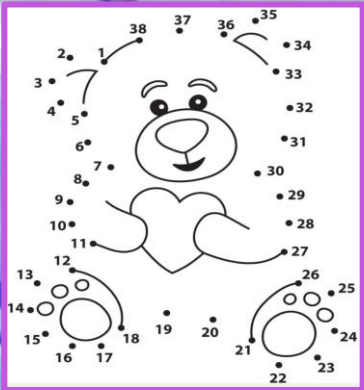


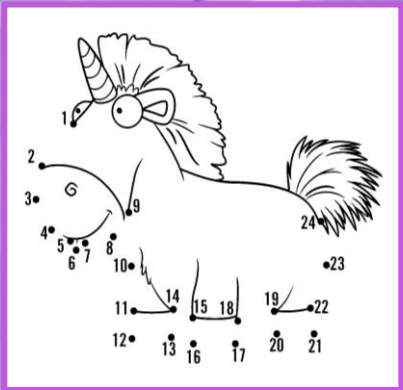
February 2021

Bartow County
Pre-K Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 Breakfast Mini Pancakes</p> <p>Lunch Crispy Chicken Drumstick with Roll Sweet Potato Waffle Fries Fruit</p>	<p>2 Breakfast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Mac & Cheese with Breadstick Green Beans Fruit</p>	<p>3 Breakfast Cheese Omelet</p> <p>Lunch PBJ Pack* Tater Tots Fruit</p>	<p>4 Breakfast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Pepperoni or Cheese Pizza Corn con Queso Fruit</p>	<p>5 Breakfast Chicken Biscuit</p> <p>Lunch Grilled Cheese Sandwich Veggie Dippers Fruit</p>
<p>8 Breakfast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Homemade Cheese Quesadilla French Fries Fruit</p>	<p>9 Breakfast Mini Waffles</p> <p>Lunch Popcorn Chicken Bowl with Biscuit Mashed Potatoes Fruit</p>	<p>10 Breakfast Cereal with Pop-Tart, Toast, or Muffin</p> <p>Lunch Chicken Nuggets with Roll Baked Beans Fruit</p>	<p>11 Breakfast French Toast Sticks</p> <p>Lunch Pepperoni or Cheese Pizza Broccoli Dippers Fruit</p>	<p>12 Breakfast Sausage Biscuit</p> <p>Lunch Crispy Chicken Sandwich Carrots Fruit</p>




CONNECT
THE
DOTS



February 2021

Bartow County Pre-K Menu

Monday	Tuesday	Wednesday	Thursday	Friday
15-17  <p>Enjoy Winter Break!</p>			18 Breakfast Cereal with Pop-Tart, Toast, or Muffin Lunch Pepperoni or Cheese Pizza Corn con Queso Fruit	19 Breakfast Chicken Biscuit Lunch Grilled Cheese Sandwich Veggie Dippers Fruit
22 Breakfast Cereal with Pop-Tart, Toast, or Muffin Lunch Homemade Cheese Quesadilla French Fries Fruit	23 Breakfast Mini Waffles Lunch Popcorn Chicken Bowl with Biscuit Mashed Potatoes Fruit	24 Breakfast Cereal with Pop-Tart, Toast, or Muffin Lunch Chicken Nuggets with Roll Baked Beans Fruit	25 Breakfast French Toast Sticks Lunch Pepperoni or Cheese Pizza Broccoli Dippers Fruit	26 Breakfast Sausage Biscuit Lunch Manager's Choice Entrée Carrots Fruit

NUTRITION NEWS: Broccoli



Broccoli is in the same family as cabbage and cauliflower.
 Broccoli is full of fiber, which helps your digestive system.
 It is also a great source of Vitamin C, which helps fight colds.

Available Daily

Fresh, canned, or 100% fruit juice may be served with breakfast daily.
 Unflavored skim milk is served with breakfast and lunch daily.
 This institution is an equal opportunity provider.
 Menus are subject to change.



@bartowcountyschoolnutrition