


# Lewis County Schools

## Hot Lunch Menu



January  
2020

Menu is subject to change due to market conditions,  
availability of food and special school activities.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>Milk is served with all meals. Water is available with all meals.</p> <p>Treat on Jan 16 to Celebrate Jan Birthdays :-)</p>	<p><b>LCHS Only</b> In addition to reg line:</p> <p>Mon - Sandwich w/Fruit&amp;Veg Bar Tues - Cooks' Choice Wed - Salad Bar Thur - Potato Bar Fri - Pizza w/Fruit&amp;Veg Bar</p>	<p>1</p> 	<p>2</p> <p>NO SCHOOL</p>	<p>3</p> <p>NO SCHOOL</p>
<p>6 Cereal to Go &amp; Poptart, Juice, Fruit, Milk</p> <p>Chicken Nuggets Mashed Potatoes Steamed Carrots Hot Roll Pears</p>	<p>7 Muffin Choice, Juice, Fruit, Milk</p> <p>Hamburger/Cheeseburger Lettuce/Tomato Swt Potato Waffle Fries Pinto Beans  Fresh Fruit Mozz Cheese Stick</p>	<p>8 Biscuit &amp; Gravy, Fruit, Juice, Milk</p> <p>Philly Steak Hoagie Baked Lays or Funyuns Baked Beans Coleslaw Sidekick Slushie</p>	<p>9 Churro, Juice, Fruit, Milk</p> <p>Pepperoni Roll Mac n Cheese Broccoli w/Parm Cheese Baby Carrots/dip Fruit</p>	<p>10 Cooks Choice, Juice, Fruit, Milk</p> <p>Chili Grilled Cheese Sand Broc &amp; Cauliflower &amp; dip Baked Potato Fruit</p>
<p>13 Scrambled Eggs/Toast, Juice, Fruit, Milk</p> <p>Salisbury Steak Mashed Potatoes Steamed Carrots Hot Roll Peaches</p>	<p>14 Chicken Biscuit, Juice, Fruit, Milk</p> <p><b>TACO TUESDAY</b> Chicken Fajita Strips Tortilla, Lettuce, Tomato Rice/Black Beans Apple Crisp Fresh Fruit</p>	<p>15 Sausage Pancake Wrap, Fruit, Juice, Milk</p> <p>Pizza Garden Salad Corn Fruit</p>	<p>16 Homemade Cinnamon Roll, Juice, Fruit, Milk</p> <p>Hotdog w Chili Baked Beans  Tator Tots Coleslaw Fruit Birthday Treat</p>	<p>17 Yogurt &amp; Cereal Bar, Juice, Fruit, Milk</p> <p>Cook's Choice </p>
<p>20</p> <p>NO SCHOOL</p>	<p>21 Benefit Bar, Juice, Fruit, Milk</p> <p><b>Breakfast for Lunch</b> Scrambled Eggs/Omelet Biscuit/Gravy Hashbrowns Sliced Tomato/Yogurt Fresh Fruit Selections</p>	<p>22 Egg &amp; Cheese Tac-Go, Juice, Fruit, Milk</p> <p>Tomato Soup PB&amp;J Uncrustable Sand Broccoli &amp; dip Fresh Fruit Cheese Stick</p>	<p>23 Oreo Cookie Parfait, Cereal To Go, Juice, Fruit, Milk</p> <p><b>Popcorn Chicken</b> <i>Reg or Spicy</i> Mac &amp; Cheese Baked Beans Carrots and dip Fruit</p>	<p>24 Cook's Choice, Juice, Fruit, Milk</p> <p>Cook's Choice </p>
<p>27 Egg, Cheese &amp; Ham Wrap, Juice, Fruit, Milk</p> <p>Crispy Chicken Sandwich Lettuce/Tomato Au Gratin Potatoes Carrots &amp; dip Fruit</p>	<p>28 Apple Cinn Texas Toast, Juice, Fruit, Milk</p> <p><b>TACO TUESDAY</b> Taco Salad/Tortilla Chips Meat/cheese/let/tomato Salsa, Sour Cream Black Beans Fruit / Brownie</p>	<p>29 Super Bun, Fruit, Juice, Milk</p> <p>Fish Nuggets Peas Oven Fries Broccoli &amp; dip Sidekick Slushie</p> <p><b>EARLY DISMISSAL</b></p>	<p>30 Coco Puffs or Cinn Toast Filled Bar, Fruit, Juice, Milk</p> <p>Meatloaf Mashed Potatoes Green Beans Hot Roll Fresh Fruit</p>	<p>31 Sausage &amp; Egg Biscuit, Fruit, Juice, Milk</p> <p>Touchdown Pizza-Homemade Bowl Game Garden Salad Kick Off Corn Sideline Fruit  </p>

"This institution is an equal opportunity provider."

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