

APRIL 2024


Bartow County Middle School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><i>Spring Break: April 5-9</i></p>			<p>1 Breakfast Mini Pancakes Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch French Toast Sticks & Omelet Crispy Chicken Drumstick with Roll Tater Tots Broccoli Dippers or Broccoli & Tomato Salad</p>	<p>2 Breakfast Chicken Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Beef & Cheese Nachos Corndog Black Beans or Refried Beans Roasted Carrots</p>
<p>12 Breakfast Cinnamon Roll Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Beef & Cheese Tots with Spanish Rice Chicken Tenders or Nuggets with Spanish Rice Refried Beans or Blackeyed Peas Baby Carrots</p>	<p>13 Breakfast Omelet with Sausage Link & Toast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Steak Fingers with Biscuit Popcorn Chicken with Biscuit Mashed Potatoes Side Salad</p>	<p>14 Breakfast Blueberry Scone Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Homemade Chicken Quesadilla BBQ Sandwich French Fries, Salsa Broccoli Dippers or Broccoli & Tomato Salad</p>	<p>15 Breakfast Chicken & Waffles Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Teriyaki Chicken with Fried Rice Ravioli or Lasagna with Breadstick Green Beans Cucumber Dippers</p>	<p>16 Breakfast Sausage Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Mac & Cheese with Breadstick Hotdog Baked Beans Mixed Veggies</p>

NUTRITION NEWS: Earth Day

Celebrated on April 22nd in 200 different countries, Earth Day is an international event that promotes environmental conservation, or taking care of the Earth! These are a few ways you can help take care of the Earth:

- Recycle paper and plastic items
- Put trash where it belongs: in a trash can
- Create your own garden
- Waste less: don't put more on your plate than you will eat
- Use re-fillable water bottles

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<p>19 Breakfast Sausage Bites with Gravy or Sausage Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Rotini with Meat Sauce & Roll Boneless Chicken Wings with Roll Green Beans Chickpea Salad</p>	<p>20 Breakfast Mini Donuts Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Chicken Pot Pie with Biscuit Cheeseburger Sweet Potato Waffle Fries Veggie Dippers</p>	<p>21 Breakfast Cheese Toast with Sausage Link Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Burrito Bowl Crispy Chicken Sandwich Corn con Queso Side Salad Salsa Strawberries </p>	<p>22 Breakfast Mini Pancakes Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch French Toast Sticks & Omelet Crispy Chicken Drumstick with Roll Tater Tots Broccoli Dippers or Broccoli & Tomato Salad</p>	<p>23 Breakfast Chicken Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Beef & Cheese Nachos Corndog Black Beans or Refried Beans Roasted Carrots</p>
<p>26 Breakfast Cinnamon Roll Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Beef & Cheese Tots with Spanish Rice Chicken Tenders or Nuggets with Spanish Rice Refried Beans or Blackeyed Peas Baby Carrots</p>	<p>27 Breakfast Omelet with Sausage Link & Toast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Steak Fingers with Biscuit Popcorn Chicken with Biscuit Mashed Potatoes Side Salad</p>	<p>28 Breakfast Blueberry Scone Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Homemade Chicken Quesadilla BBQ Sandwich French Fries, Salsa Broccoli Dippers or Broccoli & Tomato Salad</p>	<p>29 Breakfast Chicken & Waffles Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Teriyaki Chicken with Fried Rice Ravioli or Lasagna with Breadstick Green Beans Cucumber Dippers</p>	<p>30 Breakfast Sausage Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Manager's Choice Entrée Baked Beans Mixed Veggies</p>

Available Daily

- All meals include a choice of flavored or unflavored milk and assorted fruit choices.
- Oatmeal or Strawberry Yogurt with Keebler Elf Grahams or muffins may be available as an additional breakfast option daily.
- Pepperoni, Cheese, Buffalo, and/or Meat Lover's Pizza and/or Pizza Sticks may be available daily.

This institution is an equal opportunity provider.
Menus are subject to change.



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