



BREA OLINDA UNIFIED SCHOOL DISTRICT  
FOOD SERVICE DEPARTMENT

# JR HIGH LUNCH MENU

# 2018



**OFFER VS SERVE**  
menu subject to change

| Cycle Week | MONDAY  | TUESDAY   | WEDNESDAY   | THURSDAY  | FRIDAY   |
|------------|---|---|---|---|--|
| 1          | <b>lunch prices:</b><br><b>\$3.25 / .40 reduced *</b><br><br><b>Apply online for Free/Reduced Meals</b>                           | <b>second choice:</b><br><br>Jo-Jo's Pizza Slice Pepperoni* or Cheese   |   | <b>COOKIE</b><br>3 Cheese Calzone<br>Salad / Dressing w/<br>Grape Tomatoes<br>Fresh Fruit   | Chili Cheese Fries<br>Salad / Dressing w/<br>Grape Tomatoes<br>Fresh Fruit   |
| 2          | Mini Cheeseburger on a Whole Grain Bun<br>Salad/Dressing w/<br>Grape Tomatoes<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b> | <b>COOKIE</b><br>Beef Teriyaki Bites<br>Whole Grain Rice<br>Salad/Dressing w/<br>Grape Tomatoes<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b> | Mini Corn Dogs**<br>Seasoned Potato Wedges<br>Salad / Dressing w/<br>Grape Tomatoes<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b>               | <b>COOKIE</b><br>Chicken Sticks<br>Corn Muffin<br>Salad/Dressing w/<br>Grape Tomatoes<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b> | Cheese Pizza Rippers<br>Salad / Dressing w/<br>Garbanzo Beans<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b>                                |
| 3          | Thank You<br><br><b>VETERANS</b>  | <b>COOKIE</b><br>Corn Dog **<br>Salad / Dressing w/<br>Grape Tomatoes<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b>                           | Turkey / Gravy w/<br>Mashed Potatoes<br>Whole Grain Roll<br>Salad / Dressing w/<br>Grape Tomatoes<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b> | <b>COOKIE</b><br>Grilled Cheese Sandwich<br>Salad / Dressing w/<br>Grape Tomatoes<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b>     | Beef Rotini w/ Meat Sauce<br>Whole Grain Breadstick<br>Salad / Dressing w/<br>Garbanzo Beans<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b> |

# GIVE THANKS

FAMILY • FRIENDS • GRATITUDE



|              |   |   |  |  |   |
|--------------|---|---|--|--|---|
| 4            | Chicken Taquitos w/<br>Salsa & Avocado Sauce<br>Salad / Dressing w/<br>Grape Tomatoes<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b>   | <b>COOKIE</b><br>Meatball Sandwich on a<br>Whole Grain Bun<br>Salad / Dressing w/<br>Grape Tomatoes<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b>   | Oven Chicken w/<br>Mashed Potatoes<br>Whole Grain Roll<br>Salad / Dressing w/<br>Grape Tomatoes<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b>  | <b>COOKIE</b><br>Bean & Cheese Burrito<br>Salad / Dressing w/<br>Grape Tomatoes<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b>  | Macaroni & Cheese<br>Whole Grain Breadstick<br>Salad / Dressing w/<br>Garbanzo Beans<br>Fresh Fruit<br><br><b>SERVING LINE 5 &amp; 6</b>  |
| <b>CARTS</b> | <b>MONDAY - CARTS/SB LINES</b><br>1 pizza round/ pepperoni*/ cheese<br>2 chicken sandwich / wg bun<br>3 pizza round/ pepperoni*/ cheese<br>4 asian rice bowl<br><br><b>LINES</b><br>7 choice of burger w/ sun chips<br>8 choice of burger w/ sun chips OR<br><b>CHOICE OF SUB SANDWICH***</b> | <b>TUESDAY - CARTS/SB LINES</b><br>pepperoni* pizza sticks<br>chicken loco bowl / wg tortilla chips<br>pizza sticks *<br>asian rice bowl<br><br>choice of burger w/ sun chips<br>choice of burger w/ sun chips OR<br><b>CHOICE OF SUB SANDWICH***</b> | <b>WEDNESDAY - CARTS/SB LINES</b><br>pizza round/ pepperoni*/cheese<br>chicken tenders / wg crackers<br>pizza round/ pepperoni*/cheese<br>asian rice bowl<br><br>choice of burger w/ sun chips<br>choice of burger w/ sun chips OR<br><b>CHOICE OF SUB SANDWICH***</b> | <b>THURSDAY - CARTS/SB LINES</b><br>pepperoni* pizza sticks<br>chicken alfredo bowl / breadstick<br>pizza sticks *<br>asian rice bowl<br><br>choice of burger w/ sun chips<br>choice of burger w/ sun chips OR<br><b>CHOICE OF SUB SANDWICH***</b> | <b>FRIDAY - CARTS/SB LINES</b><br>pizza round/ pepperoni*/cheese<br>chicken sandwich / wg bun<br>pizza round/ pepperoni*/cheese<br>asian rice bowl<br><br>choice of burger w/ sun chips<br>choice of burger w/ sun chips OR<br><b>CHOICE OF SUB SANDWICH***</b> |

|           |   |   |   |   |   |
|-----------|---|---|---|---|---|
| all lines | shaker salad / croutons & roll<br>peanut butter uncrustable | shaker salad / croutons & roll<br>peanut butter uncrustable | shaker salad / croutons & roll<br>peanut butter uncrustable | shaker salad / croutons & roll<br>peanut butter uncrustable | shaker salad / croutons & roll<br>peanut butter uncrustable |
|-----------|---|---|---|---|---|

DENOTES PORK \* / TURKEY/CHICKEN \*\*

MILK AVAILABLE DAILY  
1% or NF CHOCOLATE



\*\*\*CART 2 INCLUDES 100% JUICE ICEE W/MEAL\*\*\*

\*\*\*Sandwich World Daily Choices:

Turkey & Cheese / Ham\* & Cheese  
Chicken Salad / Tuna Salad  
Deli Combo\*



Happy FALL Y'all



Apply for Free/ Reduced Meals\* or Pay Online for Meals at:

family.titank12.com