

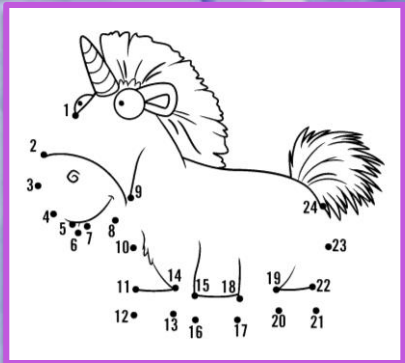
# February 2021

## Bartow County Elementary School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>1 <b>Breakfast</b> Mini Pancakes Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Crispy Chicken Drumstick with Roll Rotini Pasta with Meat Sauce and Roll Sweet Potato Waffle Fries Broccoli Dippers</p>	<p>2 <b>Breakfast</b> Mini Donuts Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Mac &amp; Cheese with Breadstick Chicken Tenders Green Beans Cucumber Dippers</p>	<p>3 <b>Breakfast</b> Omelet, Sausage Link, &amp; Toast Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Chili with Fritos or Fiesta Chicken Soup with Tortilla Chips Corn dog Tater Tots, Side Salad</p>	<p>4 <b>Breakfast</b> Mini Cinnis Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Beef &amp; Cheese Nachos Pepperoni or Cheese Pizza Refried or Black Beans Salsa Corn con Queso</p>	<p>5 <b>Breakfast</b> Chicken Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Grilled Cheese Sandwich Asian Chicken Bowl Veggie Dippers Carrots</p>
<p>8 <b>Breakfast</b> Mini Waffles Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Cheeseburger Homemade Cheese Quesadilla French Fries Salsa</p>	<p>9 <b>Breakfast</b> Blueberry Scone Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Steak Fingers with Biscuit Popcorn Chicken Bowl with Biscuit Mashed Potatoes Side Salad</p>	<p>10 <b>Breakfast</b> Waffle with Sausage Link Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> BBQ Sandwich Chicken Nuggets with Roll Baked Beans Coleslaw</p>	<p>11 <b>Breakfast</b> French Toast Sticks Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Chicken &amp; Rice Casserole with Roll Pepperoni or Cheese Pizza <b>Broccoli Dippers</b> Green Beans</p>	<p>12 <b>Breakfast</b> Sausage Biscuit Cereal with Pop-Tart, Toast, or Muffin</p> <p><b>Lunch</b> Hotdog Crispy Chicken Sandwich Black Beans or Blackeyed Peas Carrots</p>




# CONNECT THE DOTS



# February 2021

## Bartow County Elementary School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
15-17  <p style="text-align: center;"><b>Enjoy Winter Break!</b></p>			18 <b>Breakfast</b> Mini Cinnis Cereal with Pop-Tart, Toast, or Muffin  <b>Lunch</b> Beef & Cheese Nachos Pepperoni or Cheese Pizza Refried or Black Beans Salsa Corn con Queso	19 <b>Breakfast</b> Chicken Biscuit Cereal with Pop-Tart, Toast, or Muffin  <b>Lunch</b> Grilled Cheese Sandwich Asian Chicken Bowl Veggie Dippers Carrots
22 <b>Breakfast</b> Mini Waffles Cereal with Pop-Tart, Toast, or Muffin  <b>Lunch</b> Cheeseburger Homemade Cheese Quesadilla French Fries Salsa	23 <b>Breakfast</b> Blueberry Scone Cereal with Pop-Tart, Toast, or Muffin  <b>Lunch</b> Steak Fingers with Biscuit Popcorn Chicken Bowl with Biscuit Mashed Potatoes Side Salad	24 <b>Breakfast</b> Waffle with Sausage Link Cereal with Pop-Tart, Toast, or Muffin  <b>Lunch</b> BBQ Sandwich Chicken Nuggets with Roll Baked Beans Coleslaw	25 <b>Breakfast</b> French Toast Sticks Cereal with Pop-Tart, Toast, or Muffin  <b>Lunch</b> Chicken & Rice Casserole with Roll Pepperoni or Cheese Pizza Broccoli Dippers Green Beans	26 <b>Breakfast</b> Sausage Biscuit Cereal with Pop-Tart, Toast, or Muffin  <b>Lunch</b> Manager's Choice Entrée Black Beans or Blackeyed Peas Carrots

### NUTRITION NEWS: Broccoli



Broccoli is in the same family as cabbage and cauliflower.

Broccoli is full of fiber, which helps your digestive system.

It is also a great source of Vitamin C, which helps fight colds.

### Available Daily

All meals include a choice of flavored or unflavored milk and assorted fruit choices.

Oatmeal or Strawberry Yogurt with Keebler Elf Grahams or muffins may be available as an additional breakfast option daily.

This institution is an equal opportunity provider.

Menus are subject to change.



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