

APRIL

2019



GOOD EATS AT

*Weslaco ISD
Supper
Program*

SPECIAL ANNOUNCEMENTS

**Choice of
Low Fat or
Fat Free Milk
(flavored and
Unflavored)
offered daily**

*This institution is an equal
opportunity provider.*

I'm the
**BOUNDLESS
BERRY**

**HEALTHY
SUMMER
MEALS
FOR KIDS**
No Cost For Kids 5 and Younger

M	T	W	TH	F
<p>Corndog Veggie Sticks Seasonal Fruit Assorted Milk</p> <p>1</p>	<p>Chicken Strips Sliced Bread Whipped Potatoes Seasonal Fruit Assorted Milk</p> <p>2</p>	<p>Bean/Cheese Burrito Seasoned Corn Seasonal Fruit Assorted Milk</p> <p>3</p>	<p>Turkey/Cheese Hoagie Tater Tots Seasonal Fruit Assorted Milk</p> <p>4</p>	<p>Cheese Pizza Wedge Peas & Carrots Seasonal Fruit Assorted Milk</p> <p>5</p>
<p>Cheeseburger Ranch Style Beans Seasonal Fruit Assorted Milk</p> <p>8</p>	<p>Turkey/Cheese Hoagie Veggie Sticks Seasonal Fruit Assorted Milk</p> <p>9</p>	<p>Country Steak on Bun Steak Fries Seasonal Fruit Assorted Milk</p> <p>10</p>	<p>Popcorn Chicken Sliced Wheat Bread Cucumber Slices Seasonal Fruit Assorted Milk</p> <p>11</p>	<p>Grilled Cheese Sandwich Seasoned Curly Fries Seasonal Fruit Assorted Milk</p> <p>12</p>
<p>Corndog Veggie Sticks Seasonal Fruit Assorted Milk</p> <p>15</p>	<p>Chicken Strips Sliced Bread Whipped Potatoes Seasonal Fruit Assorted Milk</p> <p>16</p>	<p>Bean/Cheese Burrito Seasoned Corn Seasonal Fruit Assorted Milk</p> <p>17</p>	<p>Cheese Pizza Wedge Peas & Carrots Seasonal Fruit Assorted Milk</p> <p>18</p>	<p>Good Friday No Class</p> <p>19</p>
<p>Weather Day</p> <p>22</p>	<p>Grilled Cheese Sandwich Seasoned Curly Fries Seasonal Fruit Assorted Milk</p> <p>23</p>	<p>Country Steak on Bun Steak Fries Seasonal Fruit Assorted Milk</p> <p>24</p>	<p>Popcorn Chicken Sliced Wheat Bread Cucumber Slices Seasonal Fruit Assorted Milk</p> <p>25</p>	<p>Turkey/Cheese Hoagie Veggie Sticks Seasonal Fruit Assorted Milk</p> <p>26</p>
<p>Corndog Veggie Sticks Seasonal Fruit Assorted Milk</p> <p>29</p>	<p>Chicken Strips Sliced Bread Whipped Potatoes Seasonal Fruit Assorted Milk</p> <p>30</p>	<p>ART CONTEST ENDS</p> <p>"You ART What You Eat" Art Contest ENDS APRIL 12TH SquareMeals.org/artcontest</p>		

BOUNDLESS BERRY

Strawberry



During a heavy storm, the littlest berry in a strawberry patch on the outskirts of Healthyville was picked up by a strong wind and taken so high up in the air that a reaction occurred allowing her the ability to regenerate her seeds. As the strawberry fell from the sky she realized that the green tips of her hair were also able to spin so fast allowing her to fly. At that moment, she became The Boundless Berry. She wanted all of the kids of the world to have access to delicious healthy strawberries so she flew around the world planting strawberries at every location she could, giving children access to vitamin C and fiber to help boost their immune systems and grow strong.

FUN FACT

Strawberry is the most popular berry in the United States.

BOUNDLESS BERRY'S FAVORITE ACTIVITIES

Fishing, Canoeing and Running



POW!

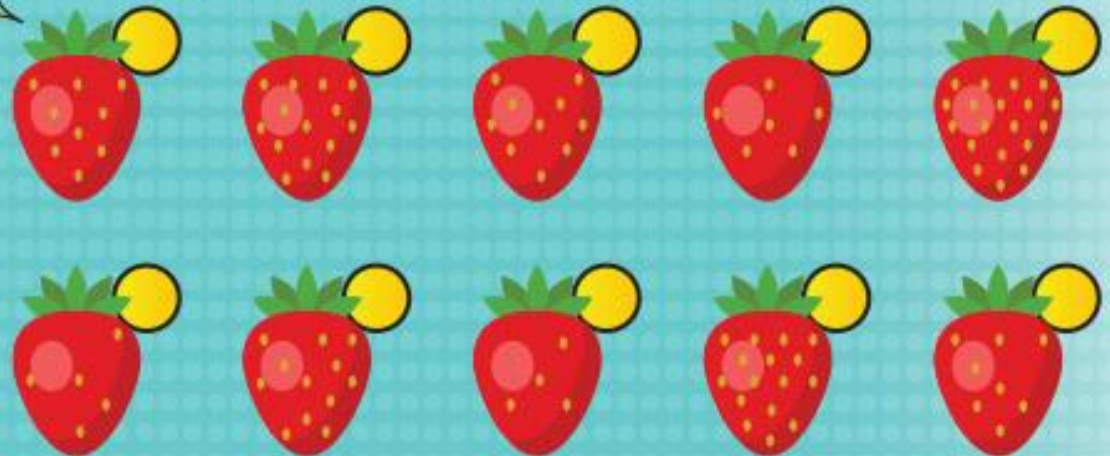
ARCH ENEMY

Strawberry Flavored Candy



COUNT 'EM!

Identify the correct number of seeds on each strawberry.



JOKE OF THE MONTH

Q: Why were the strawberries so upset?

A: Because they were in a jam!

Sources: Texas A&M and Agrilife Extension