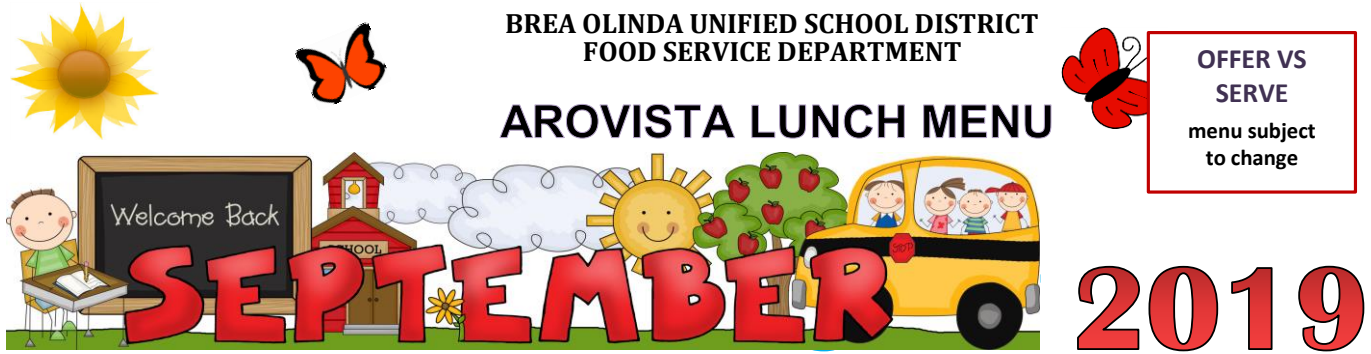


BREA OLINDA UNIFIED SCHOOL DISTRICT  
FOOD SERVICE DEPARTMENT

AROVISTA LUNCH MENU

**OFFER VS  
SERVE**  
menu subject  
to change



| Cycle Week | MONDAY   | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY  |
|------------|--|---|--|--|---|
| 1          | <b>HAPPY LABOR DAY!</b>  | Chicken Tenders<br>Whole Grain Crackers<br>Salad / Dressing<br>Carrots / Dip<br>Sliced Apples / Peaches                   | Mini Waffles w/ Syrup<br>Sausage Link*<br>Sunflower Seeds<br>Salad / Dressing<br>Zucchini<br>Bag of Grapes   | Tostada Thursday w/<br>Shredded Beef /Cheese /Salsa<br>Shredded Lettuce<br>Red Bell Peppers / Dip<br>Strawberries / Applesauce | <b>SNICKERDOODLE COOKIE</b><br>Cheese Pizza Rippers<br>Salad / Dressing<br>Jicama & Grape Tomatoes<br>Beans<br>Applesauce |
| 2nd Choice |  | Muffin / Yogurt / SF Seeds  | Asian Chicken Salad w/ Wonton Strips & Crackers  | Asian Chicken Salad w/ Wonton Strips & Crackers  | Muffin / Yogurt / SF Seeds  |
| 2          | <b>PAPA JOHN'S PIZZA</b><br>Pepperoni* OR Cheese<br>Salad / Dressing<br>Beans & Cucumbers<br>Grapes / Applesauce | <b>Apple Shaped Cookie</b><br>Chicken Nuggets<br>WG Teddy Grahams<br>Salad / Dressing / Carrots<br>Apple Slices / Peaches | BBQ Beef Sandwich on a<br>Whole Grain Bun<br>Curly Fries<br>Salad / Dressing / Zucchini<br>Applesauce / Grapes   | Nachos w/<br>Shredded Beef and Cheese<br>Guacamole & Salsa<br>Salad /Dressing<br>Red Bell Peppers / Dip<br>Plum                | Rotini w/ Meat Sauce<br>Garlic Breadstick<br>Salad / Dressing<br>Grape Tomatoes<br>Applesauce                             |
| 2nd Choice | no second choice   | Southwest Chicken Salad w/ Tortilla Chips & Crackers  | Southwest Chicken Salad w/ Tortilla Chips & Crackers   | Southwest Chicken Salad w/ Tortilla Chips & Crackers   | Muffin / Yogurt / SF Seeds  |
| 3          | Pepperoni* & Cheese<br>Stuffed Pizza Sticks<br>Salad / Dressing<br>Beans<br>Grapes / Applesauce                  | <b>PAPA JOHN'S PIZZA</b><br>Pepperoni* OR Cheese<br>Salad / Dressing<br>Carrots<br>Diced Pears / Sliced Apples            | <b>RICE KRISPIES TREAT DAY!</b><br>French Toast Sticks w/Syrup<br>Sausage Link*<br>Sunflower Seeds<br>Salad / Dressing / Tomatoes<br>Grapes / Applesauce | <b>FORTUNE COOKIE</b><br>Mandarin Orange Chicken<br>Whole Grain Rice<br>Salad / Dressing / Corn<br>Strawberries                | Cheeseburger on a<br>Whole Grain Bun<br>Shredded Lettuce<br>Sliced Tomatoes<br>Baked Chips<br>Plum / Applesauce           |
| 2nd Choice | Muffin / Yogurt / SF Seeds   | no second choice  | "Bento Box" = Turkey Stick / Cheese Cubes / Crackers   | "Bento Box" = Turkey Stick / Cheese Cubes / Crackers   | Muffin / Yogurt / SF Seeds  |
| 4          | Chicken Taquitos w/<br>Guacamole / Salsa<br>Salad / Dressing<br>Beans<br>Grapes / Applesauce                     | Popcorn Chicken<br>Whole Grain Roll<br>Salad / Dressing<br>Grape Tomatoes<br>Sliced Apples / Diced Peaches                | <b>PAPA JOHN'S PIZZA</b><br>Pepperoni* OR Cheese<br>Salad / Dressing<br>Zucchini & Corn<br>Grapes / Applesauce   | <b>NATIONAL PANCAKE DAY</b><br>Pancakes w/ Syrup<br>Sausage Link*<br>Sunflower Seeds<br>Red Bell Peppers / Dip<br>Plum         | <b>CELEBRATION COOKIE</b><br>Cheese Pizza Rippers<br>Salad / Dressing<br>Cucumbers<br>Grape Tomatoes<br>Applesauce        |
| 2nd Choice | Muffin / Yogurt / SF Seeds   | Chicken Caesar Salad w/ Croutons & Crackers   | no second choice   | Chicken Caesar Salad w/ Croutons & Crackers  | Muffin / Yogurt / SF Seeds  |
| 1          | Pepperoni* & Cheese<br>Stuffed Pizza Sticks<br>Salad / Dressing<br>Beans<br>Grapes / Applesauce                  |   |  | <b>free / reduced meal applications expired</b><br><br><b>you must re-apply every school year!</b>                             | <b>lunch prices:</b><br><br>\$2.75<br>\$.40 - reduced *<br><br><b>adult meals: \$3.35</b>                                 |
| 2nd Choice | Muffin / Yogurt / SF Seeds   |   |  |  |   |

DENOTES PORK \* / TURKEY/CHICKEN \*\*

**MILK AVAILABLE DAILY**  
**1% or NF CHOCOLATE**  
**STRAWBERRY SPLASH ON THURSDAYS!**

**DAILY 2ND CHOICE:**  
WOWButter Sandwich



Apply for **Free/ Reduced Meals\*** or Pay Online for Meals at:

family.titank12.com

You **MUST** apply every year for a free/reduced priced meal\*\*\*  
**Submit by September 30, 2019**