

AUGUST



COUNTRY HILLS LUNCH MENU

2019



**OFFER VS
SERVE**
menu subject
to change

Cycle
Week

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

LUNCH PRICES:
\$2.75
\$.40 reduced *

ADULT MEAL: \$3.35

* meal applications available
online at: family.titank12.com

* you must re-apply each
school year for the
free & reduced meal program



3	<p>19</p> <p>Pepperoni* & Cheese Stuffed Pizza Sticks Salad / Dressing Diced Peaches</p>	<p>20</p> <p>Chicken Tenders Breadstick Salad / Dressing Jicama Sticks Sliced Apples Mixed Fruit</p>	<p>21</p> <p>Cheeseburger on a Whole Grain Bun Shredded Lettuce Sliced Tomatoes Strawberries Applesauce</p>	<p>22</p> <p>PAPA JOHN'S PIZZA Pepperoni* or Cheese Salad / Dressing Grape Tomatoes Grapes</p>	<p>23</p> <p>Cheese Pizza Rippers Salad / Dressing Grape Tomatoes Fruit Mix</p>
2nd Choice	Muffin / Yogurt / Sunflower Seeds	Asian Chicken Salad w/ Wonton Strips & Crackers	Asian Chicken Salad w/ Wonton Strips & Crackers	no second choice today	Muffin / Yogurt / Sunflower Seeds
4	<p>26</p> <p>Mini Corn Dogs** Salad / Dressing Grape Tomatoes Broccoli Applesauce</p>	<p>27</p> <p>Chicken Tenders Whole Grain Roll Salad / Dressing Jicama Sticks Sliced Apples Mixed Fruit</p>	<p>28</p> <p>Mini Waffles w/ Syrup Sausage Link * Sunflower Seeds Salad / Dressing Strawberries Applesauce</p>	<p>29</p> <p>FORTUNE COOKIE Mandarin Orange Chicken Whole Grain Rice Carrot & Celery Sticks / Dip Grapes</p>	<p>30</p> <p>PAPA JOHN'S PIZZA Pepperoni* or Cheese Salad / Dressing w/ Corn Diced Pears</p>
2nd Choice	Muffin / Yogurt / Sunflower Seeds	Chicken Caesar Salad w/ Croutons & Crackers	Chicken Caesar Salad w/ Croutons & Crackers	Chicken Caesar Salad w/ Croutons & Crackers	no second choice today

DENOTES PORK * / TURKEY / CHICKEN **

MILK AVAILABLE DAILY
1% or **NF CHOCOLATE**
STRAWBERRY SPLASH ON
THURSDAYS!

second choice:
M & F - Muffin / Yogurt
WOWButter Sandwich - Daily

NEW!

T - TH - Alternating Salads
Asian Chicken / Wonton Strips
Chicken Caesar / Croutons

Shoot for the Moon.
Even if you miss it,
you will land among
the Stars!

Apply for **Free/ Reduced Meals*** or Pay
Online for Meals at:

family.titank12.com

You **MUST** apply every year for a
free/reduced priced meal***
Submit by September 30, 2019