

# May 2018

# Yuma School District One

## Elementary Menu



### Fitness Tip: MyPlate recommends:

- Children need at least 60 minutes of physical activity every day.
- Be active together as a family.
- Physical activity should be fun and offer variety.

### Available Daily

**Breakfast:** Yogurt Parfait, Assorted Cereal, Fresh or Canned Fruit, Choice of Juice, White or Flavored Milk  
**Lunch:** Peanut Butter & Jelly Sandwich, Yogurt & Roll Combo, Fruit & Veggie Bar, Choice of Juice, White or Flavored Milk



## Monday

### Breakfast

Zucchini Bread Slice

### Lunch

Mandarin Orange Chicken  
Brown Rice  
Fortune Cookie

## Tuesday

### Breakfast

French Toast Sticks

### Lunch

Chicken Sandwich  
Smile Fries

## Wednesday

### Breakfast

Breakfast Burrito

### Lunch

Chili Cheese Fries  
Wheat Roll

## Thursday

### Breakfast

Pancake & Sausage on a Stick

### Lunch

Spaghetti  
Corn & French Bread Slice

## Friday

### Breakfast

Dutch Waffle

### Lunch

Bean & Cheese Tostada Boat  
Mexicorn  
Cinco de Mayo Treat

### Breakfast

Sausage Patty w/ Biscuit

### Lunch

Corn Dog  
Ranch Beans

### Breakfast

Mini Pancakes

### Lunch

Hamburger  
French Fries

### Breakfast

Breakfast Pizza

### Lunch

Macaroni & Cheese  
Green Beans & Wheat Roll

### Breakfast

Triangle Hash Brown  
Scrambled Eggs

### Lunch

Folded Beef Taco  
Mexicorn

### Breakfast

Cinnamon Breakfast Cake

### Lunch

Turkey & Gravy  
Mashed Potatoes & Wheat Roll

### Breakfast

Assorted Pop Tarts

### Lunch

Taco in a Bag  
Refried Beans

### Breakfast

French Toast Sticks

### Lunch

Sweet & Sour Chicken  
Brown Rice  
Fortune Cookie

### Breakfast

Breakfast Burrito

### Lunch

Beefaroni  
Green Beans  
Wheat Roll

### Breakfast

Pancake & Sausage on a Stick

### Lunch

Chicken & Cheese Taquito  
Spanish Rice

### Breakfast

Glazed Donut Holes

### Lunch

Breaded Drumstick  
Mashed Potatoes  
Wheat Roll

### Breakfast

Sausage Patty w/ Biscuit

### Lunch

Nachos  
Refried Beans

### Breakfast

Mini Pancakes

### Lunch

Chili Cheese Fries  
Wheat Roll  
Chocolate Pudding

### Breakfast

Breakfast Pizza

### Lunch

Pepperoni Pizza  
Corn

### Breakfast

Triangle Hash Brown & Eggs

### Lunch

Chicken Nuggets  
Mashed Potatoes & Wheat Roll

### Managers Choice

Today's **Breakfast and Lunch** selections will be chosen among favorites from our cafeteria staff. **Enjoy!**

No School  
Memorial Day

### Managers Choice

Today's **Breakfast and Lunch** selections will be chosen among favorites from our cafeteria staff. **Enjoy!**

### Breakfast

Dutch Waffle

Last Day Of School  
Early Out

