BREA OLINDA UNIFIED SCHOOL DISTRICT FOOD SERVICE DEPARTMENT

AROVISTA LUNCH MENU

november 2018

WEDNESDAY



Cycle Week

1

2

3

4

lunch prices: \$2.75 / .40 reduced*

> *free / reduced meal applications online at: family.titank12.com

Pepperoni* & Cheese

Stuffed Pizza Sticks

Carrot & Celery Sticks / Dip

Peaches

Thank You

VETERANS

MONDAY

WowButter & Jelly Sandwich

TUESDAY

SECOND CHOICE

Muffin / Yogurt

Chicken Tenders Whole Grain Roll Salad / Dressing w/ **Grape Tomatoes**

Applesauce

Chicken Tenders Whole Grain Roll Salad / Dressing w/ **Grape Tomatoes** Sliced Apples

Mini Corn Dogs** Salad / Dressing w/ Garbanzo Beans Plum

13

Cheese Pizza Rippers Salad / Dressing w/ **Grape Tomatoes & Beans** Mixed Fruit

14

PAPA JOHN'S PIZZA

THURSDAY

Pepperoni* or Cheese Salad / Dressing w/ **Grape Tomatoes** Plum

Chicken Taquitos w/ Salsa & Avocado Sauce Salad / Dressing w/ **Grape Tomatoes** Fresh Pear

FRIDAY

BROWNIE BITES

Chicken Sticks Whole Grain Roll Salad / Dressing w/ **Grape Tomatoes** Sliced Apples

Pepperoni* or Cheese Salad / Dressing w/ **Grape Tomatoes** Pineapple Bits

PAPA JOHN'S PIZZA

Turkey Shaped Cookie Turkey / Gravy w/ Mashed Potatoes / Roll Salad / Dressing w/ **Grape Tomatoes** Plum

15

Cheeseburger on a Whole Grain Bun Potato Triangle Shredded Lettuce Sliced Tomato **Peaches**

16

thanksgiving recess



26

12

Grilled Cheese Sandwich Sun Chips Salad / Dressing w/ **Grape Tomatoes Peaches**

PAPA JOHN'S PIZZA

Pepperoni* or Cheese Salad / Dressing Jicama & Beans Sliced Apples

Cheese Pizza Rippers Salad / Dressing w/ **Grape Tomatoes** Fresh Pear

COOKIE

Popcorn Chicken Whole Grain Roll Salad / Dressing w/ Cucumbers Grapes

REMINDER NO SCHOOL

denotes pork / ** denotes turkey/chicken

MILK AVAILABLE DAILY

1% or NF CHOCOLATE

STRAWBERRY SPLASH ON THURSDAYS!

School Lunches:

- Contain one-third of the recommended nutrients needed each day.
- Provide healthy, balanced meals.
- Ensure students have the option to select dairy, vegetables, fruits and whole grains.
- Enhance children's learning abilities by fueling their minds with nutrient-rich foods.
- Save time by not having to pack lunch.



Apply for Free/Reduced Meals* or Pay Online for Meals at:

family.titank12.com



THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER AND EMPLOYER