



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Available Daily

Breakfast: Yogurt Parfait, Assorted Cereal, Fresh Or Canned Fruit, Choice of Juice, White or Flavored Milk
Lunch: Peanut Butter & Jelly Sandwich, Yogurt & Roll Combo, Fruit & Veggie Bar, Choice of Juice, White or Flavored Milk



Monday



Tuesday



Welcome Back to Yuma School District One!

Wednesday

Thursday

Friday

Breakfast

Breakfast Pizza

Lunch

Bean & Cheese Burrito
 Spanish Rice

2nd Choice: Cheese Crisp w/ salsa

Breakfast

Sausage Patty w/ Biscuit

Lunch

Corn Dog

Ranch Beans

2nd Choice: Spaghetti

Breakfast

Dutch Waffle

Lunch

Mandarin Orange Chicken

Brown Rice & Fortune Cookie

2nd Choice: Turkey & Cheese Deli Sandwich

Breakfast

Assorted Pop Tarts

Lunch

Beefaroni

Green Beans & Wheat Roll

2nd Choice: Folded Beef Taco

Breakfast

Cinnamon Crumble Coffee Cake

Lunch

Chicken Sandwich

Smiley Face French Fries

2nd Choice: Chili Cheese Fries

Breakfast

Sausage Patty w/ Scrambled Eggs

Lunch

Pepperoni Pizza

Corn

2nd Choice: Cheese Pizza Stick

Breakfast

Pancake & Sausage on a Stick

Lunch

Chicken Taquito

Spanish Rice w/ salsa

2nd Choice: Bean & Cheese Tostada Boat

Breakfast

Super Donut

Lunch

Hamburger

Ranch Beans

2nd Choice: Sweet & Sour Chicken

Breakfast

French Toast Sticks w/ Syrup

Lunch

Chicken Nuggets

Mashed Potatoes & Wheat Roll

2nd Choice: Nachos

Breakfast

Cinnamon Stars

Lunch

Pepperoni Pizza Stick

Cheesy Steamed Broccoli

2nd Choice: Pigs in a Blanket

Breakfast

New Breakfast Pizza Bagel

Lunch

Teriyaki Beef Blaster

Brown Rice & Fortune Cookie

2nd Choice: Bean & Cheese Burrito

Breakfast

Triangle Hash Brown & Sausage Patty

Lunch

Turkey & Gravy

Baby Baked Potatoes & Wheat Roll

2nd Choice: Toasted Cheese Sandwich

Breakfast

Zucchini Bread Slice

Lunch

Folded Beef Taco

Refried Beans

2nd Choice: Chicken Fajita

Breakfast

Assorted Pop Tarts

Lunch

Chili Cheese Fries

Wheat Roll

2nd Choice: Cheese Pizza

Breakfast

Chocolate Chip French Toast

Lunch

Spaghetti

Corn & French Bread Slice

2nd Choice: Hamburger

Breakfast

Breakfast Burrito

Lunch

Taco in a Bag

Refried Beans

2nd Choice: Chicken Tenders

Breakfast

Sausage Patty w/ Biscuit

Lunch

Pigs in a Blanket

Ranch Beans

2nd Choice: Beefaroni

Breakfast

Mini Pancakes w/ Syrup & Scrambled Eggs

Lunch

Pepperoni Pizza

Corn

2nd Choice: Spicy Chicken Sandwich

Breakfast

Glazed Donut Holes

Lunch

Cheeseburger Sliders

Tatar Tots

2nd Choice: Taco Dog



This Institution is an equal opportunity provider.