

# April 2018

# Yuma School District One

## Jr High Menu



**Nutrition Tip:** Adding veggies, like spinach, carrots or cucumber into a smoothie is a great way to increase veggie consumption. You may be surprised how good it tastes!



*Available Daily*

**Breakfast:** Yogurt Parfait, Assorted Cereal, Fresh or Canned Fruit, Choice of Juice, White or Flavored Milk

**Lunch:** Peanut Butter & Jelly Sandwich, Yogurt & Roll Combo, Fruit & Veggie Bar, Choice of Juice, White or Flavored Milk



### Monday

2

### Tuesday

3

### Wednesday

Spring Break  
April 2<sup>nd</sup>-April 6<sup>th</sup>  
Enjoy!

4

### Thursday

5

### Friday

6

**Breakfast**

Super Donut

9

**Lunch**

Nachos  
Refried Beans  
2<sup>nd</sup> Choice: Cheese Pizza Stick

**Breakfast**

Mini Pancakes

10

**Lunch**

Pepperoni Pizza & Corn  
2<sup>nd</sup> Choice: Bean & Cheese Burrito

**Breakfast**

Breakfast Pizza

11

**Lunch**

Chicken Sandwich  
Smile Fries  
2<sup>nd</sup> Choice: Cheese Crisp

**Breakfast**

Triangle Hash Brown  
Scrambled Egg

12

**Lunch**

Folded Beef Taco & Mexicorn  
2<sup>nd</sup> Choice: Pepperoni Pizza

**Breakfast**

Donut Holes

13

**Lunch**

Turkey & Gravy  
Mashed Potatoes & Wheat Roll  
2<sup>nd</sup> Choice: Macaroni & Cheese

**Breakfast**

Sausage Patty w/ Biscuit

16

**Lunch**

Taco in a Bag  
Refried Beans  
2<sup>nd</sup> Choice: Cheese Pizza

**Breakfast**

French Toast Sticks w/ Syrup

17

**Lunch**

Hamburger & French Fries  
2<sup>nd</sup> Choice: Chicken & Cheese Taquito

**Breakfast**

Breakfast Burrito

18

**Lunch**

Beefaroni  
Green Beans & Wheat Roll  
Turkey & Cheese Deli Sandwich

**Breakfast**

Pancake & Sausage on a Stick

19

**Lunch**

Bean & Cheese Tostada Boat  
Spanish Rice  
2<sup>nd</sup> Choice: Chicken Nuggets

**Breakfast**

Dutch Waffle

20

**Lunch**

Pigs in a Blanket & Ranch Beans  
2<sup>nd</sup> Choice: Sweet Chili Thai Chicken

**Breakfast**

Assorted Pop Tarts

23

**Lunch**

Cheese Crisp  
Refried Beans  
2<sup>nd</sup> Choice: Mini Corn Dogs

**Breakfast**

Mini Pancakes

24

**Lunch**

Cheeseburger Sliders  
Tatar Tots & Chocolate Pudding  
2<sup>nd</sup> Choice: Chicken Fajita

**Breakfast**

Breakfast Pizza

25

**Lunch**

Macaroni & Cheese  
Green Beans & Wheat Roll  
2<sup>nd</sup> Choice: Spicy Chicken Sandwich

**Breakfast**

Cinnamon Stars

26

**Lunch**

Chicken Taquito  
Mexicorn  
2<sup>nd</sup> Choice: Pepperoni Pizza Stick

**Breakfast**

Triangle Hash Brown & Eggs

27

**Lunch**

Chicken Tenders  
Mashed Potatoes & Hot Roll  
2<sup>nd</sup> Choice: Toasted Cheese Sandwich

**Breakfast**

Zucchini Bread Slice

30

**Lunch**

Mandarin Orange Chicken  
Brown Rice & Fortune Cookie  
2<sup>nd</sup> Choice: Bean & Cheese Burrito



This institution is an equal opportunity provider.