

BREA OLINDA UNIFIED SCHOOL DISTRICT  
FOOD SERVICE DEPARTMENT

OLINDA LUNCH MENU



**OFFER VS  
SERVE**  
menu subject  
to change



**SEPTEMBER 2019**

Cycle Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	<b>HAPPY LABOR DAY!</b>	Chicken Tenders Whole Grain Crackers Salad / Dressing Carrots / Dip Sliced Apples / Peaches	Mini Waffles w/ Syrup Sausage Link* Sunflower Seeds Salad / Dressing Zucchini Bag of Grapes	Tostada Thursday w/ Shredded Beef /Cheese /Salsa Shredded Lettuce Red Bell Peppers / Dip Strawberries / Applesauce	<b>PAPA JOHN'S PIZZA</b> Pepperoni* OR Cheese Salad / Dressing Jicama & Grape Tomatoes Beans Applesauce
2nd Choice		Muffin / Yogurt / SF Seeds	Asian Chicken Salad w/ Wonton Strips & Crackers	Asian Chicken Salad w/ Wonton Strips & Crackers	no second choice
2	Mini Corn Dogs** Salad / Dressing Beans & Beans Grapes Applesauce	<b>Apple Shaped Cookie</b> Chicken Nuggets WG Teddy Grahams Salad / Dressing / Carrots Apple Slices / Peaches	BBQ Beef Sandwich on a Whole Grain Bun Curly Fries Salad / Dressing / Zucchini Applesauce / Grapes	Nachos w/ Shredded Beef and Cheese Guacamole & Salsa Salad /Dressing /Red Peppers Plum	Rotini w/ Meat Sauce Garlic Breadstick Salad / Dressing Grape Tomatoes Applesauce
2nd Choice	Muffin / Yogurt / SF Seeds	Southwest Chicken Salad w/ Tortilla Chips & Crackers	Southwest Chicken Salad w/ Tortilla Chips & Crackers	Southwest Chicken Salad w/ Tortilla Chips & Crackers	Muffin / Yogurt / SF Seeds
3	<b>PAPA JOHN'S PIZZA</b> Pepperoni* OR Cheese Salad / Dressing Beans Grapes / Applesauce	Chicken Tenders Sports Graham Crackers Salad / Dressing Carrots Diced Pears / Sliced Apples	<b>RICE KRISPIES TREAT DAY!</b> French Toast Sticks w/Syrup Sausage Link* / SF Seeds Salad / Dressing / Tomatoes Grapes / Applesauce	<b>FORTUNE COOKIE</b> Mandarin Orange Chicken Whole Grain Rice Salad / Dressing / Corn Strawberries	Cheeseburger on a Whole Grain Bun Shredded Lettuce Sliced Tomatoes Baked Chips Plum / Applesauce
2nd Choice	no second choice	"Bento Box" = Turkey Stick / Cheese Cubes / Crackers	"Bento Box" = Turkey Stick / Cheese Cubes / Crackers	"Bento Box" = Turkey Stick / Cheese Cubes / Crackers	Muffin / Yogurt / SF Seeds
4	Chicken Taquitos w/ Guacamole / Salsa Salad / Dressing Beans Grapes / Applesauce	<b>PAPA JOHN'S PIZZA</b> Pepperoni* OR Cheese Salad / Dressing Grape Tomatoes Sliced Apples / Diced Peaches	Chicken Patty on a WG Bun Shredded Lettuce Sliced Tomatoes Zucchini Potato Wedges Grapes / Applesauce	<b>NATIONAL PANCAKE DAY</b> Pancakes w/ Syrup Sausage Link* Sunflower Seeds Red Bell Peppers / Dip Plum	<b>CELEBRATION COOKIE</b> Cheese Pizza Rippers Salad / Dressing Cucumbers Grape Tomatoes Applesauce
2nd Choice	Muffin / Yogurt / SF Seeds	no second choice	Chicken Caesar Salad w/ Croutons & Crackers	Chicken Caesar Salad w/ Croutons & Crackers	Muffin / Yogurt / SF Seeds
1	Pepperoni* & Cheese Stuffed Pizza Sticks Salad / Dressing Beans Grapes / Applesauce			<b>free / reduced meal applications expired</b>  <b>you must re-apply every school year!</b>	<b>lunch prices:</b>  \$2.75 \$.40 - reduced *  <b>adult meals: \$3.35</b>
2nd Choice	Muffin / Yogurt / SF Seeds				

DENOTES PORK \* / TURKEY/CHICKEN \*\*

**MILK AVAILABLE DAILY**  
**1% or NF CHOCOLATE**  
**STRAWBERRY SPLASH ON THURSDAYS!**

**DAILY 2ND CHOICE:**  
WOWButter Sandwich



Apply for **Free/ Reduced Meals\*** or Pay Online for Meals at:

family.titank12.com

You **MUST** apply every year for a free/reduced priced meal\*\*\*  
**Submit by September 30, 2019**