

JUNE 2019

Weslaco Independent School District Summer Feeding Program High Schools Breakfast & Lunch Menu

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

The June Bug, also known as June beetle, is the name for several large beetles seen in the United States during May and June. They are usually seen at night when the light attracts them.

Assorted Cereal
Elf Chocolate Grahams

3

Cheeseburger
On Kaiser Bun
Baby Carrots
Fresh Broccoli Florets
Low Fat Dressing
Seasonal Fresh Fruit

Apple Cinnamon Muffin
Breakfast Sausage Patty

4

Chicken Fajitas
Warm Corn Tortillas
Spanish Rice
Ranch Style Beans
Cucumber Slices
Fruit Cup

Pig In A Blanket
Animal Crackers

5

Pepperoni Pizza Slice
Fresh Carrot Sticks
Seasoned Corn Kernels
Seasonal Fresh Fruit

French Toast Sticks, Syrup
Creamy Yogurt

6

Spaghetti w/ Meatballs
Warm Bread Sticks
Seasoned Green Beans
Garden Salad
Low Fat Dressing
Fruit Cup

Breakfast Chicken Patty
Whole Grain Toast

7

Chicken Strips
Sliced Wheat Bread
Whipped Potatoes
California Blend
Seasonal Fresh Fruit

Pancake On A Stick

10

Meaty Crispy Tacos
Spanish Fideo
Lettuce/Tomato Bits
Charro Beans
Seasonal Fresh Fruit

Blueberry Mini Loaf
Breakfast Sausage Patty

11

Teriyaki Boneless Wings
Steamed Rice
Veggie Egg Roll
Lemon/Pepper Broccoli
Fruit Cup

Banana Bread Slice

12

Turkey Hoagie
Sweet Potato Waffle Fries
Cucumber Slices
Seasonal Fresh Fruit

Pig In A Blanket
Animal Crackers

13

Pepperoni Pizza Slice
Sweet Peas
Seasoned Carrots
Fruit Cup

Assorted Cereal
Cinnamon Elf Grahams

14

Bean/Cheese Burrito
Seasoned Green Beans
California Blend
Seasonal Fresh Fruit

Apple Cinnamon Muffin
Creamy Yogurt

17

Country Steak
Sliced Wheat Bread
Creamy Country Gravy
Whipped Potatoes
Seasoned Green Beans
Seasonal Fresh Fruit

Pancake On A Stick

18

Turkey Hoagie
Sweet Potato Waffle Fries
Cucumber Slices
Fruit Cup

French Toast Sticks, Syrup
Breakfast Sausage Patty

19

Meaty Chalupas
Shredded Cheese
Spanish Rice
Smashed Beans
Lettuce/Tomato Bits
Seasonal Fresh Fruit

Pig In A Blanket
Animal Crackers

20

Turkey Hot Dog
Salsa Sun Chips
Fresh Broccoli Florets
Baby Carrots
Low Fat Dressing
Fruit Cup

Assorted Cereal
Chocolate Elf Grahams

21

Crispy Chicken Tacos
Spanish Fideo
Seasoned Corn
Garden Salad
Low Fat Dressing
Seasonal Fresh Fruit

Assorted Cereal
Elf Chocolate Grahams

24

Cheeseburger
On Kaiser Bun
Baby Carrots
Fresh Broccoli Florets
Low Fat Dressing
Seasonal Fresh Fruit

Apple Cinnamon Muffin
Breakfast Sausage Patty

25

Warm Chicken Fajitas
Warm Corn Tortillas
Spanish Rice
Ranch Style Beans
Cucumber Slices
Fruit Cup

Pig In A Blanket
Animal Crackers

26

Pepperoni Pizza Slice
Fresh Carrot Sticks
Seasoned Corn Kernels
Seasonal Fresh Fruit

French Toast Sticks, Syrup
Creamy Yogurt

27

Spaghetti w/ Meatballs
Warm Bread Sticks
Seasoned Green Beans
Garden Salad
Low Fat Dressing
Fruit Cup

Breakfast Chicken Patty
Whole Grain Toast

28

Chicken Strips
Sliced Wheat Bread
Whipped Potatoes
California Blend
Seasonal Fresh Fruit

Choices of Low Fat or
Skim Milk
(flavored and unflavored)
offered daily

Juice and Fruit
offered Daily for Breakfast

To make a complete meal
students must take
½ cup of fruit or
½ cup vegetable

Menu Subject to change due to
deliveries, etc...

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