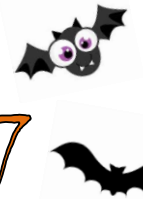


BREA OLINDA UNIFIED SCHOOL DISTRICT
FOOD SERVICE DEPARTMENT



JR HIGH LUNCH MENU
OCTOBER 2017



OFFER VS SERVE
menu subject to change

Cycle Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2 Mini Corn Dogs** Salad / Dressing w/ Grape Tomatoes Fresh Fruit SERVING LINE 5 & 6	3 COOKIE Beef Teriyaki Bites Whole Grain Rice Salad/Dressing w/Tomatoes Fresh Fruit SERVING LINE 5 & 6	4 Grilled Cheese Sandwich Curly Fries Salad / Dressing w/ Grape Tomatoes Fresh Fruit SERVING LINE 5 & 6	5 COOKIE Quesadilla Refried Beans Salad/Dressing w/Tomatoes Fresh Fruit SERVING LINE 5 & 6	6 Chicken Fajita w/ Warm Tortillas Salad / Dressing w/ Grape Tomatoes Fresh Fruit SERVING LINE 5 & 6
2	9 BBQ Rib* on a WG Bun Baked Beans Salad/Dressing w/tomatoes Fresh Fruit SERVING LINE 5 & 6	10 COOKIE Beef Taco w/ Warm Tortillas Salad/Dressing w/Tomatoes Fresh Fruit SERVING LINE 5 & 6	11 Corn Dog** Seasoned Potato Wedges Salad / Dressing w/ Grape Tomatoes Fresh Fruit SERVING LINE 5 & 6	12 COOKIE Bean & Cheese Burrito Salad / Dressing w/ Grape Tomatoes Fresh Fruit SERVING LINE 5 & 6	13 Rotini w/ Meat Sauce Garlic Breadstick Salad / Dressing w/ Grape Tomatoes Fresh Fruit SERVING LINE 5 & 6
3	16 Chicken Sticks Whole Grain Graham Crackers Salad / Dressing w/ Grape Tomatoes Fresh Fruit SERVING LINE 5 & 6	17 COOKIE Garlic Cheese Toast w/ Marinara Sauce Salad/Dressing w/Tomatoes Fresh Fruit SERVING LINE 5 & 6	18 Chili Cheese Fries Salad / Dressing w/ Grape Tomatoes & Corn Fresh Fruit SERVING LINE 5 & 6	19 COOKIE 3 Cheese Calzone Salad / Dressing w/ Grape Tomatoes Fresh Fruit SERVING LINE 5 & 6	20 Macaroni & Cheese Whole Grain Crackers Salad / Dressing w/ Grape Tomatoes Fresh Fruit SERVING LINE 5 & 6
4	23 Chicken Taquitos Refried Beans Salad / Dressing w/ Grape Tomatoes Fresh Fruit SERVING LINE 5 & 6	24 COOKIE Beef Sloppy Joe on a Whole Grain Bun Salad/Dressing w/Tomatoes & Garbanzo Beans / Fruit SERVING LINE 5 & 6	25 Oven Chicken w/ Mashed Potatoes Whole Grain Roll Salad/Dressing w/Tomatoes Fresh Fruit SERVING LINE 5 & 6	26 COOKIE Beef Hot Dog on a WG Bun Seasoned Potato Wedges Salad/Dressing w/Tomatoes Fresh Fruit SERVING LINE 5 & 6	27
1	30 Popcorn Chicken Whole Grain Crackers Salad / Dressing w/ Grape Tomatoes Fresh Fruit SERVING LINE 5 & 6	31 COOKIE Halloween Chicken Nuggets Salad / Dressing w/ Grape Tomatoes Fresh Fruit SERVING LINE 5 & 6			LUNCH PRICES \$3.25 \$4.00 reduced * *meal applications are available in the school office, cafeteria or online
CARTS	MONDAY - CARTS /SB LINES	TUESDAY - CARTS /SB LINES	WEDNESDAY - CARTS/SB LINES	THURSDAY - CARTS/SB LINES	FRIDAY - CARTS/SB LINES
1	pizza round/ pepperoni*/ cheese	jo-jo's breadsticks	pizza round/ pepperoni*/cheese	jo-jo's breadsticks	pizza round/ pepperoni*/cheese
2	chicken sandwich / wg bun	loco bowl / wg rice	chicken tenders / wg crackers	chicken alfredo bowl / breadstick	chicken sandwich / wg bun
3	pizza round/ pepperoni*/ cheese	jo-jo's breadsticks	pizza round/ pepperoni*/cheese	jo-jo's breadsticks	pizza round/ pepperoni*/cheese
4	asian rice bowl	asian rice bowl	asian rice bowl	asian rice bowl	asian rice bowl
LINES					
7	choice of burger w/ sun chips	choice of burger w/ sun chips	choice of burger w/ sun chips	choice of burger w/ sun chips	choice of burger w/ sun chips
8	choice of burger w/ sun chips	choice of burger w/ sun chips	choice of burger w/ sun chips	choice of burger w/ sun chips	choice of burger w/ sun chips
all lines	shaker salad / croutons & crackers peanut butter uncrustable	shaker salad / croutons & crackers peanut butter uncrustable	shaker salad / croutons & crackers peanut butter uncrustable	shaker salad / croutons & crackers peanut butter uncrustable	shaker salad / croutons & crackers peanut butter uncrustable

DENOTES PORK * / TURKEY/CHICKEN **

MILK AVAILABLE DAILY
1% or NF CHOCOLATE

second choice meal
Jo - Jo's Pizza Slice
Pepperoni* or Cheese



Students that do not have money or a lunch will receive an **ALTERNATE MEAL**

Apply for **Free/ Reduced** Meals or Pay Online for Meals at:



family.titank12.com