





NES/HES LUNCH MENU

November 2017

MONDAY 10/30	TUESDAY 10/31	WEDNESDAY 11/1	THURSDAY 11/2	FRIDAY 11/3
WEEK 4		BREAKFAST FOR LUNCH		
CRISPY CHICKEN SANDWICH LETTUCE/ TOMATO SLICES FRENCH FRIES ORANGE WEDGES TEDDY GRAHAMS ASST NONFAT & LOWFAT MILK	SALISBURY STEAK W/ GRAVY MASHED POTATOES GREEN BEANS WG DINNER ROLL ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK	FRENCH TOAST SAUSAGE PATTY TATOR TOTS ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK	PAPA JOHN'S PIZZA SLICE FRESH GARDEN SALAD BABY CARROTS W/DIP FRESH BAKED BROWNIE ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK	BBQ RIB SANDWICH W/ PICKLES BAKED BEANS MOZZ CHEESE STICK ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK
MONDAY 11/6	TUESDAY 11/7	WEDNESDAY 11/8	THURSDAY 11/9	FRIDAY 11/10
WEEK 1		BRUNCH FOR LUNCH!		
CH/HAMBURGER LETTUCE & TOMATO SLICE TATOR TOTS PEACHES ASST NONFAT & LOWFAT MILK	CORN DOG CRISPY BAKED FRENCH FRIES STEAMED GREEN BEANS ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK	PANCAKES W/ SYRUP TURKEY SAUSAGE PATTY EGG PATTY TATOR TOTS ASST FRUIT JUICE ASST NONFAT & LOWFAT MILK 	PAPA JOHN'S PIZZA SLICE ROMAINE GARDEN SALAD FRESH CHERRY TOMATOES FRESH BAKED COOKIE ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK	2 BREADSTICKS W/ MEAT & CHEESE GARDEN SALAD W/ FRESH CHERRY TOMATOES ASST FRUIT JUICE ASST NONFAT & LOWFAT MILK
MONDAY 11/13	TUESDAY 11/14	WEDNESDAY 11/15	THURSDAY 11/16	FRIDAY 11/17
WEEK 2		BRUNCH FOR LUNCH!		
BACK BY POPULAR DEMAND! TONY'S PIZZA ASST CHOICE CRISPY CRINKLE FRIES FRESH APPLE WEDGES ASST NONFAT & LOWFAT MILK	CHICKEN NOODLES MASHED POTATOES GREEN BEANS WG DINNER ROLL ASST SORBET CUP ASST NONFAT & LOWFAT MILK	FRENCH TOAST SAUSAGE PATTY TATOR TOTS ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK	PAPA JOHN'S PIZZA SLICE ROMAINE GARDEN SALAD BABY CARROTS W/DIP FRESH BAKED BROWNIE ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK	BOSCO STICKS W/ MARINARA SAUCE MEXICALI CORN SUNCHIPS ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK
MONDAY 11/20	TUESDAY 11/21	WEDNESDAY 11/22	THURSDAY 11/23	FRIDAY 11/24
WEEK 3				
CHICKEN NUGGETS CALI BLEND W/ CHEESE SAUCE WARM GARLIC BREADSTICK ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK	TURKEY ROAST BUTTERED MASHED POTATOES SEASONED GREEN BEANS WG DINNER ROLL ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK	THANKSGIVING BREAK! 	THANKSGIVING BREAK!	THANKSGIVING BREAK! 

ALTERNATE LUNCH SERVED DAILY INCLUDE:

PB&J SACK LUNCH- PB&J SANDWICH, BAG OF CHIPS, VEGGIES, FRUIT & COOKIE, MILK
YOGURT SACK LUNCH- YOGURT CUP, CHEESE STICK, VEGGIES, FRUIT, & COOKIE, MILK

USDA is an equal opportunity provider, employer, and lender.

*menu subject to change

IF YOU HAVE ANY QUESTIONS CONTACT: HOPE NEUZERLING FSD 457-8101 EXT 1020

