

FEBRUARY 2020

Weslaco Independent School District High School Breakfast Menu



Grapefruit

Choices of Low Fat or Skim Milk
(flavored and unflavored)
offered daily

Juice and Fruit
offered Daily for Breakfast

To make a complete meal
students must take
½ cup of fruit or
½ cup vegetable

Menu Subject to change due to
deliveries, etc...

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Monday

3

Weather Day

Tuesday

4

Assorted Cereal
Bug Bite Grahams
Cherry Cranraisins
Orange Juice
Assorted Milk

Wednesday

5

Sunbutter/Jelly
Un crustable
Fresh Orange Wedges
Apple Juice
Assorted Milk

Thursday

6

Warm Tamales
Fresh Grapes
Orange Juice
Assorted Milk

Friday

7

Chorizo & Egg Taco
Fresh Apple Slices
Orange Juice
Assorted Milk

10

Blueberry Muffin
Breakfast Sausage Patty
Fresh Apple Slices
Orange Juice
Assorted Milk

11

Warm Concha
Breakfast Chicken Patty
Fresh Banana
Orange Juice
Assorted Milk

12

Warm Empanada
Low Fat Assorted Yogurt
Fresh Golden Apple
Orange Juice
Assorted Milk

13

Pig In A Blanket
Chocolate Elf Grahams
Fresh Orange Wedges
Apple Juice
Assorted Milk

14

Blueberry Pancake
On A Stick
Fresh Pear
Orange Juice
Assorted Milk

17

Banana Mini Loaf
Brkft. Sausage Patty
Fresh Apple
Orange Juice
Assorted Milk

18

Pancake On A Stick
Syrup
Fresh Orange Wedges
Apple Juice
Assorted Milk

19

Cinnamon Toast Crunch Bar
Low Fat Assorted Yogurt
Fresh Banana
Orange Juice
Assorted Milk

20

Pig In Blanket
Chocolate Elf Grahams
Fresh Grapes
Orange Juice
Assorted Milk

21

French Toast Sticks
Breakfast Chicken Patty
Syrup
Fresh Apple Slices
Orange Juice
Assorted Milk

24

Apple Cinnamon Muffin
Breakfast Sausage Patty
Cherry Cranraisins
Orange Juice
Assorted Milk

25

Pig In A Blanket
Chocolate Elf Grahams
Fresh Golden Apple
Orange Juice
Assorted Milk

26

Assorted Cereal
Assorted Graham Crackers
Fresh Banana
Orange Juice
Assorted Milk

27

Warm Tamales
Fresh Grapes
Apple Juice
Assorted Milk

28

Mini Pancakes
Syrup
Fresh Apple Slices
Orange Juice
Assorted Milk

DID YOU KNOW?

Groundhog Day, celebrated on February 2, came about because of a German superstition. They thought if a hibernating animal cast a shadow on February 2nd that winter would last for another six weeks. If there was no shadow, spring would come early.