




MS/HS LUNCH MENU

JANUARY 2019

| MONDAY 1/7 | TUESDAY 1/8 | WEDNESDAY 1/9 | THURSDAY 1/10 | FRIDAY 1/11 |
|---|---|---|--|--|
| WEEK 3 | TACO TUESDAY! | CHICK-FIL-A STYLE | | |
| CORN DOGS TATOR TOTS CHEESY BROCCOLI DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE | 2 BEEF OR CHICKEN TACOS OR CRISPY TACO SALAD BOWL REFRIED OR BLACK BEANS SPANISH RICE DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE | CHICKEN SANDWICH (IN A BAG) W/ FIXINS SEASONED CORN WAFFLE FRIES 1/2c DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE  | PRIMO PIZZA SLICE CHEESE, PEPPERONI, COMBO FRENCH FRIES FRESH DELUXE SALAD DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE  | POPCORN CHICKEN BASKET OR CHICKEN STRIP BASKET STEAMED CARROTS WG COOKIE DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE |
| MONDAY 1/14 | TUESDAY 1/15 | WEDNESDAY 1/16 | THURSDAY 1/17 | FRIDAY 1/18 |
| WEEK 4 | TACO TUESDAY! | | | |
| CHEESE BURGER POTATO WEDGES BAKED BEANS *FRUIT CRISP DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE | 2 BEEF OR CHICKEN TACOS OR CRISPY TACO SALAD BOWL REFRIED OR BLACK BEANS SPANISH RICE DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE  | SALISBURY STEAK AU GRATIN POTATOES SEASONED GREEN BEANS WG DINNER ROLL SIDE KICK ASST 1% MILK CHOICE | PRIMO PIZZA SLICE CHEESE, PEPPERONI, COMBO FRENCH FRIES FRESH DELUXE SALAD DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE | POPCORN CHICKEN BASKET OR CHICKEN STRIP BASKET STEAMED BROCCOLI WG COOKIE DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE |
| MONDAY 1/21 | TUESDAY 1/22 | WEDNESDAY 1/23 | THURSDAY 1/24 | FRIDAY 1/25 |
| WEEK 1 | TACO TUESDAY! | CHICK-FIL-A STYLE | | |
| *CALZONE CRISPY TATOR TOTS CHEESY CALI BLEND VEGGIES DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE | 2 BEEF OR CHICKEN TACOS OR CRISPY TACO SALAD BOWL REFRIED OR BLACK BEANS SPANISH RICE DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE | CHICKEN SANDWICH (IN A BAG) W/ FIXINS SEASONED CORN WAFFLE FRIES 1/2c DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE | PRIMO PIZZA SLICE CHEESE, PEPPERONI, COMBO FRENCH FRIES FRESH DELUXE SALAD DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE | POPCORN CHICKEN BASKET OR CHICKEN STRIP BASKET STEAMED CARROTS WG COOKIE DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE |
| MONDAY 1/28 | TUESDAY 1/29 | WEDNESDAY 1/30 | THURSDAY 1/31 | FRIDAY 2/1 |
| WEEK 2 | TACO TUESDAY! | | | |
| BAKED *ITALIAN MEATBALL SUB SEASONED CORN *BAKED CINNAMON APPLES DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE | 2 BEEF OR CHICKEN TACOS OR CRISPY TACO SALAD BOWL REFRIED OR BLACK BEANS SPANISH RICE DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE | CHICKEN & NOODLES BUTTERED MASHED POTATOES SEASONED GREEN BEANS WG DINNER ROLL DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE | PRIMO PIZZA SLICE CHEESE, PEPPERONI, COMBO FRENCH FRIES FRESH DELUXE SALAD DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE | POPCORN CHICKEN BASKET OR CHICKEN STRIP BASKET STEAMED BROCCOLI WG COOKIE DAILY CHOICE OF FRUIT & VEGGIES ASST 1% MILK CHOICE |

TALK TO YOUR STUDENTS ABOUT GETTING EVERYTHING INCLUDED IN THE DAILY MEALS!

LUNCH PRICES 2018-2019
PAID LUNCH: \$2.75
REDUCED LUNCH \$.40
ADULT LUNCH \$3.30

BREAKFAST PRICES 2018-19
PAID BREAKFAST \$1.60
REDUCED BREAKFAST \$.30
ADULT BREAKFAST \$2.00

EXTRA MILK \$.75

GET THE FULL MEAL DEAL BY TAKING ALL 5 CHOICES OFFERED!

******DON'T FORGET******
EVERY MEAL MUST INCLUDE AT LEAST ONE FRUIT OR VEGGIE!

VISIT OUR WEBSITE FOR INFO
NorthwesternNutrition.com

LUNCH SERVED DAILY INCLUDE: PREMADE TURKEY & HAM WRAPS AND SUBS, ITALIAN SUBS
PB&J EXPRESS LUNCH BOX- PB&J SANDWICH, BAG OF SUN CHIPS, VEGGIES, FRUIT & MILK
****New item****

USDA is an equal opportunity provider, employer, and lender.
Breakfast served daily @ 7:15 *menu subject to change
IF YOU HAVE ANY QUESTIONS CONTACT: HOPE NEUZERLING FSD 457-8101 EXT 1020
hope.neuzerling@nwsc.k12.in.us