

April 2018

Yuma School District One

Jr High Menu



Nutrition Tip: Adding veggies, like spinach, carrots or cucumber into a smoothie is a great way to increase veggie consumption. You may be surprised how good it tastes!



Available Daily

Breakfast: Yogurt Parfait, Assorted Cereal, Fresh or Canned Fruit, Choice of Juice, White or Flavored Milk

Lunch: Peanut Butter & Jelly Sandwich, Yogurt & Roll Combo, Fruit & Veggie Bar, Choice of Juice, White or Flavored Milk



Monday

Tuesday

Wednesday

Thursday

Friday

2



3

Spring Break
April 2nd-April 6th
Enjoy!

4

5



6

Breakfast

Super Donut

9

Lunch

Nachos
Refried Beans
2nd Choice: Cheese Pizza Stick

Breakfast

Mini Pancakes

10

Lunch

Pepperoni Pizza & Corn
2nd Choice: Bean & Cheese Burrito

Breakfast

Breakfast Pizza

11

Lunch

Chicken Sandwich
Smile Fries
2nd Choice: Cheese Crisp

Breakfast

Triangle Hash Brown
Scrambled Egg

12

Lunch

Folded Beef Taco & Mexicorn
2nd Choice: Pepperoni Pizza

Breakfast

Donut Holes

13

Lunch

Turkey & Gravy
Mashed Potatoes & Wheat Roll
2nd Choice: Macaroni & Cheese

Breakfast

Sausage Patty w/ Biscuit

16

Lunch

Taco in a Bag
Refried Beans
2nd Choice: Cheese Pizza

Breakfast

French Toast Sticks w/ Syrup

17

Lunch

Hamburger & French Fries
2nd Choice: Chicken & Cheese Taquito

Breakfast

Breakfast Burrito

18

Lunch

Beefaroni
Green Beans & Wheat Roll
Turkey & Cheese Deli Sandwich

Breakfast

Pancake & Sausage on a Stick

19

Lunch

Bean & Cheese Tostada Boat
Spanish Rice
2nd Choice: Chicken Nuggets

Breakfast

Dutch Waffle

20

Lunch

Pigs in a Blanket & Ranch Beans
2nd Choice: Sweet Chili Thai Chicken

Breakfast

Assorted Pop Tarts

23

Lunch

Cheese Crisp
Refried Beans
2nd Choice: Mini Corn Dogs

Breakfast

Mini Pancakes

24

Lunch

Cheeseburger Sliders
Tatar Tots & Chocolate Pudding
2nd Choice: Chicken Fajita

Breakfast

Breakfast Pizza

25

Lunch

Macaroni & Cheese
Green Beans & Wheat Roll
2nd Choice: Spicy Chicken Sandwich

Breakfast

Cinnamon Stars

26

Lunch

Chicken Taquito
Mexicorn
2nd Choice: Pepperoni Pizza Stick

Breakfast

Triangle Hash Brown & Eggs

27

Lunch

Chicken Tenders
Mashed Potatoes & Hot Roll
2nd Choice: Toasted Cheese Sandwich

Breakfast

Zucchini Bread Slice

30

Lunch

Mandarin Orange Chicken
Brown Rice & Fortune Cookie
2nd Choice: Bean & Cheese Burrito



This institution is an equal opportunity provider.