








# NES/HES LUNCH MENU

# SEPTEMBER 2017

MONDAY 9/4	TUESDAY 9/5	WEDNESDAY 9/6	THURSDAY 9/7	FRIDAY 9/8
<b>WEEK 2</b>				
<b>NO SCHOOL</b>  <b>LABOR DAY!</b>	CHICKEN NOODLES MASHED POTATOES GREEN BEANS WG DINNER ROLL ASST SORBET CUP ASST NONFAT & LOWFAT MILK	<b>BREAKFAST FOR LUNCH</b>  FRENCH TOAST SAUSAGE PATTY TATOR TOTS ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK	 PAPA JOHN'S PIZZA SLICE FRESH GARDEN SALAD BABY CARROTS W/DIP ASST FRUIT OR JUICE FRESH BAKED BROWNIE ASST NONFAT & LOWFAT MILK	BOSCO STICKS W/ MARINARA SAUCE MEXICALI CORN SUNCHIPS ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK
<b>WEEK 3</b>				
HAM & CHEESE SANDWICH POTATO WEDGES CUT APPLE WEDGES ASST NONFAT & LOWFAT MILK	 CHICKEN NUGGETS CALI BLEND W/ CHEESE SAUCE GARLIC BREADSTICK BANANA ASST NONFAT & LOWFAT MILK	<b>BRUNCH FOR LUNCH!</b>  PANCAKES W/ SYRUP TURKEY SAUSAGE PATTY EGG PATTY TATOR TOTS ASST FRUIT JUICE ASST NONFAT & LOWFAT MILK  	PAPA JOHN'S PIZZA SLICE ROMAINE GARDEN SALAD FRESH CHERRY TOMATOES ASST FRUIT OR JUICE FRESH BAKED COOKIE ASST NONFAT & LOWFAT MILK	 "NEW" BURRITO LETTUCE & SALSA REFRIED BEANS TORTILLA CHIPS APPLESAUCE OR JUICE ASST NONFAT & LOWFAT MILK
<b>WEEK 3</b>				
CRISPY CHICKEN SANDWICH LETUCE/ TOMATO SLICES FRENCH FRIES ORANGE WEDGES TEDDY GRAHAMS ASST NONFAT & LOWFAT MILK	SPAGHETTI W/ MEAT SAUCE STEAMED BROCCOLI ROMAINE GARDEN SALAD FRESH GRAPES GARLIC BREADSTICK ASST NONFAT & LOWFAT MILK  	<b>BRUNCH FOR LUNCH!</b>  BISCUITS & GRAVY EGG PATTY TATOR TOTS ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK	PAPA JOHN'S PIZZA SLICE ROMAINE GARDEN SALAD BABY CARROTS W/DIP ASST FRUIT OR JUICE FRESH BAKED BROWNIE ASST NONFAT & LOWFAT MILK	BBQ RIB SANDWICH W/ PICKLES BAKED BEANS MOZZ CHEESE STICK ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK
<b>WEEK 1</b>				
CH/HAMBURGER LETTUCE & TOMATO SLICE TATOR TOTS PEACHES ASST NONFAT & LOWFAT MILK	CORN DOG CRISPY BAKED FRENCH FRIES STEAMED GREEN BEANS ASST FRUIT OR JUICE FRESH BAKED COOKIE ASST NONFAT & LOWFAT MILK	<b>BRUNCH FOR LUNCH!</b>  PANCAKES W/ SYRUP TURKEY SAUSAGE PATTY EGG PATTY TATOR TOTS ASST FRUIT JUICE ASST NONFAT & LOWFAT MILK  	 PAPA JOHN'S PIZZA SLICE ROMAINE GARDEN SALAD CHERRY TOMATOES ASST FRUIT OR JUICE FRESH BAKED COOKIE ASST NONFAT & LOWFAT MILK	BEEF WALKING TACO LETTUCE & SALSA REFRIED BEANS W/ CHEESE SAUCE ASST FRUIT OR JUICE ASST NONFAT & LOWFAT MILK

WELCOME  
BACK TO  
SCHOOL!!

**LUNCH PRICES 2017-2018**

PAID LUNCH: \$2.50  
 REDUCED LUNCH \$ .40  
 ADULT LUNCH \$3.30

**BREAKFAST PRICES 2017-18**

PAID BREAKFAST \$1.60  
 REDUCED BREAKFAST \$.30  
 ADULT BREAKFAST \$2.00

EXTRA MILK \$.75

GET THE *FULL MEAL*  
DEAL BY TAKING ALL  
5 CHOICES OFFERED!

\*\*\*\*DON'T FORGET\*\*\*\*  
 EVERY MEAL TRAY  
 MUST INCLUDE AT LEAST  
 ONE FRUIT OR VEGGIE!

ALTERNATE LUNCH SERVED DAILY INCLUDE:

**PB&J SACK LUNCH-** PB&J SANDWICH, BAG OF CHIPS, VEGGIES, FRUIT & COOKIE, MILK

**YOGURT SACK LUNCH-** YOGURT CUP, CHEESE STICK, MINI MUFFIN, VEGGIES, FRUIT, & COOKIE, MILK

USDA is an equal opportunity provider, employer, and lender.

\*menu subject to change

IF YOU HAVE ANY QUESTIONS CONTACT: HOPE NEUZERLING FSD 457-8101 EXT 1020