



LAUREL LUNCH MENU

OCTOBER 2017



**OFFER VS  
SERVE**  
menu subject  
to change

Cycle Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	<b>FORTUNE COOKIE</b> Beef Teriyaki Bites Whole Grain Rice Broccoli Bites Salad / Dressing Fruit	Chicken Tenders Salad / Dressing w/ Grape Tomatoes & Corn Sliced Apples	<b>PAPA JOHNS PIZZA</b> Pepperoni * or Cheese Salad / Dressing w/ Grape Tomatoes & Garbanzo Beans Fruit	<b>SPORTS COOKIE</b> Chicken Fajita Taco w/ Warm Tortillas Shredded Lettuce / Cheese / Salsa Pears	Cheeseburger on a Whole Grain Bun Sun Chips Salad / Dressing w/ Grape Tomatoes Fruit Mix
2	Quesadilla w/ Salsa & Avocado Sauce Salad / Dressing w/ Grape Tomatoes Fruit	Chicken Tenders Whole Grain Roll Salad / Dressing w/ Grape Tomatoes & Beans Peaches	Funnel Cake w/ Syrup Sausage Link * Sunflower Seeds Salad / Dressing w/ Carrot Sticks Sliced Apples	Popcorn Chicken Whole Grain Roll Potato Triangle Salad / Dressing w/ Grape Tomatoes Pears	<b>COOKIE</b> Pepperoni * & Cheese Stuffed Pizza Sticks w/ Marinara Sauce Salad / Dressing w/ Corn Fresh Fruit
3	<b>PAPA JOHNS PIZZA</b> Pepperoni * or Cheese Salad / Dressing w/ Grape Tomatoes Oranges	Beef Soft Taco w/ Warm Tortillas Refried Beans Shredded Lettuce & Cheese Apple Pears	Mini Corn Dogs ** Salad / Dressing w/ Grape Tomatoes & Corn Fruit	Chicken Drumstick Whole Grain Roll Salad / Dressing w/ Grape Tomatoes Sliced Apples Mixed Fruit	Macaroni & Cheese Whole Grain Crackers Sunflower Seeds Salad / Dressing Fruit Mix
4	Grilled Cheese Sandwich Sun Chips Salad / Dressing w/ Grape Tomatoes Pears Apple	Chicken Tenders Salad / Dressing w/ Corn Sliced Apples Mixed Fruit	<b>COOKIE</b> Breakfast Pizza ** Salad / Dressing w/ Grape Tomatoes Raisins Fruit	Ham** & Cheese Sandwich Sunflower Seeds <b>HUGS Crackers</b> Salad / Dressing w/ Grape Tomatoes Oranges / Pears	Mini Cheeseburgers Seasoned Fries Salad / Dressing w/ Grape Tomatoes & Beans Fruit Mix
1	Corn Dog** on a Stick Salad / Dressing w/ Grape Tomatoes & Beans Pears Apple	<b>Pumpkin Shaped Cookie</b> Jack o Lantern Chicken Nuggets Salad / Dressing w/ Grape Tomatoes Fruit			<b>lunch prices:</b>  \$2.75 \$2.40 reduced *  *meal applications are available in the school office, cafeteria or online

DENOTES PORK \* / TURKEY/CHICKEN \*\*

**second choice meal:**

muffin, yogurt, sunflower seeds,  
fruit, veggies, milk

**MILK AVAILABLE DAILY**

1% or **NF CHOCOLATE**

**STRAWBERRY SPLASH ON THURSDAYS!**

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