


Lewis County Schools
Hot Lunch Menu



National School October
Lunch Week 2017

Menu is subject to change due to market conditions, availability of food and special school activities.

October 9-13

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2 Frudels, Applesauce, Juice, Milk</p> <p>Rotisserie Chicken Mashed Potatoes Green Beans Hot Roll Fruit</p>	<p>3 Waffles, Fruit, Juice, Milk</p> <p>Pepperoni Roll Mac & Cheese Broccoli w/ Parm Cheese Carrot Sticks Fresh Fruit</p>	<p>4 Poptart, Cereal to Go, Fruit, Juice, Milk</p> <p>Hamburger Lettuce/Tomato Baked Beans Tomato & Cucumbers Fruit</p>	<p>5 Pancake Minis, Fruit, Juice, Milk</p> <p>Pizza Tossed Salad Corn Fresh Fruit</p> 	<p>6 Muffin Squares, Fruit, Juice, Milk</p> <p>BBQ Skillet w/mini Pierogies Garden Salad Steamed Carrots Fruit Cookie</p> <p>New Item!</p> <p>National Pierogie Day</p>
<p>9 Bacon, Egg & Cheese Biscuit, Fruit, Juice, Milk</p> <p>Chicken Nuggetts Mashed Potatoes Green Beans Hot Roll Fruit</p> 	<p>10 Fruit & Yogurt Parfait, Cereal to Go, Juice, Milk</p> <p>Taco In a Bag served with Doritos, Taco Filling, let/tom/cheese Black Beans Fruit Selections Brownie</p>	<p>11 Sausage Pancake Wrap, Fruit Selection, Juice, Milk</p> <p>Cheese Ravioli Caesar Salad Fresh Veggies/Dip Hot Roll Fresh Fruit</p> 	<p>12 Cereal Bar, Banana, Juice, Milk</p> <p>Philly Chicken Hoagie Potato Wedge Baked Beans Sidekicks</p>	<p>13 Churro, Fruit, Juice, Milk</p> <p>Homemade Pizza Tossed Salad Corn Fruit</p>  <p>EARLY DISMISSAL</p>
<p>16 Bagels & Crm Cheese, Diced Peach Cup, Juice, Milk</p> <p>Crunchy Fish Filet Seasoned Rice Honey Carrot Coins Broccoli & Dip Bread Stick Fruit</p>	<p>17 Super Donut, Banana, Juice, Milk</p> <p>Pepperoni Roll Mac & Cheese Broccoli w/ Parm Cheese Carrot Sticks Fresh Fruit</p> 	<p>18 Breakfast Bread, Fruit Choice, Juice, Milk</p> <p>Breakfast for Lunch Scrambled Eggs Biscuit & Gravey Hashbrowns Sliced Tomatoes Fresh Fruit Selections Yogurt</p>	<p>19 Pancakes, Grapes, Juice, Milk</p> <p>Pig N Blanket Kidney Beans Veggies & Dip Fruit Cheese Stick</p>	<p>20 Smoothies, Cereal Bar, Fruit, Juice, Milk</p> <p>Minuteman Burger Lettuce/Tomato Baked Beans Oven Fries Fruit</p>
<p>23 Benefit Bar, Mixed Fruit Cup, Juice, Milk</p> <p>Hot Ham&Cheese Sand. Potato Wedge Baked Beans Fruit</p>	<p>24 French Toast Minis, Fruit Cup, Juice, Milk</p> <p>Chicken Nuggetts Mashed Potatoes Green Beans Hot Roll Fruit</p>	<p>25 Cereal to Go & Yogurt, Fruit, Juice, Milk</p> <p>Chili Grilled Cheese Sandwich Veggie Sticks/dip Corn Fruit</p>	<p>26 Sausage Biscuit, Fruit Choice, Juice, Milk</p> <p>Rotini w/meatsauce Garden Salad Corn on Cob Dinner Roll Fruit Birthday Treat</p> 	<p>27 Homemade Cinnamon Rolls, Fruit Cup, Juice, Milk</p> <p>Chicken Fajita Rice Lettuce/tomato Black Beans Fresh Fruit</p>
<p>30 Sc Eggs & Toast, Fruit, Juice, Milk</p> <p>Fish Nuggetts Mac & Cheese Steamed Carrots Veggies/Dip Fruit</p>	<p>31 Pumpkin Bread, Mixed Fruit, Juice, Milk</p> <p>Monster Manwich on Bun Freaky Fries Vampire Veggies Fang Apple Slices Halloween Cookie Witches Brew Milk</p> 	<p>Milk is served with all meals. Water is available with all meals.</p>		<p>LCHS Only In addition to reg line: Mon - Sandwich w/Fruit&Veg Bar Tues - Cooks' Choice Wed - Salad Bar Thur - Potato Bar Fri - Pizza w/Fruit&Veg Bar</p>

"This institution is an equal opportunity provider."

Check out our new website: www.lclunchroom.com