

# AUGUST



## OLINDA LUNCH MENU

# 2019



**OFFER VS  
SERVE**  
menu subject  
to change

Cycle  
Week

### MONDAY

### TUESDAY

### WEDNESDAY

### THURSDAY

### FRIDAY

**LUNCH PRICES:**  
\$2.75  
\$.40 reduced \*

**ADULT MEAL: \$3.35**

\* meal applications available  
online at: [family.titank12.com](http://family.titank12.com)

\* you must re-apply each  
school year for the  
free & reduced meal program



3	<p>19</p> <p>Pepperoni* &amp; Cheese Stuffed Pizza Sticks Salad / Dressing Diced Peaches</p>	<p>20</p> <p>Chicken Tenders Breadstick Salad / Dressing Jicama Sticks Sliced Apples Mixed Fruit</p>	<p>21</p> <p>Cheeseburger on a Whole Grain Bun Shredded Lettuce Sliced Tomatoes Strawberries Applesauce</p>	<p>22</p> <p>Popcorn Chicken Whole Grain Roll Salad / Dressing Grape Tomatoes Grapes</p>	<p>23</p> <p>Cheese Pizza Rippers Salad / Dressing Grape Tomatoes Fruit Mix</p>
2nd Choice	Muffin / Yogurt / Sunflower Seeds	Asian Chicken Salad w/ Wonton Strips & Crackers	Asian Chicken Salad w/ Wonton Strips & Crackers	Asian Chicken Salad w/ Wonton Strips & Crackers	Muffin / Yogurt / Sunflower Seeds
4	<p>26</p> <p>Mini Corn Dogs** Salad / Dressing Grape Tomatoes Broccoli Applesauce</p>	<p>27</p> <p>Chicken Tenders Whole Grain Roll Salad / Dressing Jicama Sticks Sliced Apples Mixed Fruit</p>	<p>28</p> <p><b>PAPA JOHN'S PIZZA</b> Pepperoni* or Cheese Salad / Dressing Strawberries Applesauce</p>	<p>29</p> <p>Cereal Graham Crackers Cheese Stick Sunflower Seeds Carrot &amp; Celery Sticks / Dip Fruit</p>	<p>30</p> <p>Chicken Taquitos w/ Avocado Sauce &amp; Salsa Salad / Dressing w/ Corn Diced Pears</p>
2nd Choice	Muffin / Yogurt / Sunflower Seeds	Chicken Caesar Salad w/ Croutons & Crackers	no second choice today	no second choice today	Muffin / Yogurt / Sunflower Seeds

**DENOTES PORK \* / TURKEY / CHICKEN \*\***

**MILK AVAILABLE DAILY**  
1% or **NF CHOCOLATE**  
**STRAWBERRY SPLASH ON**  
**THURSDAYS!**

**second choice:**  
**M & F** - Muffin / Yogurt  
WOWButter Sandwich - Daily

**NEW!**

**T - TH** - Alternating Salads  
Asian Chicken / Wonton Strips  
Chicken Caesar / Croutons

Shoot for the Moon.  
Even if you miss it,  
you will land among  
the Stars!

Apply for **Free/ Reduced Meals\*** or Pay  
Online for Meals at:

[family.titank12.com](http://family.titank12.com)

You **MUST** apply every year for a  
free/reduced priced meal\*\*\*  
**Submit by September 30, 2019**