

# February 2018

# Yuma School District One

## Jr High Menu



**Nutrition Tip:** Here's a fun snack idea, assemble chunks of Melon, Apples, Oranges or Pears on skewers for a fruity kabob. A nutritious and fun snack to eat!



**Breakfast:** Yogurt Parfait, Assorted Cereal, Fresh Or Canned Fruit, Choice of Juice, White or Flavored Milk  
**Lunch:** Peanut Butter & Jelly Sandwich, Yogurt & Roll Combo, Fruit & Veggie Bar, Choice of Juice, White or Flavored Milk



*Available Daily*

Monday

Tuesday

Wednesday

Thursday

Friday



**Breakfast** 5  
 Sausage Patty w/ Biscuit  
**Lunch**  
 Cheese Pizza  
 Corn  
 2<sup>nd</sup> Choice: Macaroni & Cheese

**Breakfast** 6  
 French Toast Sticks w/ syrup  
**Lunch**  
 Mandarin Orange Chicken  
 Brown Rice  
 2<sup>nd</sup> Choice: Chicken Taquito

**Breakfast** 7  
 Breakfast Pizza  
**Lunch**  
 Chicken Sandwich & Smile Fries  
 2<sup>nd</sup> Choice: Turkey & Gravy w/  
 Mashed Potatoes

**Breakfast** 1  
 Cinnamon Stars  
**Lunch**  
 Cheeseburger Sliders  
 Tatar Tots  
 2<sup>nd</sup> Choice: Chili con Carne

**Breakfast** 2  
 Pancake & Sausage on a Stick  
**Lunch**  
 Folded Beef Taco  
 Spanish Rice  
 2<sup>nd</sup> Choice: Chicken Tenders

**Breakfast** 8  
 Hash Brown & Scrambled Eggs  
**Lunch**  
 Bean & Cheese Tostada Boat  
 Mexicorn  
 2<sup>nd</sup> Choice: Pepperoni Pizza

**Breakfast** 9  
 Cinnamon Crumble  
 Breakfast Cake  
**Lunch**  
 Pigs in a Blanket & Ranch Beans  
 2<sup>nd</sup> Choice: Popcorn Chicken

**Breakfast** 12  
 Mini Pancakes  
**Lunch**  
 Taco in a Bag & Refried Beans  
 2<sup>nd</sup> Choice: Pepperoni Pizza  
 Stick

**Breakfast** 13  
 Breakfast Burrito  
**Lunch**  
 Beefaroni  
 Green Beans & Wheat Roll  
 2<sup>nd</sup> Choice: Turkey & Cheese  
 Deli Sandwich

**Breakfast** 14  
 Super Donut  
**Lunch**  
 Chili con Carne & Corn Bread  
 Valentine's Day Treat  
 2<sup>nd</sup> Choice: Bean & Cheese  
 Burrito

**Breakfast** 15  
 Pancake & Sausage on Stick  
**Lunch**  
 Chicken Drumstick  
 Mashed Potatoes & Wheat Roll  
 2<sup>nd</sup> Choice: Toasted Cheese  
 Sandwich

**16**  
 No School Day  
 For Students

**19**  
 Presidents Day  
 No School

**Breakfast** 20  
 Assorted Pop Tarts  
**Lunch**  
 Pepperoni Pizza  
 Corn & Chocolate Pudding  
 2<sup>nd</sup> Choice: Nachos

**Breakfast** 21  
 Breakfast Pizza  
**Lunch**  
 Hamburger & French Fries  
 2<sup>nd</sup> Choice: Sweet & Sour  
 Chicken w/ Brown Rice

**Breakfast** 22  
 Dutch Waffle  
**Lunch**  
 New Barbacoa Street Tacos &  
 Refried Beans  
 2<sup>nd</sup> Choice: Pretzel Bites w/  
 Cheese Sauce

**Breakfast** 23  
 Hash Brown & Scrambled Eggs  
**Lunch**  
 Popcorn Chicken  
 Mashed Potatoes & Wheat Roll  
 2<sup>nd</sup> Choice: Chicken & Cheese  
 Taquitos

**Breakfast** 26  
 Sausage Patty w/ Biscuit  
**Lunch**  
 Corn Dogs & Ranch Beans  
 2<sup>nd</sup> Choice: Cheese Pizza Stick

**Breakfast** 27  
 French Toast Sticks w/ Syrup  
**Lunch**  
 Spaghetti, Corn & French Bread  
 2<sup>nd</sup> Choice: Philly Cheese Steak  
 Sandwich

**Breakfast** 28  
 Breakfast Burrito  
**Lunch**  
 Chili Cheese Fries & Wheat Roll  
 2<sup>nd</sup> Choice: Cheese Crisp

