

# MIDDLE/HIGH SCHOOL LUNCH MENU

OCTOBER 2017

MONDAY 10/2	TUESDAY 10/3	WEDNESDAY 10/4	THURSDAY 10/5	FRIDAY 10/6
<b>WEEK 2</b>	<b>TACO TUESDAY!</b>	<b>BREAKFAST FOR LUNCH</b>		
BIG DADDY PIZZA ASST SLICE FRENCH FRIES CHEESE SAUCE ASSORTED FRUIT/VEGGIE CHOICES 1 % ASST LOWFAT & NON FAT MILK	2 BEEF OR CHICKEN TACOS OR CRISPY TACO SALAD BOWL SEASONED REFRIED OR BLACK BEANS SPANISH RICE ASSORTED FRUIT/VEGGIE CHOICES 1 % ASST LOWFAT & NON FAT MILK	PANCAKES W/ SYRUP SAUSAGE PATTY EGG PATTY TATOR TOTS ASSORTED FRUIT/JUICE CHOICES 1 % ASST LOWFAT & NON FAT MILK	POPCORN CHICKEN W/ SPICY FRIES ASST FRUIT CHOICE ASST VEGGIE CHOICE ASST NONFAT & LOWFAT MILK	PAPA JOHN'S PIZZA FRENCH FRIES ASST FRUIT/VEGGIE CHOICE COOKIE OR BROWNIE ASST NONFAT & LOWFAT MILK
MONDAY 10/9	TUESDAY 10/10	WEDNESDAY 10/11	THURSDAY 10/12	FRIDAY 10/13
<b>WEEK 3</b>	<b>TACO TUESDAY!</b>	<b>NATIONAL SCHOOL LUNCH WEEK!</b>		
CRISPY OR SPICY CHICKEN SANDWICH POTATO WEDGES SEASONED CARROTS ASSORTED FRUIT/VEGGIE CHOICES 1 % ASST LOWFAT & NON FAT MILK	2 BEEF OR CHICKEN TACOS OR CRISPY TACO SALAD BOWL SEASONED REFRIED OR BLACK BEANS SPANISH RICE ASSORTED FRUIT/VEGGIE CHOICES 1 % ASST LOWFAT & NON FAT MILK	CHICKEN & NOODLES BUTTERED MASHED POTATOES SEASONED GREEN BEANS WG DINNER ROLL ASSORTED FRUIT/VEGGIE CHOICES 1 % ASST LOWFAT & NON FAT MILK	POPCORN CHICKEN W/ SPICY FRIES ASST FRUIT CHOICE ASST VEGGIE CHOICE ASST NONFAT & LOWFAT MILK	PAPA JOHN'S PIZZA FRENCH FRIES ASST FRUIT/VEGGIE CHOICE COOKIE OR BROWNIE ASST NONFAT & LOWFAT MILK
MONDAY 10/16	TUESDAY 10/17	WEDNESDAY 10/18	THURSDAY 10/19	FRIDAY 10/20
<b>WEEK 1</b>				
<b>FALL BREAK!</b>	<b>FALL BREAK!</b>	<b>FALL BREAK!</b>	<b>FALL BREAK!</b>	<b>FALL BREAK!</b>
<b>SHOW KINDNESS, DO SOMETHING NICE FOR SOMEONE!</b>				
MONDAY 10/23	TUESDAY 10/24	WEDNESDAY 10/25	THURSDAY 10/26	FRIDAY 10/27
<b>WEEK 2</b>	<b>TACO TUESDAY!</b>			
CHICKEN SANDWICH ON BUN CRISPY OR SPICY BAKED BEANS 1c TATOR TOTS 3/4c ASST FRUIT/VEGGIE CHOICE 1/2c ASST NONFAT & LOWFAT MILK	2 BEEF OR CHICKEN TACOS OR CRISPY TACO SALAD BOWL SEASONED REFRIED OR BLACK BEANS SPANISH RICE ASSORTED FRUIT/VEGGIE CHOICES 1 % ASST LOWFAT & NON FAT MILK	SALISBURY STEAK BUTTERED MASHED POTATOES SEASONED GREEN BEANS WG DINNER ROLL ASSORTED FRUIT/VEGGIE CHOICES 1 % ASST LOWFAT & NON FAT MILK	POPCORN CHICKEN W/ SPICY FRIES ASST FRUIT CHOICE ASST VEGGIE CHOICE ASST NONFAT & LOWFAT MILK	PAPA JOHN'S PIZZA FRENCH FRIES ASST FRUIT/VEGGIE CHOICE COOKIE OR BROWNIE ASST NONFAT & LOWFAT MILK

**NATIONAL  
SCHOOL  
LUNCH WEEK!  
10/9-10/13**

**LUNCH PRICES 2017-2018**  
PAID LUNCH: \$2.75  
REDUCED LUNCH \$ .40  
ADULT LUNCH \$3.30

**BREAKFAST PRICES 2017-18**  
PAID BREAKFAST \$1.60  
REDUCED BREAKFAST \$ .30  
ADULT BREAKFAST \$2.00

EXTRA MILK \$.75

**GET THE FULL MEAL  
DEAL BY TAKING ALL  
5 CHOICES OFFERED!**

**\*\*\*\*DON'T FORGET\*\*\*\*  
EVERY MEAL TRAY  
MUST INCLUDE AT LEAST  
ONE FRUIT OR VEGGIE!**

ALTERNATE LUNCH SERVED DAILY INCLUDE:

PB&J EXPRESS LUNCH BOX- PB&J SANDWICH, BAG OF SUN CHIPS, VEGGIES, FRUIT & COOKIE, MILK

USDA is an equal opportunity provider, employer, and lender.

\*menu subject to change

IF YOU HAVE ANY QUESTIONS CONTACT: HOPE NEUZERLING FSD 457-8101 EXT 1020