

APRIL 2024


Bartow County High School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Spring Break: April 5-9</i></p>			<p>1 Breakfast Chicken & Waffles Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch French Toast Sticks & Omelet Crispy Chicken Drumstick with Roll Tater Tots Broccoli Dippers or Broccoli & Tomato Salad</p>	<p>2 Breakfast Sausage Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch BBQ Nachos Hotdog Baked Beans Coleslaw</p>
<p>12 Breakfast Sausage Bites with Gravy or Sausage Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Beef & Cheese Tots with Spanish Rice Chicken Tenders or Nuggets with Spanish Rice French Fries Cherry Tomatoes</p>	<p>13 Breakfast Blueberry Scone Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Tex-Mex Burrito Buffalo Chicken Nachos Mashed Potatoes Side Salad</p>	<p>14 Breakfast French Toast & Omelet Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Homemade Chicken Quesadilla BBQ Sandwich Refried or Black Beans Cucumber Dippers or Cucumber Salad Salsa</p>	<p>15 Breakfast Cinnamon Roll Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Teriyaki Chicken with Fried Rice Arkansas or Spicy Green Beans Broccoli Dippers or Broccoli & Tomato Salad</p>	<p>16 Breakfast Chicken Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Mac & Cheese with Breadstick Corndog Blackeyed Peas, Black Beans, or Baked Beans Roasted Carrots</p>

NUTRITION NEWS: Earth Day

Celebrated on April 22nd in 200 different countries, Earth Day is an international event that promotes environmental conservation, or taking care of the Earth! These are a few ways you can help take care of the Earth:

- Recycle paper and plastic items
- Put trash where it belongs: in a trash can
- Create your own garden
- Waste less: don't put more on your plate than you will eat
- Use re-fillable water bottles

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<p>19 Breakfast Omelet with Sausage Link & Toast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Rotini with Meat Sauce & Roll Boneless Chicken Wings with Roll Roasted Carrots Chickpea Salad</p>	<p>20 Breakfast Mini Donuts Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Chicken Pot Pie with Biscuit Cheeseburger Sweet Potato Waffle Fries Veggie Dippers</p>	<p>21 Breakfast Biscuit & Gravy with Sausage Link Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Burrito Bowl Corn con Queso Side Salad Salsa Strawberries </p>	<p>22 Breakfast Chicken & Waffles Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch French Toast Sticks & Omelet Crispy Chicken Drumstick with Roll Tater Tots Broccoli Dippers or Broccoli & Tomato Salad</p>	<p>23 Breakfast Sausage Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch BBQ Nachos Hotdog Baked Beans Coleslaw</p>
<p>26 Breakfast Sausage Bites with Gravy or Sausage Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Beef & Cheese Tots with Spanish Rice Chicken Tenders or Nuggets with Spanish Rice French Fries Cherry Tomatoes</p>	<p>27 Breakfast Blueberry Scone Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Tex-Mex Burrito Buffalo Chicken Nachos Mashed Potatoes Side Salad</p>	<p>28 Breakfast French Toast & Omelet Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Homemade Chicken Quesadilla BBQ Sandwich Refried or Black Beans Cucumber Dippers or Cucumber Salad Salsa</p>	<p>29 Breakfast Cinnamon Roll Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Teriyaki Chicken with Fried Rice Arkansas or Spicy Green Beans Broccoli Dippers or Broccoli & Tomato Salad</p>	<p>30 Breakfast Chicken Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Manager's Choice Entrée Blackeyed Peas, Black Beans, or Baked Beans Roasted Carrots</p>

Available Daily

- All meals include a choice of flavored or unflavored milk and assorted fruit choices.
- House-made pizza and made-to-order deli sandwiches are available daily.
- Strawberry yogurt with Grahams may be available as an additional breakfast option.
- Pizza Sticks and PB&J Pack may be available as an additional lunch entrée.

This institution is an equal opportunity provider.
Menus are subject to change.



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