

March 2021

Bartow County
Pre-K Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Breakfast Mini Pancakes</p> <p>Lunch French Toast Sticks & Omelet Tater Tots Fruit</p>	<p>2 Breakfast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Green Eggs & Ham Frittata Or Roast Beast Who Hash Truffula Fruits Truffula Trees One Fish, Two Fish</p>	<p>3 Breakfast Omelet with Toast</p> <p>Lunch Chicken Pot Pie with Biscuit Sweet Potato Waffle Fries Fruit</p>	<p>4 Breakfast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Pepperoni or Cheese Pizza Corn Fruit</p>	<p>5 Breakfast Chicken Biscuit</p> <p>Lunch PBJ Pack* Cucumber Dippers Fruit</p>
<p>8 Breakfast Cheese Toast with Omelet</p> <p>Lunch Steak Fingers Mashed Potatoes Fruit</p>	<p>9 Breakfast Cinnamon Roll</p> <p>Lunch Crispy Popcorn Chicken Veggie Dippers Fruit</p>	<p>10 Breakfast Mrs. Glenda's Breakfast (Scrambled Eggs, Toast, Bacon)</p> <p>Lunch Ravioli or Lasagna with Breadstick Black Beans Fruit</p>	<p>11 Breakfast Signature Glazed Donuts</p> <p>Lunch Teriyaki Chicken with Fried Rice Roasted Carrots Fruit</p>	<p>12 Breakfast Sausage Biscuit & Gravy</p> <p>Lunch Mac & Cheese Green Beans Fruit</p>
<p>15 Breakfast Mini Pancakes</p> <p>Lunch French Toast Sticks & Omelet Tater Tots Fruit</p>	<p>16 Breakfast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Homemade Chicken Quesadilla Side Salad Fruit</p>	<p>17 Breakfast Omelet with Toast</p> <p>Lunch – Early Release Grilled Cheese Sandwich, Chicken Sandwich, PBJ Pack Carrots, Celery, or Broccoli Fruit</p>	<p>18 Breakfast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Pepperoni or Cheese Pizza Corn Fruit</p>	<p>19 Breakfast Chicken Biscuit</p> <p>Lunch PBJ Pack* Cucumber Dippers Fruit</p>

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Monday	Tuesday	Wednesday	Thursday	Friday
22 Breakfast Mini Waffles Lunch Steak Fingers Mashed Potatoes Fruit	23 Breakfast Cereal with Pop-Tart, Toast, or Muffin Lunch Crispy Popcorn Chicken Veggie Dippers Fruit	24 Breakfast Cheesy Toast Lunch Ravioli or Lasagna with Breadstick Black Beans Fruit	25 Breakfast Cereal with Pop-Tart, Toast, or Muffin Lunch Teriyaki Chicken with Fried Rice Roasted Carrots Fruit	26 Breakfast Sausage Biscuit Lunch Mac & Cheese Green Beans Fruit
29 Breakfast Mini Pancakes Lunch French Toast Sticks & Omelet Tater Tots Fruit	30 Breakfast Cereal with Pop-Tart, Toast, or Muffin Lunch Homemade Chicken Quesadilla Side Salad Fruit	31 Breakfast Omelet with Toast Lunch Manager's Choice Entrée Sweet Potato Waffle Fries Fruit	Apr 1 Breakfast Cereal with Pop-Tart, Toast, or Muffin Lunch Pepperoni or Cheese Pizza Corn Fruit	Apr 2 Breakfast Chicken Biscuit Lunch PBJ Pack* Cucumber Dippers Fruit

NUTRITION NEWS: Root Veggies

Root vegetables, like radishes, beets, and carrots, come in many shapes, sizes, and colors.

These vegetables are great sources of fiber which helps your digestive system.

Radishes and beets are harvested in the spring.

Carrots are harvested in Georgia from December through June.

Available Daily

Fresh, canned, or 100% fruit juice may be served with breakfast daily.

Unflavored skim milk is served with breakfast and lunch daily.

*Chicken sandwich provided for students with documented peanut allergy.

This institution is an equal opportunity provider.

Menus are subject to change.



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