


April 2021

Bartow County
WHS Pre-K Menu



Monday	Tuesday	Wednesday	Thursday	Friday
 <p>Spring Break: April 5-9</p>			<p>1 <u>Breakfast</u> Cereal with Pop-Tart, Toast, or Muffin</p> <p><u>Lunch</u> French Toast & Omelet Tater Tots Fruit</p>	<p>2 <u>Breakfast</u> Sausage Biscuit</p> <p><u>Lunch</u> PBJ Pack* Cucumber Dippers Fruit</p>
<p>12 <u>Breakfast</u> Mini Waffles</p> <p><u>Lunch</u> Crispy Popcorn Chicken French Fries Fruit</p>	<p>13 <u>Breakfast</u> Cereal with Pop-Tart, Toast, or Muffin</p> <p><u>Lunch</u> Steak Fingers Mashed Potatoes Fruit</p>	<p>14 <u>Breakfast</u> French Toast Sticks</p> <p><u>Lunch</u> Homemade Chicken Quesadilla Black Beans Fruit</p>	<p>15 <u>Breakfast</u> Cereal with Pop-Tart, Toast, or Muffin</p> <p><u>Lunch</u> Pepperoni or Cheese Pizza Green Beans Fruit</p>	<p>16 <u>Breakfast</u> Chicken Biscuit</p> <p><u>Lunch</u> Mac & Cheese Roasted Carrots Fruit</p>

PCHICKSWAIAACYRCGGBUQAZGKCYLXRFHSPYLTWCX
 NWFOCEUXWKRTVNJJBTTRYCHTIGGLJQCQTTAOCNIARN
 ECRNOFGMFOYCWLVLGALPXBXIWTDHHQCHLWOSQZFR
 TQNJMBALLERBMUDNIFASUBTULHRDFADISQPPKCCY
 RAINOORAAGGGGINRMHFSGQVFEZSEIRREBKAGAGIN
 DKBTOIAPT KUPURBEOXAJGZAFWLHHHPAAOVCRRTL N
 SGGELBPHZCLIPOTSUNSHINEOLDVXADGVWRRGAI CU
 UBOGBZSDEESSWTSPINACHXLMBIRD SBFJGOBGWYFB
 TJICMEAFGXJIUCTIZWKIFFVVGXGNZZGGTIOAJLYO
 DIIFDTZVHVSBBVVEGAALKMJCIARBAEFNSIRGCZQNO

Word Bank:

- | | | |
|-----------|----------|----------|
| April | Carrots | Seeds |
| Asparagus | Chick | Spinach |
| Berries | Eggs | Spring |
| Birds | Flower | Sunshine |
| Bloom | Grow | Rain |
| Butterfly | Rainbow | Umbrella |
| Bunny | Raincoat | |

Can you find the **Spring** words?



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<p>19 Breakfast Omelet with Toast</p> <p>Lunch Rotini with Meat Sauce Roasted Carrots Fruit</p>	<p>20 Breakfast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Chicken Pot Pie with Biscuit Sweet Potato Waffle Fries Fruit</p>	<p>21 Breakfast Cheese Toast</p> <p>Lunch Pepperoni or Cheese Pizza Corn Fruit Strawberries</p>	<p>22 Breakfast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch French Toast & Omelet Tater Tots Fruit</p>	<p>23 Breakfast Sausage Biscuit</p> <p>Lunch PBJ Pack* Cucumber Dippers Fruit</p>
<p>26 Breakfast Mini Waffles</p> <p>Lunch Crispy Popcorn Chicken French Fries Fruit</p>	<p>27 Breakfast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Steak Fingers Mashed Potatoes Fruit</p>	<p>28 Breakfast French Toast Sticks</p> <p>Lunch Homemade Chicken Quesadilla Black Beans Fruit</p>	<p>29 Breakfast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Pepperoni or Cheese Pizza Green Beans Fruit</p>	<p>30 Breakfast Chicken Biscuit</p> <p>Lunch Manager's Choice Entrée Roasted Carrots Fruit</p>

NUTRITION NEWS: Earth Day

Celebrated on April 22nd in 200 different counties, Earth Day is an international event that promotes environmental conservation, or taking care of the Earth!

Here are ways you can help take care of the Earth:

- Recycle paper and plastic items
- Put trash where it belong: in a trash can
 - Create your own garden
- Waste less: don't put more on your plate than you will eat
 - Use re-fillable water bottles

Available Daily

Fresh, canned, or 100% fruit juice may be served with breakfast daily.
Unflavored skim milk is served with breakfast and lunch daily.

*Chicken sandwich provided for students with documented peanut allergy

This institution is an equal opportunity provider.
Menus are subject to change.



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