranch & Mayo	<b>15</b> Chicken Taquitos Pinto Beans Watermelon Raisels Salsa	<b>16</b> Bean & Cheese Pocket Steamed Corn Applesauce Cup Taco Sauce	<b>17</b> Chicken Sandwich Cucumber Coins Mandarin Oranges Ranch & Mayo	<b>18</b> Chicken & Cheese Tamale Broccoli Florets Pineapple Chunks
<b>21</b> <b>No School— Martin Luther King Jr. Day</b>	<b>22</b> Beef Chalupa Pinto Beans Applesauce Cup Taco Sauce	<b>23</b> Soy Butter & Jelly Sandwich Steamed Corn Banana	<b>24</b> Penne Pasta w/ Beef & Cheese Cucumber Coins Fruit Splash Raisels Ranch	<b>25</b> Cheese Stuffed Breadstick w/ Marinara Sauce Cup Broccoli Florets Pineapple Chunks Ranch
<b>28</b> Macaroni & Cheese Cucumber Coins Apple Slices Ranch	<b>29</b> Beef & Cheese Taco Stick Pinto Beans Mandarin Oranges Taco Sauce	<b>30</b> Grilled Cheese Sandwich Steamed Corn Strawberry Craisins	<b>31</b> Bean & Cheese Burrito Baby Carrots Applesauce Cup Ranch & taco Sauce	



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Now Serving FREE Lunch at Alpine  
Vista, Garden, Kohn, Lincoln, Maple,  
Mission Valley, Roosevelt & Wilson  
Preschools!

\*Item contains pork  
Menu subject to change without notice  
Check [NutritionServices.tcsdk8.org](http://NutritionServices.tcsdk8.org) for more  
information and nutrition resources  
1% white milk offered for breakfast and lunch  
***This institution is an equal opportunity provider.***