








AROVISTA LUNCH MENU

OCTOBER 2017



**OFFER VS
SERVE**
menu subject
to change

Cycle Week	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	FORTUNE COOKIE Beef Teriyaki Bites Whole Grain Rice Broccoli Bites Salad / Dressing Fruit	Chicken Tenders Salad / Dressing w/ Grape Tomatoes & Corn Sliced Apples	Mini Corn Dogs ** Salad / Dressing w/ Grape Tomatoes & Garbanzo Beans Fruit	SPORTS COOKIE Chicken Fajita Taco w/ Warm Tortillas Shredded Lettuce / Cheese / Salsa Pears	PAPA JOHNS PIZZA Pepperoni * or Cheese Salad / Dressing w/ Grape Tomatoes Fruit Mix
2	Quesadilla w/ Salsa & Avocado Sauce Salad / Dressing w/ Grape Tomatoes Fruit	Chicken Tenders Whole Grain Roll Salad / Dressing w/ Grape Tomatoes & Beans Peaches	PAPA JOHNS PIZZA Pepperoni * or Cheese Salad / Dressing w/ Carrot Sticks Sliced Apples	Popcorn Chicken Whole Grain Roll Potato Triangle Salad / Dressing w/ Grape Tomatoes Pears	COOKIE Pepperoni * & Cheese Stuffed Pizza Sticks w/ Marinara Sauce Salad / Dressing w/ Corn Fresh Fruit
3	CHORTLES Foil Wrapped Bean & Cheese Burrito Salad / Dressing w/ Grape Tomatoes Oranges	Beef Soft Taco w/ Warm Tortillas Refried Beans Shredded Lettuce & Cheese Apple Pears	Mini Corn Dogs ** Salad / Dressing w/ Grape Tomatoes & Corn Fruit	PAPA JOHNS PIZZA Pepperoni * or Cheese Salad / Dressing w/ Grape Tomatoes Sliced Apples Mixed Fruit	Macaroni & Cheese Whole Grain Crackers Sunflower Seeds Salad / Dressing Fruit Mix
4	Grilled Cheese Sandwich Sun Chips Salad / Dressing w/ Grape Tomatoes Pears Apple	Chicken Tenders Salad / Dressing w/ Corn Sliced Apples Mixed Fruit	COOKIE Breakfast Pizza ** Salad / Dressing w/ Grape Tomatoes Raisins Fruit	Ham** & Cheese Sandwich Sunflower Seeds  HUGS Crackers Salad / Dressing w/ Grape Tomatoes Oranges / Pears	Mini Cheeseburgers Seasoned Fries Salad / Dressing w/ Grape Tomatoes & Beans Fruit Mix
1	Corn Dog** on a Stick Salad / Dressing w/ Grape Tomatoes & Beans Pears Apple	Pumpkin Shaped Cookie <i>Jack o Lantern Chicken Nuggets</i> Salad / Dressing w/ Grape Tomatoes Fruit	  		lunch prices: \$2.75 \$.40 reduced * <i>*meal applications are available in the school office, cafeteria or online</i>

DENOTES PORK * / TURKEY/CHICKEN **

second choice meal:

*muffin, yogurt, sunflower seeds,
fruit, veggies, milk*

MILK AVAILABLE DAILY

1% or NF CHOCOLATE

STRAWBERRY SPLASH ON THURSDAYS!

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