

BREA OLINDA UNIFIED SCHOOL DISTRICT
FOOD SERVICE DEPARTMENT



**OFFER VS
SERVE**
menu subject
to change

COUNTRY HILLS LUNCH MENU



SEPTEMBER 2019

Cycle Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 HAPPY LABOR DAY!	3 Cereal Muffin Cheese Stick Sunflower Seeds Carrot & Celery Sticks / Dip Fruit	4 Mini Waffles w/ Syrup Sausage Link* Sunflower Seeds Salad / Dressing Zucchini Bag of Grapes	5 Tostada Thursday w/ Shredded Beef /Cheese /Salsa Shredded Lettuce Red Bell Peppers / Dip Strawberries / Applesauce	6 SNICKERDOODLE COOKIE Cheese Pizza Rippers Salad / Dressing Jicama & Grape Tomatoes Beans Applesauce
2nd Choice		no second choice	Asian Chicken Salad w/ Wonton Strips & Crackers	Asian Chicken Salad w/ Wonton Strips & Crackers	Muffin / Yogurt / SF Seeds
2	9 Mini Corn Dogs** Salad / Dressing Beans & Cucumbers Grapes Applesauce	10 PAPA JOHN'S PIZZA Pepperoni* OR Cheese Salad / Dressing Carrot Sticks / Dip Apple Slices / Peaches	11 BBQ Beef Sandwich on a Whole Grain Bun Curly Fries Salad / Dressing / Zucchini Applesauce / Grapes	12 Nachos w/ Shredded Beef and Cheese Guacamole & Salsa Salad /Dressing /Red Peppers Plum	13 Rotini w/ Meat Sauce Garlic Breadstick Salad / Dressing Grape Tomatoes Applesauce
2nd Choice	Muffin / Yogurt / SF Seeds	no second choice	Southwest Chicken Salad w/ Tortilla Chips & Crackers	Southwest Chicken Salad w/ Tortilla Chips & Crackers	Muffin / Yogurt / SF Seeds
3	16 Pepperoni* & Cheese Stuffed Pizza Sticks Salad / Dressing Beans Grapes / Applesauce	17 Chicken Tenders Sports Graham Crackers Salad / Dressing Carrots Diced Pears / Sliced Apples	18 RICE KRISPIES TREAT DAY! PAPA JOHN'S PIZZA Pepperoni* OR Cheese Salad / Dressing / Tomatoes Grapes / Applesauce	19 FORTUNE COOKIE Mandarin Orange Chicken Whole Grain Rice Salad / Dressing / Corn Strawberries	20 Cheeseburger on a Whole Grain Bun Shredded Lettuce Sliced Tomatoes Baked Chips Plum / Applesauce
2nd Choice	Muffin / Yogurt / SF Seeds	"Bento Box" = Turkey Stick / Cheese Cubes / Crackers	no second choice	"Bento Box" = Turkey Stick / Cheese Cubes / Crackers	Muffin / Yogurt / SF Seeds
4	23 Chicken Taquitos w/ Guacamole / Salsa Salad / Dressing Beans Grapes / Applesauce	24 Popcorn Chicken Whole Grain Roll Salad / Dressing Grape Tomatoes Sliced Apples / Diced Peaches	25 Chicken Patty on a WG Bun Shredded Lettuce Sliced Tomatoes Zucchini Potato Wedges Grapes / Applesauce	26 PAPA JOHN'S PIZZA Pepperoni* OR Cheese Salad / Dressing Red Bell Peppers / Dip Plum	27 CELEBRATION COOKIE Cheese Pizza Rippers Salad / Dressing Cucumbers Grape Tomatoes Applesauce
2nd Choice	Muffin / Yogurt / SF Seeds	Chicken Caesar Salad w/ Croutons & Crackers	Chicken Caesar Salad w/ Croutons & Crackers	no second choice	Muffin / Yogurt / SF Seeds
1	30 Pepperoni* & Cheese Stuffed Pizza Sticks Salad / Dressing Beans Grapes / Applesauce			free / reduced meal applications expired you must re-apply every school year!	lunch prices: \$2.75 \$.40 - reduced * adult meals: \$3.35
2nd Choice	Muffin / Yogurt / SF Seeds				

DENOTES PORK * / TURKEY/CHICKEN **

MILK AVAILABLE DAILY
1% or NF CHOCOLATE
STRAWBERRY SPLASH ON THURSDAYS!

DAILY 2ND CHOICE:
WOWButter Sandwich



Apply for **Free/ Reduced Meals*** or Pay
Online for Meals at:

family.titank12.com

You **MUST** apply every year for a
free/reduced priced meal***

Submit by September 30, 2019