

March 2018

Yuma School District One

Elementary Menu

Nutrition Tip: Children enjoy dips which increases vegetable consumption, try including vegetable dip or hummus along with vegetables as part of a meal, you may be surprised how many veggies they eat!



Available Daily
Breakfast: Yogurt Parfait, Assorted Cereal, Fresh Or Canned Fruit, Choice of Juice, White or Flavored Milk
Lunch: Peanut Butter & Jelly Sandwich, Yogurt & Roll Combo, Fruit & Veggie Bar, Choice of Juice, White or Flavored Milk



Monday



Breakfast
Super Donut
Lunch
Cheese Pizza
Corn

5

Tuesday



Breakfast
Mini Pancakes
Lunch
Teriyaki Beef Blaster
Brown Rice
Fortune Cookie

6

Wednesday

Breakfast
Breakfast Pizza
Lunch
Chicken Sandwich
Smile Fries

7

Thursday

Breakfast
Pancake & Sausage on a Stick
Lunch
Folded Beef Taco
Mexicorn

1

Breakfast
Triangle Hash Brown
Scrambled Eggs
Lunch
Bean & Cheese Tostada Boat
Spanish Rice

8

Friday

Breakfast
Cinnamon Breakfast Cake
Lunch
Turkey & Gravy
Mashed Potatoes
Wheat Roll

2

Breakfast
Cherry Muffin
Lunch
Pigs in a Blanket
Ranch Beans

9

Breakfast
Zucchini Bread Slice
Lunch
Taco in a Bag
Refried Beans

12

Breakfast
French Toast Sticks
Lunch
Hamburger
French Fries

13

Breakfast
Breakfast Burrito
Lunch
Beefaroni
Green Beans & Wheat Roll

14

Breakfast
Pancake & Sausage on a Stick
Lunch
Barbacoa Street Tacos
Mexicorn

15

Breakfast
Dutch Waffle
Lunch
Chicken Drumstick
Mashed Potatoes & Wheat Roll

16

Breakfast
Assorted Pop Tarts
Lunch
Pepperoni Pizza
Corn

19

Breakfast
Mini Pancakes
Lunch
Macaroni & Cheese
Green Beans & Wheat Roll

20

Breakfast
Breakfast Pizza
Lunch
Cheeseburger Sliders
Tatar Tots

21

Breakfast
Triangle Hash Brown &
Scrambled Eggs
Lunch
Chicken Nuggets
Mashed Potatoes & Wheat Roll

22

Breakfast
Cinnamon Stars
Lunch
Bean & Cheese Burrito
Mexicorn

23

Breakfast
Sausage Patty w/ Biscuit
Lunch
Corn Dog
Ranch Beans

26

Breakfast
French Toast Sticks
Lunch
Chili Cheese Fries
Wheat Roll

27

Breakfast
Breakfast Burrito
Lunch
Spaghetti
Green Beans & French Bread

28

Managers Choice
Today's **Breakfast** and **Lunch** selections will be chosen among favorites from our cafeteria staff. **Enjoy!**

29

**No School
Good Friday**

30