

# NEW CASTLE COUNTY VOCATIONAL TECHNICAL SCHOOL DISTRICT

FEBRUARY

## SCHOOL LUNCH

2020



Lunches also include fruit of the day, 100% juice, and choice of fat free, 1%, fat free chocolate or strawberry milk. All grain items are whole grain rich.

### We've Got Your Choices!

**CHECK OUT OUR GREAT SELECTION OF SALADS, SANDWICHES, HOAGIES, PROTEIN PACKS, & PARFAITS MADE FRESH FOR YOU. BABY CARROTS AVAILABLE TO CHOOSE ON TUESDAYS & THURSDAYS. MENU SUBJECT TO CHANGE WITHOUT NOTICE.**



New Castle County Vo Tech School District

## Nutrition Services

*Serving Up Excellence Every Day*

## Meal Prices

Breakfast	Lunch
Student No Charge	Student \$1.75
A la carte \$1.50	Reduced No Charge
2nd \$1.00	A la carte \$2.25
Adult \$2.50	2nd \$1.75
	Adult \$3.75



Parents can prepay online for school meals

Monday	Tuesday	Wednesday	Thursday	Friday
<b>3</b> No School Professional Learning Day	<b>4</b> Meatball Sandwich with Cheese or Chicken Nuggets with Dinner Roll served with: seasoned diced potatoes biscayne blend vegetables chicken noodle soup	<b>5</b> Chicken Poppers or Cheese Bites served with: biscuit peas & carrots broccoli	<b>6</b> Specialty Pizza Buffalo Chicken, Bacon & Sausage, Pepperoni, or Cheese served with: baby carrots with ranch  garden salad with italian  broccoli & cheese soup	<b>7</b> Bacon Cheeseburger or Waffle Breaded Chicken Bites served with: oven fries baked beans
<b>10</b> Breaded Chicken Sandwich or Shredded BBQ Pork Sandwich served with: garlic spinach honey glazed carrots	<b>11</b> Meat Lover's Stromboli or Chicken Parm Sandwich served with: hash brown mixed vegetables chicken & rice soup	<b>12</b> Beef Nachos or Chicken Quesadilla served with: fiesta rice corn cheesy refried beans	<b>13</b> Pat's Pizza served with: caesar salad  au gratin potatoes vegetable soup	<b>14</b> Chicken Tenders with Dinner Roll or Spicy Chicken Sandwich served with: mashed potatoes with gravy malibu blend heart cookie
<b>17</b> No School 	<b>18</b> General Tso's Chicken with Brown Rice or Slice Pepperoni Pizza served with ginger glazed carrots broccoli	<b>19</b> Choice of: Meat Sauce or Chicken Alfredo  over Rotini served with: garlic knot garden salad with italian  green beans	<b>20</b> Cheese Quesadilla or Chicken Doritos Walking Taco  served with: fiesta rice pinto beans corn	<b>21</b> Chicken Poppers or Shrimp Poppers served with: cheddar mac & cheese  lima beans california blend vegetables
<b>24</b> MEATLESS MONDAY Lasagna Roll-Up or Baked Penne served with cheesy breadstick cinnamon sweet potatoes peas	<b>25</b> Chicken Cheesesteak or Texas Toasted Grilled Cheese served with: seasoned fries broccoli tomato basil bisque	<b>26</b> Boneless Wings or Mozzarella Sticks served with: garlic bread au gratin potatoes malibu blend vegetables	<b>27</b> Pat's Pizza served with: garden salad with ranch  roasted chickpeas apple cobbler	<b>28</b> Fish Fillet with Cheese or Chicken Nuggets with Dinner Roll served with: biscayne blend vegetables hash brown



Local



Fresh



Homemade



New

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