

# March 2021

## Bartow County Elementary School Menu



Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>1 Breakfast</b> Mini Pancakes Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> French Toast Sticks &amp; Omelet Crispy Chicken Drumstick with Roll Tater Tots Mixed Veggies</p>	<p><b>2 Breakfast</b> Mini Donuts Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Green Eggs &amp; Ham Frittata Or Roast Beast Who Hash Truffula Fruits Truffula Trees One Fish, Two Fish</p>	<p><b>3 Breakfast</b> Omelet, Sausage Link, &amp; Toast Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Chicken Pot Pie with Biscuit Cheeseburger Sweet Potato Waffle Fries Green Beans</p>	<p><b>4 Breakfast</b> Mini Cinnis Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Burrito Bowl BBQ Sandwich Corn con Queso Broccoli Dippers</p>	<p><b>5 Breakfast</b> Chicken Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Beef &amp; Cheese Nachos Corndog Black Beans or Blackeyed Peas Cucumber Dippers</p>
<p><b>8 Breakfast</b> Cheese Toast with Omelet Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Steak Fingers with Biscuit Crispy Chicken Sandwich Mashed Potatoes Baby Carrots</p>	<p><b>9 Breakfast</b> Cinnamon Roll Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> BBQ Nachos Popcorn Chicken with Roll Baked Beans Veggie Dippers</p>	<p><b>10 Breakfast</b> Mrs. Glenda's Breakfast (Scrambled Eggs, Toast, Bacon) Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Beef &amp; Cheese Tots with Spanish Rice Pizzaboli, Ravioli, or Lasagna Refried or Black Beans Side Salad</p>	<p><b>11 Breakfast</b> Signature Glazed Donuts Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Teriyaki Chicken with Fried Rice Pepperoni or Cheese Pizza Roasted Carrots Broccoli Dippers</p>	<p><b>12 Breakfast</b> Sausage Biscuit &amp; Gravy Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Mac &amp; Cheese with Breadstick Hotdog French Fries Green Beans</p>
<p><b>15 Breakfast</b> Mini Pancakes Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> French Toast Sticks &amp; Omelet Crispy Chicken Drumstick with Roll Tater Tots Mixed Veggies</p>	<p><b>16 Breakfast</b> Mini Donuts Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Homemade Chicken Quesadilla Pepperoni or Cheese Pizza Refried or Black Beans Side Salad Salsa</p>	<p><b>17 Breakfast</b> Omelet, Sausage Link, &amp; Toast Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch - Early Release</b> Grilled Cheese Sandwich, PBJ Pack, Chicken Sandwich, Hotdog Carrots, Celery, or Broccoli</p>	<p><b>18 Breakfast</b> Mini Cinnis Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Burrito Bowl BBQ Sandwich Corn con Queso Broccoli Dippers</p>	<p><b>19 Breakfast</b> Chicken Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Beef &amp; Cheese Nachos Corndog Black Beans or Blackeyed Peas Cucumber Dippers</p>

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<p>22 <b>Breakfast</b> Mini Waffles Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Steak Fingers with Biscuit Crispy Chicken Sandwich Mashed Potatoes Baby Carrots</p>	<p>23 <b>Breakfast</b> Blueberry Scone Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> BBQ Nachos Popcorn Chicken with Roll Baked Beans Veggie Dippers</p>	<p>24 <b>Breakfast</b> Cheese Toast with Sausage Link Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Beef &amp; Cheese Tots with Spanish Rice Pizzaboli, Ravioli, or Lasagna Refried or Black Beans Side Salad with <b>Radishes</b> <b>Roasted Beets</b> (select schools)</p>	<p>25 <b>Breakfast</b> French Toast Sticks Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Teriyaki Chicken with Fried Rice Pepperoni or Cheese Pizza Roasted Carrots Broccoli Dippers</p>	<p>26 <b>Breakfast</b> Sausage Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Mac &amp; Cheese with Breadstick Hotdog French Fries Green Beans</p>
<p>29 <b>Breakfast</b> Mini Pancakes Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> French Toast Sticks &amp; Omelet Crispy Chicken Drumstick with Roll Tater Tots Mixed Veggies</p>	<p>30 <b>Breakfast</b> Mini Donuts Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Homemade Chicken Quesadilla Pepperoni or Cheese Pizza Refried or Black Beans Side Salad Salsa</p>	<p>31 <b>Breakfast</b> Omelet, Sausage Link, &amp; Toast Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Manager's Choice Entrée Sweet Potato Waffle Fries Green Beans</p>	<p>Apr 1 <b>Breakfast</b> Mini Cinnis Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Burrito Bowl BBQ Sandwich Corn con Queso Broccoli Dippers</p>	<p>Apr 2 <b>Breakfast</b> Chicken Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Beef &amp; Cheese Nachos Corn dog Black Beans or Blackeyed Peas Cucumber Dippers</p>

### NUTRITION NEWS: Root Veggies

Root vegetables, like radishes, beets, and carrots, come in many shapes, sizes, and colors.

These vegetables are great sources of fiber which helps your digestive system.

Radishes and beets are harvested in the spring.

Carrots are harvested in Georgia from December through June.

### Available Daily

All meals include a choice of flavored or unflavored milk and assorted fruit choices.

Oatmeal or Strawberry Yogurt with Keebler Elf Grahams or muffins may be available as an additional breakfast option daily.

This institution is an equal opportunity provider.

Menus are subject to change.



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